

Study Skills and Strategies

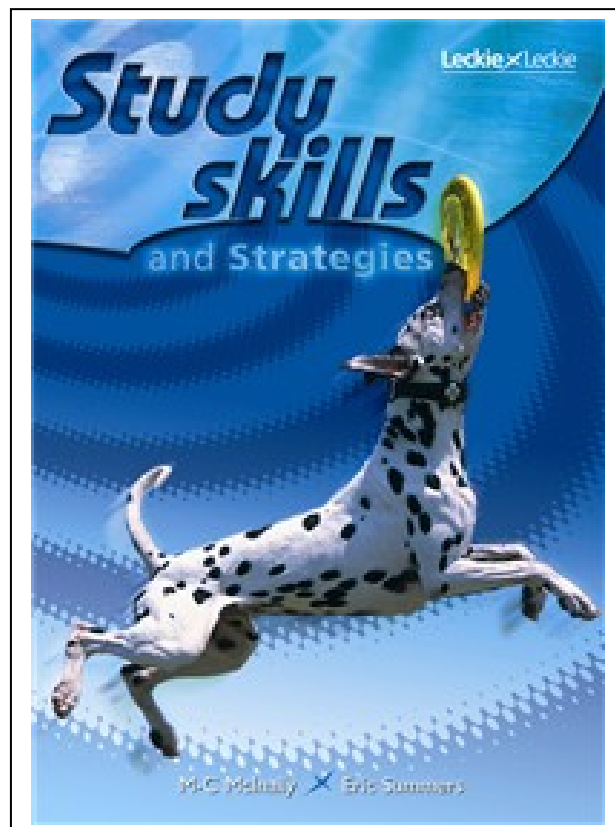
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Grade(s): Advanced Higher, Higher, Intermediate 1, Intermediate 2, Other Resources, Standard Grade

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Ideal for any subject being studied - from Standard Grade to Advanced Higher. This practical A5 handbook is filled with key study and life skill strategies to help students establish a personal study approach that really works. Profiling exercises help to find out how our brain works best. There are top strategies for time management to help make revision really count as well as study techniques for reading and note taking which will help students process what they need to know. This book also shows students how to use past paper practice effectively for a better grade in the final exam whatever subject they're studying whilst "What's in it for me?" boxes keep content relevant. There's even health and environment advice to help keep the brain and body in the best condition to study.



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