

## Contact numbers

For more information about a place on the Independent Intermediate Care Scheme from home, please contact our **Community Co-ordinators**.

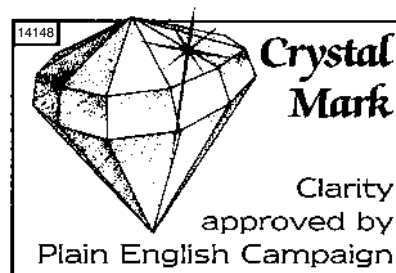
Phone: 01575 576962

Mobile: 07960825124

For more information about a place on the Independent Intermediate Care Scheme from hospital, please contact:

## ESDS/IICS Hospital Discharge Co-ordinator

Phone: 01382 496521



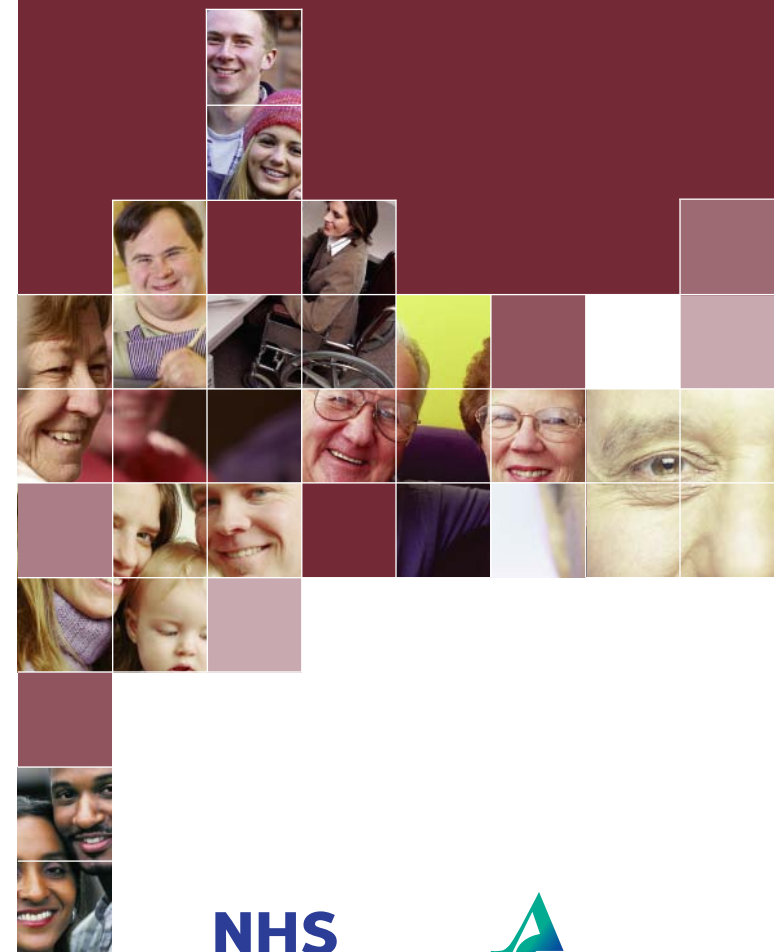
You can get this leaflet in large print, in Braille or on audio tape by phoning us on 01307 474151. We can provide this information in other languages if you need it.

Call ACCESS Angus 08452 777 778 – your direct line for council services.

R Peat  
Director of Social Work and Health  
S Wilson  
General Manager CHP

January 2007

# Independent Intermediate Care Scheme (IICS)



**NHS**  
Tayside

**Angus**  
Council

SOCIAL WORK and HEALTH

The Independent Intermediate Care Scheme (IICS) is designed to be a stepping stone between hospital and home. It is there to help you to move out of hospital quicker or to prevent you from having to go into hospital. The scheme provides appropriate rehabilitation and support, in an independent care home, to help you return to your own home.

Following an assessment, either at home or in hospital, you may be offered a place on the scheme. The length of your stay in the care home can vary from two to three days to several weeks, depending on your needs and your progress towards your rehabilitation goals.

### **What facilities are there?**

You will stay in a single room with an en suite (attached) bathroom. The bedrooms have a call system and space for a portable television, radio and a few personal belongings.

Meals are served in the dining room or in your bedroom if you would prefer. The care homes can meet any special dietary needs you may have.

To promote independent living skills, there is an area where you can use a kettle and toaster to prepare snacks (you will have to have been assessed as safe to do this).

You and your family will be responsible for washing your clothes. If you have any difficulties with this, you can discuss it with the member of staff in charge of the care home.

You should take any medication you need to take, your clothes, shoes, toiletries and walking aids with you.

### **Visiting**

Your family and friends can visit at any time but should try and avoid rehabilitation times where possible.

### **Paying for the scheme**

Angus Council does not charge for this scheme.

### **Transport**

You or your family will need to arrange for transport to and from the IICS care home. If you are admitted from hospital, an ambulance may take you to the care home if appropriate. If you have any difficulties with arranging transport, please talk to the person who referred you to the scheme.

### **Support available**

A range of support and rehabilitation services are available, depending on your needs. This includes:

- physiotherapists;
- occupational therapists;
- social work staff;
- 24-hour nursing care;
- medical support from a local GP; and
- support from other agencies as appropriate, for example, a podiatrist (care of the feet), an optician and so on.

### **Review**

We will hold weekly review meetings that include all staff involved in your progress. The meeting will identify your ongoing progress, any other needs and make plans for your return home. These plans will involve you and your family and carers, as well as appropriate members of staff.

To help us review and improve the scheme, we may ask you to fill in a satisfaction survey.