



Care homes for older people

This booklet is a guide to residential care services provided by Angus Council Social Work.

SOCIAL WORK

Introduction

We have a continuing commitment to meet the needs of older people in the community. We give them every possible choice to decide how they will lead their lives.

Sometimes the best way to meet these needs is through residential care. This booklet outlines the services and facilities provided within our care homes in Angus, and gives details of our aims, and sets out the. It also gives a brief description of each of our residential homes.

Residential care

Our homes have single rooms which are comfortable and attractively furnished. All rooms have call points to get help and have washing facilities. Some of our homes also have en-suite bathrooms.

We encourage residents to personalise their room by bringing in some small items of furniture, pictures or ornaments. Communal areas include sitting areas and dining rooms. There are also toilets, bathrooms and garden areas.

A private phone is available or residents can pay to have a phone installed in their own room.

Services and facilities

Social activities have a high priority in each of our residential homes, and a programme is organised to meet individual choices, needs and interests.

For people who prefer quieter activities, there are smaller sitting areas and a library area with a large selection of books. The local library service regularly delivers a selection of large-print books. Residents can also use a choice of garden areas with benches and tables.

We encourage residents to maintain links with their friends and family, and with the local community. Where possible we encourage people to continue to go to hairdressers, to church, and to social activities outside our homes. If this is not possible, we can arrange for your

dentist, chiropodist, optician and GP to visit. We can also arrange for a hairdresser to visit and there is a hairdresser's room in all our homes.

Health and care

All of our staff are trained and experienced in caring for older people and are able to offer a wide range of practical help.

There is a Senior Social Care Officer on the premises at all times.

If necessary, staff can manage any medication you may be prescribed or may help you manage this for yourself.

If you move into one of our homes, you will have your own member of the care team (called a keyworker), who will pay particular attention to your needs. They will speak to you, to prepare a care plan on how best to meet your needs. They will review this care plan regularly.

Philosophy of care

Our philosophy is that all people have the right to live an independent, full and active life. Everybody has the right to privacy, dignity, independence, choice and self-expression. We believe that all people have the right to live where and how they wish for as long as they can be supported to do so.

We will provide a homely atmosphere in which older people can feel secure to lead as full a life as possible. Our main aim is to care for the resident and encourage them to make their own choices, even when there might be risks involved.

Aims

We aim to provide a friendly, caring environment where people are accepted as individuals with their own personalities, strengths, ambitions and needs. We try to provide skilful, sensitive care for each person. Our aim is to help people make the most of their lives by tailoring care to individual needs, closely monitoring development and providing opportunities for them to take part in and enjoy activities.

Our main aim is to provide very high standards of care. Staff training and supervision is also a high priority.

Each home is inspected regularly and we make every effort to meet the most up-to-date standards of service.

Seaton Grove



Seaton Grove was opened in December 1989. It is a local authority residential care home with daycare facilities for older people.

The name 'Seaton' comes from the words 'sea town' and the Seaton area of

Arbroath is well known to local people. The ground on which the home is built is part of what was the Seaton estate. The accommodation is purpose-built.

All accommodation is on ground level and accessible to people who use wheelchairs. Residents can use sheltered, private gardens with raised flowerbeds, benches and a putting green. They can also help to grow flowers if they are interested.

Beech Hill House

Beech Hill House is a local authority residential care home for older people, in the popular county town of Forfar.

The home was once a mansion house and



has extensive mature gardens. It has wheelchair access and a lift to the first floor.

St Drostan's House



St Drostan's House is a local authority care home for older people in the city of Brechin. The building is over 100 years old, and has been constantly upgraded over the years to meet changing needs.

The accommodation is on two floors. The first floor is accessible either by a lift or a stairway and the lift is big enough for wheelchairs if necessary.

There are well laid-out gardens around the house that residents can use.

Camus House

Camus House is a local authority residential home for older people, in the popular golf and holiday town of Carnoustie. It is close to the town centre and there are good general transport links with regular train and bus services.



The building is purpose-built and all the accommodation is on ground level and accessible to people who use wheelchairs. Residents can

use sheltered, private gardens, and there is a choice of five sitting rooms and public areas.

For more information, please contact any of the offices below.

Academy Lane
Arbroath DD11 1EJ
Phone: 01241 878585

2 Strang Street
Forfar DD8 2HR
Phone: 01307 465143

42 Dundee Street
Carnoustie DD7 7PG
Phone: 01241 859884

The Library
High Street
Monifieth DD5 4AE
Phone: 01382 534244

Kirkton Hill
Kirriemuir DD8 4JT
Phone: 01575 572958

28 Panmure Street
Brechtin DD9 6AP
Phone: 01356 624771

51 John Street
Montrose DD10 8LZ
Phone: 01674 672702



You can get this leaflet in large print, in Braille or on cassette by contacting us on 01307 473194. We can provide this information in other languages if you need it.

ACCESS Angus 08452 777 778
your direct line for council services