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Please return this form to:
Angus Council Social Work
Freepost SCO7045
Forfar
DD8 3ZR.

You can get this leaflet in large print, in Braille or on cassette by contacting us on 01307 473194.

We can provide this information in other languages if you need it.

ACCESS Angus 08452 777 778
your direct line for council services

W B Robertson
Director of Social Work

December 2001

Angus Council

Occupational therapy services for people with disabilities

SOCIAL WORK

Occupational therapy helps children, adults and older people with disabilities to live in their own homes as independently as possible. This is achieved by providing specialist equipment, recommending adaptations or alterations to the house, teaching alternative techniques to overcome difficulties with daily activities, and continuing rehabilitation in hospital or at home.

Occupational therapy staff will offer an assessment of need to you and your carers. They will observe and discuss any difficulties that you may have in carrying out your daily tasks. After that they will offer suggestions and practical help on how you can overcome particular problems. This could be in relation to dressing, washing, bathing, getting around, feeding, getting from a wheelchair to the bed or toilet, or any situation where your disability affects your independence.

How can occupational therapy help you?

- By advising you or providing, where necessary, specialist equipment for your bathroom, toilet, kitchen and bedroom. This could range from small kitchen utensils to bathing equipment.
- By advising you and helping to arrange alterations and adaptations to your home, where necessary, for example, extra banisters for stairs, a rail on the bathroom wall, a ramp for steps and full adaptations to the bathroom.
- By advising you on different techniques to overcome practical problems, for example, with dressing, bathing or getting from a wheelchair to the bed or toilet.
- By helping you with rehabilitation following your stay in hospital.
- By providing support to your carer to help you in daily living.

Occupational therapy staff work closely with Angus Council Housing, housing associations, Angus Care and Repair and architects, especially when your house needs to be altered to meet your disability. The occupational therapy staff will be able to advise you on who will meet the costs of alteration.

Who can make a referral?

Anyone may contact the Occupational Therapy Service for advice and an assessment. To make sure that you receive the appropriate help, you will need to give as much information as possible. How severe your disability is and how urgent your need is will decide what priority your referral will receive.

If you want to speak to the Occupational Therapy Team Leader, please contact:

Lunan Park Resource Centre
Guthrie Street
Friockheim
By Arbroath
DD11 4SZ.
Phone: 01241 826900

You can get factsheets on the following.

- The referral and assessment process.
- Specialist equipment.
- Adaptations to your house.
- Occupational therapy services for children with disabilities.
- Rehousing.
- Grants for owner-occupier houses.
- Continuing rehabilitation services.

If you need more information, please contact any of the Social Work offices below.

Academy Lane
Arbroath
DD11 1EJ
Phone: 01241 878585

2 Strang Street
Forfar
DD8 2HR
Phone: 01307 465143

42 Dundee Street
Carnoustie
DD7 7PG
Phone: 01241 859884

The Library
High Street
Monifieth
DD5 4AE
Phone: 01382 534244

Kirkton Hill
Kirriemuir
Phone: 01575 572958

28 Panmure Street
Brechin
DD9 6AP
Phone: 01356 624771

51 John Street
Montrose
DD10 8LZ
Phone: 01674 672702

Our aim is not only to meet our current standards but also to consider how we can improve them.

If you have any comments on the service you have received, or suggestions on how we can improve our standards, we would like to hear from you.

If you have a complaint about Social Work services, you can get a leaflet **What to do if you are not happy with services provided by Social Work** from any Social Work office.

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