

ANGUS COUNCIL – EDUCATION DEPARTMENT
IMPORTANT INFORMATION – PLEASE KEEP SAFE



To All Parents

Keeping You Informed
Influenza A (H1N1) (Swine Flu)

You will be aware that the number of confirmed cases of H1N1 continue to rise across Scotland.

Angus Council Education Department and NHS Tayside Health Protection Team are working in partnership to promote good hygiene in our schools and consider our plans should cases of H1N1 arise in our area.

- if your child displays flu-like symptoms keep him/her at home and contact your GP or NHS24 for advice

Symptoms include: fever, cough, sore throat, headache, limb/joint pain, shortness of breath

- if your child becomes unwell at school and displays flu-like symptoms, the school will ensure your child is cared for, and will ask you to collect them from school. The school will also contact NHS Tayside Health Protection Team for advice
- if a child attending your child's school is identified as a possible or confirmed case of H1N1 your child will bring a letter home explaining what happens next
- if the school is to be closed, this will be clearly outlined in the letter. The proposed number of days of closure will also be intimated in the letter. We will also make use of the Angus Council website www.angus.gov.uk and the **Council's Accessline 08452 777 778 (Mon-Fri 8am-6pm), Tay Connect 0870 500 232 (Selection 1 – Schools Info Line) (24 hr)**
- if your child is diagnosed with H1N1 during the first week/ten days of the school holidays, please inform the **Education Department on 01307 476340, 476341 or 476343.**

What Can I Do To Protect Myself and Others Against Flu?

The best thing you can do to protect yourself is to follow good hygiene practices. These will help to slow the spread of the virus and will be the single most effective thing you can do to protect yourself and others from infection.

When you cough or sneeze it is especially important to follow the rules of good hygiene to prevent the spread of germs:

- **always carry tissues**
- **use clean tissues to cover your mouth and nose when you cough and sneeze**
- **bin the tissues after one use**
- **wash your hands with soap and hot water or a sanitiser gel often.**

Further information about Influenza A (H1N1) can be found at www.NHS24.com

This leaflet is also posted on the Angus Council website www.angus.gov.uk