

**Angus**

**Voluntary**

**Sector**

**Children's**

**Services**

**Forum**

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I  
R  
E  
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T  
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# **CONTENTS**

**ANGUS CARERS**

**ANGUS SPECIAL PLAYScheme**

**ANGUS WOMEN'S AID**

**BARNARDO'S BRIDGE PROJECT**

**BARNARDO'S HOPSCOTCH PROJECT**

**BARNARDO'S POLEPARK FAMILY SERVICE**

**BARNARDO'S TAYSIDE DOMESTIC ABUSE INITIATIVE - ANGUS**

**FAMILY MEDIATION TAYSIDE**

**HOME-START ANGUS**

**OUTREACH LEARNING PROGRAMME**

**PARENT TO PARENT TAYSIDE**

**TAYSIDE COUNCIL ON ALCOHOL**

**WEB PROJECT ANGUS**

**WEB PROJECT ANGUS SUBSTANCE MISUSE SERVICE**

**USEFUL HELPLINES AND WEBSITES**

## ANGUS CARERS

<b>Address</b>	60 High Street Arbroath	 <p>The Princess Royal Trust for Carers</p>
<b>Post Code</b>	DD11 1AW	
<b>Telephone Number</b>	01241 439157	
<b>Fax Number</b>	01241 876903	
<b>Answering Machine</b>	Yes	
<b>Email Address</b>	enquiries@anguscarers.org.uk	
<b>Web Site</b>	<a href="http://www.carers.org/angus">www.carers.org/angus</a>	
<b>Type of Organisation</b>	Voluntary	
<b>Opening Days &amp; Times</b>	Mon – Thurs 9am – 5pm Fri 9am – 4.30pm	
<b>Contact(s) Name(s) &amp; Designation</b>	Lorna Ross	
<b>Catchment Area</b>	Angus	
<b>Client Group</b>	Young Carers between 8 – 18 years	
<b>Organisation Parent Body Name</b>	Princess Royal Trust for Carers	
<b>Referral Process</b>	Self Referral, GP, Health Professional Social Work, Voluntary Organisations and Support Groups	

### **Description of Services**

We offer information, advice and support for young people who help look after or support a member of a family who has an illness or disability or suffers from substance abuse.

We provide Young Carers group during term time. They meet on a Monday 4.30 pm – 6 pm in Arbroath. We also offer leisure activities during school holidays.

## ANGUS SPECIAL PLAYScheme

<b>Address</b>	82 High Street Arbroath
<b>Post Code</b>	DD11 1HL
<b>Telephone Number</b>	01241 878287
<b>Fax Number</b>	
<b>Answering Machine</b>	Yes
<b>Email Address</b>	angusplayscheme@aol.com
<b>Web Site</b>	N/A
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Office 9am – 3pm Playschemes open during school holidays 10am – 3pm
<b>Contact(s) Name(s) &amp; Designation</b>	Karen Kedward
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Children & Young People with physical and learning disabilities
<b>Organisation Parent Body Name</b>	N/A
<b>Referral Process</b>	Telephone – self referral or through agency



### **Description of Services**

We provide playschemes during school holidays for children and young people at various venues in Angus. During term time a youth club is held on a Tuesday evening at Brechin and Montrose. We also provide a befriending service for youths. There is currently a waiting list.

## ANGUS WOMEN'S AID

<b>Address</b>	15 James Street Arbroath
<b>Post Code</b>	DD11 1JP
<b>Telephone Number</b>	01241 439457
<b>Fax Number</b>	01241 439457
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:Info@anguswomensaid.co.uk">Info@anguswomensaid.co.uk</a>
<b>Web Site</b>	<a href="http://www.womensaidangus.co.uk">www.womensaidangus.co.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Thurs 9am – 4pm Drop in office. Answering machine thereafter
<b>Contact(s) Name(s) &amp; Designation</b>	Any Worker
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Women (and any accompanying children) who have been subjected to domestic abuse
<b>Organisation Parent Body Name</b>	Affiliated to Scottish Women's Aid
<b>Referral Process</b>	Self Referral or by organisation or friend



### **Description of Services**

We provide confidential support and information to any agency regarding domestic abuse. We can also offer refuge accommodation and can take referrals from any geographical area.

## BARNARDO'S BRIDGE PROJECT

<b>Address</b>	Angus Division 22-24 Catherine Street Arbroath
<b>Post Code</b>	DD11 1RL
<b>Telephone Number</b>	01241 873146
<b>Fax Number</b>	
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:Bridge.project@barnardos.org.uk">Bridge.project@barnardos.org.uk</a>
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Office: Mon – Fri 9am – 5pm Project also delivers training over the weekend
<b>Contact(s) Name(s) &amp; Designation</b>	Murdo Mathers Children's Service` Manager
<b>Catchment Area</b>	Angus, Dundee City, Perth & Kinross, but cases can be taken from further afield
<b>Client Group</b>	Children & Young People who show sexually concerning or harmful behaviour. Children 5 – 18 years
<b>Organisation Parent Body Name</b>	Barnardos Scotland
<b>Referral Process</b>	Most referrals come via Social Work. All referrals must be approved by the relevant liaison manager.
<b>Description of Services</b>	12 weeks comprehensive assessments. Programmes of work following assessment. Consultation to Professionals. Foster Carers and others. Training Services.



## BARNARDO'S HOPSCOTCH PROJECT

<b>Address</b>	22-24 Catherine Street Arbroath
<b>Post Code</b>	DD11 1RL
<b>Telephone Number</b>	01241 873146
<b>Fax Number</b>	
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:hopscotch.project@barnardos.org.uk">hopscotch.project@barnardos.org.uk</a>
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri 9am – 5pm
<b>Contact(s) Name(s) &amp; Designation</b>	Murdo Mathers, Children's Service Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Children & Young People up to 16 years of age (at time of referral) and families affected by parent's problems with alcohol and other substances
<b>Referral Process</b>	Young people and anyone else in the family can make a referral. As can anyone who knows of a child, young person or family, personally or professionally who could benefit from the service



### **Description of Services**

Barnardo's Hopscotch is a community based service working in partnership with Angus Council, NHS Tayside, Primary Health Care and local voluntary organisations to provide:

- Assessment of needs
- Support to families on difficulties to do with relationships, parenting and practical matters
- One-to-one work with children, young people and other family members
- Focussed and activity groups for children and young persons
- A befriending service

## BARNARDO'S POLEPARK FAMILY SERVICE

<b>Address</b>	Angus Division 22-24 Catherine Street Arbroath
<b>Post Code</b>	DD11 1RL
<b>Telephone Number</b>	01241 873146
<b>Fax Number</b>	
<b>Answering Machine</b>	Yes
<b>Email Address</b>	murdo.mathers@barnardos.org.uk
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Office: Mon – Fri 9am – 5pm
<b>Contact(s) Name(s) &amp; Designation</b>	Murdo Mathers Children's Service Manager
<b>Catchment Area</b>	Angus & Dundee
<b>Client Group</b>	Children affected by abuse
<b>Organisation Parent Body Name</b>	Barnardos Scotland
<b>Referral Process</b>	Referrals come via Social Work.

### **Description of Services**

Child Protection Project offering post investigative support to children and families. Also provide comprehensive assessments of need.



## BARNARDO'S TAYSIDE DOMESTIC ABUSE INITIATIVE - ANGUS

<b>Address</b>	c/o Bellevue House Springfield Terrace Arbroath
<b>Post Code</b>	DD11 1EL
<b>Telephone Number</b>	01241 435747
<b>Fax Number</b>	01307 435750
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:dawn.wilson@barnardos.org.uk">dawn.wilson@barnardos.org.uk</a>
<b>Web Site</b>	<a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Office: Mon – Fri 9am – 5pm.
<b>Contact(s) Name(s) &amp; Designation</b>	Dawn Wilson, Team Leader
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Individuals/children affected by domestic abuse
<b>Organisation Parent Body Name</b>	Barnardos – Polepark Family Service
<b>Referral Process</b>	Self or through other agency
<b>Description of Services</b>	<ul style="list-style-type: none"><li>• Individual counselling, safety planning.</li><li>• Work with children re their feeling, worries, esteem building, bullying issues</li><li>• Parenting Skills.</li><li>• Advice, guidance with Housing, Benefits and legal issues</li><li>• Support through Court process</li></ul>



GIVING CHILDREN BACK THEIR FUTURE

## CHILDCARE@HOME ANGUS

<b>Address</b>	101 Whitfield Drive Dundee
<b>Post Code</b>	DD4 0DX
<b>Telephone Number</b>	01382 502504
<b>Fax Number</b>	01382 507755
<b>Email Address</b>	Dundee@childcareathome.org.uk
<b>Web site</b>	www.childcareathome.org.uk
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon-Fri - 9.00 a.m.–4.00 p.m.
<b>Contact(s) Names(s) &amp; Designation</b>	Teresa Donaldson, Manager Frances Durward, Assistant Manager
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Parents in Work or Education
<b>Organisation Parent Body Name</b>	One Parent Families Scotland
<b>Referral Process</b>	Self-referral

### **Description of Services**

We are a flexible home-based childcare service who look after children of parents who are in work or education. We are a registered service and look after children aged 0-16 years in their own homes. The service caters for a variety of parents including those working unsocial hours, students, families with children of different ages, seasonal shift workers and those on a relatively low income. Duties can include taking them to and from school or nursery, providing play activities, taking them for walks, feeding, changing etc. We operate from 7.00am – 10.30pm, 7 days a week and our charges are based on a sliding scale based on the family's net income with one cost per family, per hour, not per child.

# CHILDREN 1<sup>ST</sup>

<b>Address</b>	Laurelbank Family Resource Centre 2 Dudhope Street Dundee
<b>Post Code</b>	DD1 1JU
<b>Telephone Number</b>	01382 322436
<b>Fax Number</b>	01382 221465
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:laurelbank@children1st.org.uk">laurelbank@children1st.org.uk</a>
<b>Web Site</b>	<a href="http://www.children1st.org.uk">www.children1st.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Thurs 9am – 4.45pm Fri 9am – 4pm
<b>Contact(s) Name(s) &amp; Designation</b>	Yvonne Jamieson Senior Project Worker
<b>Catchment Area</b>	Dundee, Angus, Perth & Kinross
<b>Client Group</b>	Children and Families
<b>Organisation Parent Body Name</b>	Children 1 <sup>ST</sup>
<b>Referral Process</b>	Self referral/Other agencies



## **Description of Services**

- Enhance the parenting skills of parents and carers and help them meet the needs of children.
- Provide individual and groupwork programmes for children and young people to promote the development of social skills and increase their confidence and self-esteem.
- Provide counselling for children and parents to help them recover from the impact of abuse and neglect.
- Work in partnership with both statutory and voluntary organisations maintaining a child centred approach.
- Link service users into appropriated community based resources.

## FAMILY MEDIATION TAYSIDE



<b>Address</b>	21 Dock Street Dundee
<b>Post Code</b>	DD1 3DP
<b>Telephone Number</b>	01382 201343
<b>Fax Number</b>	01382 201865
<b>Answering Machine</b>	Yes
<b>Email Address</b>	<a href="mailto:info@familymediationonline.co.uk">info@familymediationonline.co.uk</a>
<b>Web Site</b>	<a href="http://www.familymediationtayside.org.uk">www.familymediationtayside.org.uk</a>
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Office: Mon – Thurs 9am – 5pm Friday 9am – 12.45pm
<b>Contact(s) Name(s) &amp; Designation</b>	Bill Muir, Manager Judy Caskey, Administration Manager
<b>Catchment Area</b>	Angus, Dundee, Fife and Perth & Kinross
<b>Client Group</b>	Separated parents and their children, any-one involved in matrimonial and family disputes of any kind whatsoever.
<b>Organisation Parent Body Name</b>	Family Mediation Scotland
<b>Referral Process</b>	Self referral, telephone or drop in. Other professional bodies by telephone or letter.
<b>Description of Services</b>	
<b>Aims and Objectives</b>	To assist separating and separated parents to reach agreement about future arrangements, especially for their children.
<b>Services provided:</b>	Child focused Mediation All issues Mediation – relating to divorce or separation Family Group Mediation Stepfamily Mediation Inter-generational Mediation Grandparent/Parent Mediation Children and Young Person's Counselling Supported and Supervised Contact Facilities

## HOME-START ANGUS

<b>Address</b>	10A Millgate Loan Arbroath	
<b>Post Code</b>	DD11 1PQ	
<b>Telephone Number</b>	01241 431131	
<b>Fax Number</b>	01241 431131	
<b>Answering Machine</b>	Yes	
<b>Email Address</b>	<a href="mailto:homestartangus@btconnect.com">homestartangus@btconnect.com</a>	
<b>Web Site</b>	<a href="http://www.homestartangus.org.uk">www.homestartangus.org.uk</a>	
<b>Type of Organisation</b>	Voluntary	
<b>Opening Days &amp; Times</b>	Office 9am – 5pm Home visiting service available outwith office hours	
<b>Contact(s) Name(s) &amp; Designation</b>	Julie Thomson Senior Co-ordinator	
<b>Catchment Area</b>	Angus	
<b>Client Group</b>	Families under stress	
<b>Organisation Parent Body Name</b>	Home-Start	
<b>Referral Process</b>	Through professional service e.g. health visitor or by self referral	

### **Description of Services**

Home-Start Angus is a voluntary organisation committed to promoting the welfare of families with at least one child under five years of age. Volunteers offer support, friendship and practical help to families under stress in their own homes helping to prevent family crisis and breakdown.

## OUTREACH LEARNING PROGRAMME


<b>Address</b>	Lindsay Street Arbroath
<b>Post Code</b>	DD11 1RP
<b>Telephone Number</b>	01241 873311
<b>Fax Number</b>	01241 874222
<b>Answering Machine</b>	Yes
<b>Email Address</b>	admin@amha.org.uk
<b>Web Site</b>	www.amha.org.uk
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri 9am – 5pm
<b>Contact(s) Name(s) &amp; Designation</b>	Outreach Project Co-ordinator
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Whole Community
<b>Organisation Parent Body Name</b>	Angus Mental Health Association
<b>Referral Process</b>	Contact Niona Soutar



### **Description of Services**

Educational-based workshops promoting positive mental health and well-being. Allows individuals to consider own thoughts and feelings on a variety of topics whilst offering ideas and tools to maintain positive mental health.

## PARENT TO PARENT TAYSIDE

<b>Address</b>	Wallacetown Health Centre Lyon Street, Dundee	
<b>Post Code</b>	DD4 6RB	
<b>Telephone Number</b>	01382 455200	
<b>Fax Number</b>	01382 455200	
<b>Answering Machine</b>	Yes	
<b>Email Address</b>	moira.bissett@parent-to-parent.org	
<b>Web Site</b>	<a href="http://www.parent-to-parent.org">www.parent-to-parent.org</a>	
<b>Type of Organisation</b>	Voluntary	
<b>Opening Days &amp; Times</b>	Office: Mon – Fri 9am – 2.30pm	
<b>Contact(s) Name(s) &amp; Designation</b>	Moira Bissett, Director Debra Ritchie, Project Manager	
<b>Catchment Area</b>	Angus, Dundee, Perth & Kinross	
<b>Client Group</b>	Parents of children with special needs including learning, physical, sensory, emotional or terminal illness	
<b>Organisation Parent Body Name</b>	Parent to Parent Tayside	
<b>Referral Process</b>	Open Referral	

### **Description of Services**

Support to parents caring for a child with a special need including emotional and behavioural. We also support parents of babies in the Neonatal ward and children with special needs in the Paediatric wards in Ninewells Hospital. Support includes advocacy, help with benefits, emotional support and some practical help such as caring for siblings at clinics to allow the parents to talk to the Doctor. We can also help with parenting skills, both in groups and on a one to one basis.

## TAYSIDE COUNCIL ON ALCOHOL

<b>Address</b>	13 King Street Dundee
<b>Post Code</b>	DD1 2JD
<b>Telephone Number</b>	01382 223965/227400
<b>Fax Number</b>	01382 227142
<b>Answering Machine</b>	Yes
<b>Email Address</b> <small>Service</small>	enquiries@alcoholtayside.com
<b>Web Site</b>	N/A
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Mon – Fri 9am – 9pm
<b>Contact(s) Name(s) &amp; Designation</b>	Kathryn Baker - Co-ordinator Elizabeth D'Arcy- Senior Practitioner
<b>Catchment Area</b>	Angus
<b>Client Group</b>	Young people under 25 years who have problems relating to their use of alcohol and other substances
<b>Organisation Parent Body Name</b>	Tayside Council on Alcohol
<b>Referral Process</b>	Referrals can be made by filling out a referral form or over telephone by contacting the agency

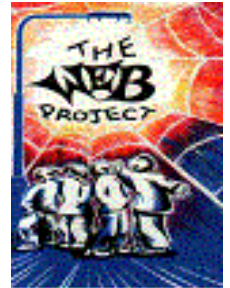


Angus Young Persons'

**Description of Services** The service provides primarily a one to one therapeutic service for young people involved in problematic substance misuse. Service users can expect a client led, needs focussed service aimed at facilitating and supporting change in substance misuse behaviour. Service users are encouraged to work with project staff to undertake a full and holistic assessment of need, which then forms the basis of a comprehensive care plan. The service provides group work programmes as required and is happy to offer an input in terms of alcohol and drug work to other agencies and groups. Counselling venues are throughout Angus and one-to-one and group sessions are arranged by appointment to suit needs of clients.

## WEB PROJECT ANGUS


<b>Address</b>	29B Canmore Street Forfar
<b>Post Code</b>	DD8 3HT
<b>Telephone Number</b>	01307 460101
<b>Fax Number</b>	01307 460120
<b>Answering Machine</b>	Yes
<b>Email Address</b>	webangus@btconnect.org
<b>Web Site</b>	
<b>Type of Organisation</b>	Voluntary
<b>Opening Days &amp; Times</b>	Open Mon – Fri 9am – 5pm, Drop-in – Mon, Tues, Thur, Fri 1-2 pm Wed 5-7pm Street Work – Wed, Fri 1-2pm, Wed, Thur 7-9 pm
<b>Contact(s) Name(s) &amp; Designation</b>	Susan Reid – Senior Project Worker Greg Logan – Drug Support Worker
<b>Catchment Area</b>	Angus
<b>Client Group</b>	10 - 24 years
<b>Organisation Parent Body Name</b>	Dundee Drugs & Aids Project
<b>Referral Process</b>	N/A



### **Description of Services**

- Uses detached work to meet young people on the street to build relationships and give information and support on a range of young people's issues including substance misuse, sexual health and offending.
- Works with young people involved in risk behaviours.
- Young people can access the drop-in for information and support about drug use.
- Offers 1:1 counselling and support with trained members of staff (COSLA accredited).
- Designs, delivers and evaluates issue based education sessions for schools, and community groups in Angus.
- Trains and supports other professionals on drug use and sexual health.
- Provides information and support to parents.
- Supports young people to volunteer in their own community.


## WEB PROJECT ANGUS STREETS AHEAD SERVICES

<b>Address</b>	29B Canmore Street Forfar	
<b>Post Code</b>	DD8 3HT	
<b>Telephone Number</b>	01307 460101	
<b>Fax Number</b>	01307 460120	
<b>Answering Machine</b>	Yes	
<b>Email Address</b>	webangus@btconnect.com	
<b>Web Site</b>		
<b>Type of Organisation</b>	Voluntary	
<b>Opening Days &amp; Times</b>	Monday-Friday	
<b>Contact(s) Name(s) &amp; Designation</b>	Susan Reid – Senior Project Worker Angela Godzman, Greg Logan – Drug Support Worker	
<b>Catchment Area</b>	Angus	
<b>Client Group</b>	14 - 18 years	
<b>Organisation Parent Body Name</b>	Dundee Drugs & Aids Project	
<b>Referral Process</b>	Referrals can be made direct to the service by self, family/concerned others or statutory services.	

### **Description of services**

- A confidential service to young people in Angus, 14-18 years who are/or are at risk of becoming looked after and accommodated.
- One to one support for young people who are experiencing difficulties as a result of their substance misuse.

## WEB PROJECT ANGUS SUBSTANCE MISUSE SERVICE

<b>Address</b>	29B Canmore Street Forfar	
<b>Post Code</b>	DD8 3HT	
<b>Telephone Number</b>	01307 460101	
<b>Fax Number</b>	01307 460120	
<b>Answering Machine</b>	Yes	
<b>Email Address</b>	<a href="mailto:webangus@btconnect.com">webangus@btconnect.com</a>	
<b>Web Site</b>		
<b>Type of Organisation</b>	Voluntary	
<b>Opening Days &amp; Times</b>	Flexible to meet needs of young people	
<b>Contact(s) Name(s) &amp; Designation</b>	Laura Sharp, Jamie Aitken Drug Support Workers Susan Reid – Senior Project Worker	
<b>Catchment Area</b>	Angus	
<b>Client Group</b>	12 – 17 years	
<b>Organisation Parent Body Name</b>	Dundee Drugs & Aids Project	
<b>Referral Process</b>	Referrals can be made direct to the service by self, family/concerned others or statutory services	

### **Description of Services**

- A confidential service to young people in Angus 12 -17 years
- One to One counselling and support for young people who may be experiencing difficulties as a result of their substance misuse. (Young People live alone or within the parental home)
- Harm reduction information and support, aimed at reducing the harm their substance misuse does to themselves, their families and communities

## USEFUL HELPLINES AND WEBSITES

Anti-Bullying Campaign	020 7378 1446
Association of Young People with ME	08451 232389
Caledonia Youth	0131 229 3596 01382 229613
Childline	0800 1111 Freephone
Children in Scotland – Enquire	0845 123 2303 Local Rate
Contact a Family	0808 808 3555 Freephone
CRUSE Bereavement Care – Youth Involvement Project	0808 808 1677 Freephone
EACH - Education Challenging Homophobia	0808 1000 143
Eating Disorders Association	0845 634 1414 Local Rate 0845 634 7650 “ “
Eighteen and Under	0800 731 4080
Get Connected	0808 808 4994 Freephone
LGBT Youth Scotland	0845 113 0005 Local Rate
NSPCC Child Protection Line	0808 800 5000
One Parent Families	0800 018 5026 Freephone
Parentline Scotland	0808 800 2222 Freephone
Reunite – International Child Abduction Centre	0116 255 6234
Sexwise	0800 28 29 30 Freephone
Scottish Child-Minding Association	01786 449063
Scottish Pre-School Pay Association Information Line	0141 221 4148
Stepfamily Scotland	0845 122 8655
TALKadoption	0808 808 1234 Freephone
Who Cares? Linkline	0500 564 570 Freephone

### WEBSITES

[www.cool2talk.org](http://www.cool2talk.org)

# Angus Voluntary Sector Children's Services Forum

c/o AAVO

61 High Street

Arbroath

DD11 1AN

Tel: 01241 430349

E-mail: [aavo.angus@virgin.net](mailto:aavo.angus@virgin.net)



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