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# 1. Introduction

The Angus Carers Strategy 2009-2012 provided a framework for the planning and development of services for carers of all ages in Angus. Through discussions with partners, including carers, there is no doubt that significant progress was made against the aims and priorities that were set for the period 2009-2012. A selection of the key achievements are outlined below. More detail is provided in Section 4.

## **Key achievement highlights during the period 2009-2012:**

- The Single Outcome Agreement (SOA) to increase the number of respite weeks was achieved and surpassed. In 2010/11 there were an additional 635 weeks and in 2011/12 there were an additional 448 weeks.
- The Carefree Project which provides short breaks service has been further developed by recruiting, training and supporting additional volunteers. The volunteers are then matched with the carer and cared-for. This has enabled us to increase the number of hours offered and develop a more flexible service.
- A training needs assessment was undertaken in 2009/10 to develop a suite of training courses for carers. Training is now offered across the voluntary sector and can help to enable carers to become part of the care team if they choose to do so. Learning opportunities for carers include Stress Management, Family Relationships, Understanding Guilt, Dementia Awareness, Manual Handling, First Aid and Wellness Recovery Action Planning (WRAP).
- Social activities and peer support continue to be offered by all partners including days out, theatre trips and lunches. Monthly peer support groups are also offered by voluntary organisations including the Angus Carers Centre, Alzheimer Scotland, Tayside Carers Support Group - Support in Mind and Parent to Parent.
- Individuals and groups have had support offered by voluntary organisations including 195 hours of counselling and 250 relaxation therapy sessions in 2011/12 through the Angus Carers Centre. Individual and group support sessions are offered to young carers through the Angus Carers Centre.
- The Angus Alcohol and Drugs Partnership provide funding for a dedicated substance misuse carers support worker based at the Angus Carers Centre.
- Organisations work closely with Welfare Rights to support carers with their financial needs. This includes workshops organised by the Angus Carers Centre which provide up-to-date information and advice.
- The statutory carers' assessment is now a mandatory field in the Social Work electronic reporting system which prompts all Care Managers to discuss the assessment with the carers they are working with.
- New carers' websites have been developed for adult and young carers and a Facebook page has been developed for young carers.
- There has been ongoing work in schools to raise awareness of young carers and drop-ins were piloted in Arbroath and Forfar Academies to help support young carers.

Despite this progress, we recognise that more needs to be done to support carers in Angus. Through listening to the voice of carers, the strategy for 2013-2016 will build on the work carried out over the last three years.

Carers provide unpaid care by looking after an ill, frail or disabled family member, friend or partner. They have a significant role as key partners in the delivery of care – without carers the Health and Social Care system in Scotland would be unsustainable. Carers save the UK economy £119 billion every year – that's equivalent to £18,473 per carer per year.

Carers give a huge amount to society but because of their caring role they often experience ill health, poverty, isolation and discrimination. That is why the Angus Carers Strategy 2013-2016 aims to ensure that we get it right for carers in Angus by ensuring that they receive the right support at the right time.



The strategy is underpinned by six priorities which will provide the strategic planning framework for period 2013–2016:

- 1 Carers are recognised and supported as key partners in the planning and delivery of care
- 2 Carers are supported to have a life outside of caring
- 3 Carers' health and mental well-being is improved
- 4 Carers' financial needs are addressed
- 5 Carers' needs are fully assessed and appropriate ongoing support is offered
- 6 Young carers are safe, healthy, achieving, nurtured, active, respected, responsible and included.

This strategy works in partnership with carers, ensuring that their needs are central to the planning process, informing how our statutory and voluntary services shape and implement national and local policy.

## 2. Carers in Angus

The 2001 Census revealed 9,492 carers in Angus – approximately 9% of the population. Unfortunately at the time of writing the 2011 census figures were not available and it is therefore difficult to carry out a direct comparison.

The Scottish Household Survey 2007/08 recorded 12,133 carers in Angus. The rise in figures is not surprising - we live in an ageing society that sees more people taking on caring roles and we are also getting better at identifying carers.

National data confirms that the majority of carers are aged between 16 and 64 and that there are more female than male carers across all age groups. These statistics are reflected in Angus and we know from this information that we have more carers in the Arbroath area across all age groups than in any other area of Angus.

Despite the information we have available we are fully aware that there remains a population of 'hidden carers' in Angus – people who are providing care and support who do not recognise themselves as a carer or who do not wish to be identified as a carer. Hidden carers may be unaware of the range of resources available to support them. Through this strategy we hope to improve identification in this group of carers to enable us to offer the right advice and assistance to them.





## 3. National and Local Policy Context

### 3.1 Caring Together: The Carers Strategy for Scotland 2010–2015

The Scottish Government produced a national strategy in 2010 outlining the work to be progressed at a national level by the Scottish Government and at a local level by statutory and voluntary organisations. This is to ensure that carers receive the support that they need when they need it.

The strategy's headline message is that carers are equal partners in the planning and delivery of care and support. It outlines that there is a strong case based on the grounds of human rights, economics, efficiency and quality of care to ensure that carers are adequately supported.

The Scottish Government stress that national and local activity should focus on identifying, assessing and supporting carers in a personalised and outcome-focused way and on a consistent and uniform basis. The Angus strategy priorities therefore sit well in the context of the aims and priorities of the national strategy.

### 3.2 The Single Outcome Agreement

The Angus Community Plan and Single Outcome Agreement 2011–2014 underpins the Angus Community Planning Partnership vision that 'Angus is a place where a first class quality of life can be enjoyed by all'. The document outlines the outcomes, or results, that the partnership wishes to achieve to improve the quality of life and life opportunities for individuals, families and communities within Angus.



The outcomes reflect our local priorities but support and contribute towards the Scottish Government's national outcomes. The work set out within the Angus Carers Strategy 2013-2016 contributes in the main to the outcomes set by the Community Care and Health Partnership – creating communities that are caring and healthy – and the Children and Learning Partnership – creating communities that are learning and supportive. The local and national outcomes that the strategy contributes to are listed in the table below.

Local Outcomes	National Outcomes
3 Our children and young people are confident individuals, effective contributors, successful learners and responsible citizens	5 Our children have the best start in life and are ready to succeed
5 Individuals and families are involved in decisions which affect them	6 We live longer, healthier lives
6 Individuals are involved in their communities	8 We have improved the life chances for children, young people and families at risk
8 We have improved the lives of our people and inequalities are reduced	11 We have strong, resilient and supportive communities where people take responsibility for their own actions and how they affect others
9 Individuals are supported in their own communities with good quality services	15 Our public services are high quality, continually improving, efficient and responsive to local people's needs

### 3.3 Change Fund

The Change Fund is part of the Reshaping Care for Older People agenda. The funding is used locally to rebalance care, and support service provision towards anticipatory care and preventative services that will enable older people to remain in their own homes.

Within Angus, we have made a commitment to dedicate approximately 20% of the overall Change Fund resources to projects relating to carers. This equates to approximately £397,000 for 2012/13. The plans for this investment are detailed below.

Co-location of Carer Development Workers within localities	This project will target carers and cared for people over the age of 60 years by taking a preventative approach. It aims to enable carers to undertake their caring role by identifying them at an early stage, recognising them as key partners in the delivery of care, assessing their needs and providing a range of appropriate supports.
Short breaks voucher scheme for carers	This project supports carers by providing a Short Break Voucher Scheme which will give carers greater control and flexibility in the planning of short breaks. The proposal is to facilitate early intervention and a preventative approach and will be targeted at carers who do not currently have access to social work services.
Augmenting the short breaks service for carers	The aim is to support carers in their caring role by providing a flexible choice of short breaks. Volunteers are recruited, trained and supported and are matched with the carer and cared-for to ensure a positive experience for all. The volunteer can then provide a sitting/befriending service for the carer and cared-for either in the carer's home or out with.
Developing carer's IT skills	This project plans to develop a pro-active and preventative approach to reducing carers' isolation by training them in the use of basic computer and internet skills. Flexible training will be offered at times and locations to suit the carer.
Angus Carers' Strategy	Investment from the Change Fund will be used to support development against the priorities set out within this strategy.

The Change Fund is time limited until 2015/16 but continuation of ongoing projects will be achieved by adopting a preventative spending approach. Through focusing on preventative and anticipatory care, pro-active care and support at home, and effective care at the time of transition, we will be able to reduce spend in hospitals and care homes, thus releasing resources to support these projects on a long-term basis (in line with Reshaping Care for Older People: A programme for Change 2011-2021). The projects will be evaluated by exploring both financial and personal outcomes during 2013/14.

### 3.4 NHS Tayside Carer Information Strategy

The NHS Tayside Carer Information Strategy was developed and agreed in partnership with carers, NHS Tayside and the three local authorities in Tayside. The strategy was an important step forward in getting all partners to work together with carers, and aims to: identify as many carers as possible; provide relevant information and advice; develop training and support to raise awareness amongst all NHS staff of carers as partners; and work with carers to agree their needs for training in terms of their role as a carer.

The NHS Tayside Carer Information Strategy is supported by the local priorities addressed through the Angus Carers Strategy 2013-2016, particularly in relation to early identification and support, and training. Furthermore, it corresponds to the project investments for carers in the Change Fund.

The Change Fund is time limited until 2015/16 but continuation of ongoing projects will be achieved by adopting a preventative spending approach. Through focusing on preventative and anticipatory care, pro-active care and support at home, and effective care at the time of transition, we will be able to reduce spend in hospitals and care homes, thus releasing resources to support these projects on a long-term basis. The projects will be robustly evaluated by exploring both financial and personal outcomes during 2013/14.

The Carer Information Strategy has funding associated with it to support local projects that work to achieve the aims of the strategy. In Angus, the following investments have been made through the Carer Information Strategy fund:

Tayside Carers Support Group - Support in Mind	Supports additional hours for a part time Carer Support Worker in Angus. The role of the Carer Support Worker is to provide one to one and group support, information and education to carers who care for people with severe or enduring mental illness. The role also assists carers to become more involved in local and strategic planning of services.
Core Services: Carer Consultation, Involvement and Service Support	The funding is used for the Deputy Manager post at the Angus Carers Centre. The role of the Deputy Manager is to continue to develop the capacity of Angus Carers Centre ensuring the sustainability of services delivered, in addition to ensuring that carers are key partners in service planning.
Support for Young Carers	Funding is provided for additional hours for the Young Carers Worker to develop services offered to young carers including awareness raising, training, and facilitating support groups. The funding also supports a project which assists young carers who care for a parent to achieve their potential.

### 3.5 Health and Social Care Integration

The Scottish Government want the NHS and Local Authority to work more efficiently, providing a better service for individuals and carers. To achieve this, health and social work services need to change the way they currently operate, working more closely together by integrating their services and resources.

The integration aims to address many of the issues currently experienced by carers, for example disjointed planning, whilst making services and supports better for individuals and carers. This will mean that carers are well supported and able to maintain their own health and well-being.

Carers will play an important role in decision making within the new Health and Social Care Partnership in Angus. They will be given the opportunity to contribute to how services will be shaped in each locality as Angus rolls out its phased approach to integrating services.

### **3.6 Self Directed Support**

Currently in Angus, adults who require community care services or children with disabilities can be given money from the Local Authority to arrange and buy their own services. This is called Direct Payments. Direct Payments give service users more choice and control over the decisions affecting their care by allowing them to buy their own services.

The Scottish Government would like to build on this by introducing Self Directed Support (SDS). SDS aims to give people a range of options beyond Direct Payments to enable them to decide how much ongoing control and responsibility they want over their own support arrangements.

The Bill currently going through Parliament requires Local Authorities to offer service users four choices regarding how they receive their social care:

- 1 direct payments (a cash payment)
- 2 the person directs the available support (the council holds the budget but the person directs how it is spent)
- 3 the Local Authority arranges the support
- 4 a combination of the above

The Bill also provides Local Authorities with the power to give resources directly to carers to better meet their needs and support them in their caring role. Where direct payments are currently provided, carers will also be offered the options outlined above.

We are working to make changes in Angus to enable SDS to be offered. This will enable us to focus on improving outcomes for individuals with eligible community care needs, children with disabilities and their families receiving services under section 22 of the Children Scotland Act 1995.

### **3.7 Welfare Reform**

The Welfare Reform Act received Royal Assent on 8 March 2012. The Act sets out the most radical change to the welfare system since the inception of the modern welfare state. Its aim is to simplify the benefits system and to reduce dependency on welfare.

This includes the introduction, starting in 2013, of a single working-age benefit "universal credit" which draws together the existing elements of means-tested support for employment, housing and childcare into a single award that will be paid direct to the claimant monthly in arrears.



### 3.8 Getting it Right

Getting it right (GIR) for every child is a way of working which focuses on improving outcomes for all children by placing the child at the centre of thinking, planning and action. It affects all services that impact on children (i.e. adult services working with parents / carers) and builds from universal services moving crisis intervention to early intervention. GIR streamlines processes and uses IT to support best practice on information sharing.

### 3.9 Partnership working

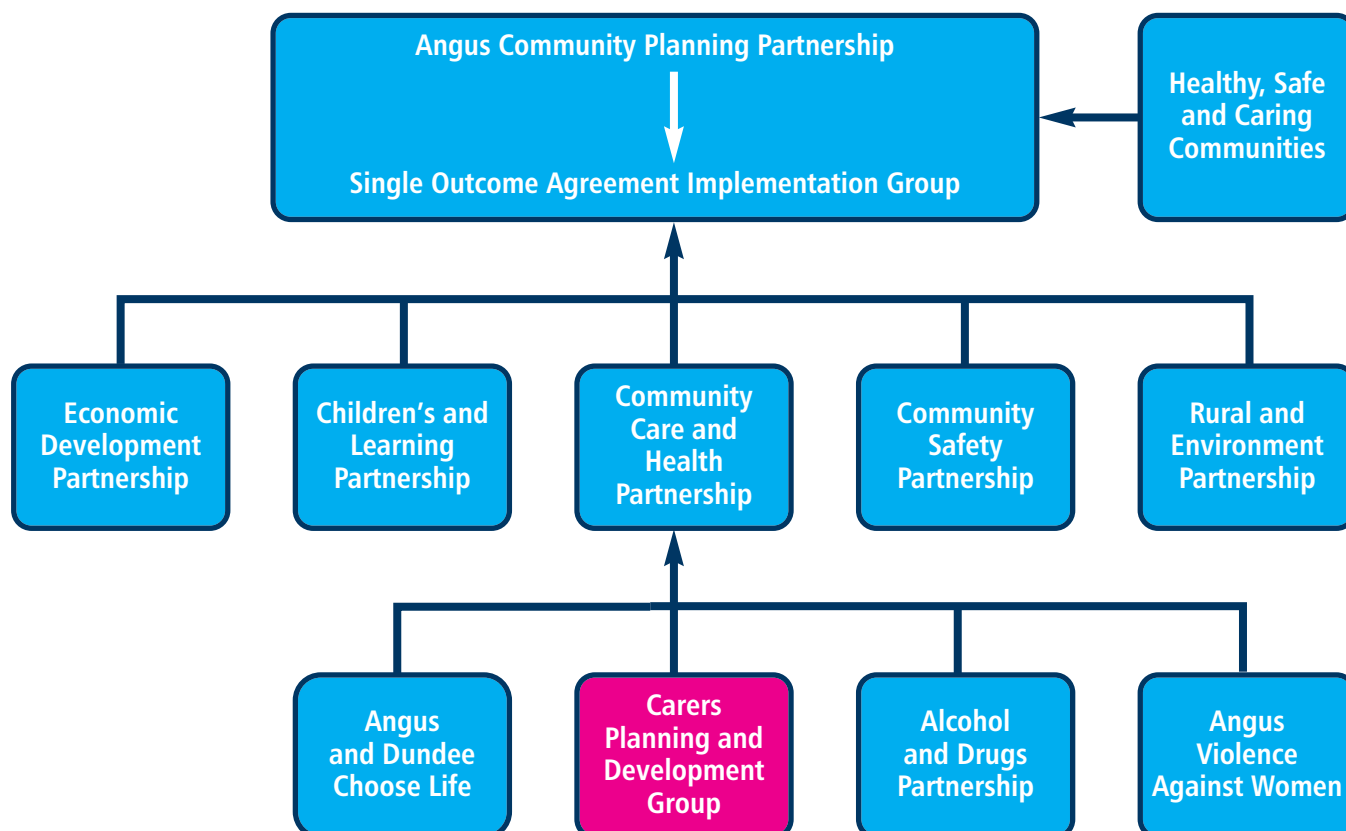
Within the Angus Community Planning Partnership, local strategies and plans acknowledge the contributions made by carers by focussing on developments that can be made to support them. This includes ongoing work through the Change Fund, Community Medicine Rehabilitation Redesign Programme and the Health Equity Strategy.

The Community Care and Health Partnership oversees the whole agenda with a local Carers Planning and Development Group driving the work forward. Please refer to Figure 1 below for an outline of performance reporting structure from the planning and development group to the Angus Community Planning Partnership.

The planning and development group has representation from Social Work and Health, the Community Health Partnership (CHP) and the voluntary sector through Angus Carers Centre and Alzheimer Scotland. For the forthcoming strategy period, discussions have taken place to ensure a wider representation of key partners on this group.

Moving forwards, the Carers Planning and Development Group will therefore also have representation from Education and people working at service delivery level (within Social Work and Health and the CHP). Most importantly however there will be a move to involve carers in strategic planning with a carers' representative sitting on the group.

**Figure 1:** Angus Carers Planning and Development Group Performance Reporting Structure.



## 4. Angus Carers Strategy 2009-2012

### Key Developments

The key developments over the last four years are outlined below. The priorities are noted as they were in the 2009–2012 strategy.

Focus	How we are supporting carers
<p>Carers are recognised and supported as experts in their role</p>	<ul style="list-style-type: none"> <li>• 813 new carers were identified to the Angus Carers Centre over the course of the strategy. There are now 1672 carers registered in total with the Angus Carers Centre.</li> <li>• A training needs assessment was undertaken in 2009/10 and a range of training is now offered across the voluntary sector. Learning opportunities for carers include Stress Management, Family Relationships, Understanding Guilt, Dementia Awareness, First Aid and Wellness Recovery Action Planning (WRAP).</li> <li>• Manual Handling training is offered to enable carers to become part of the care team if they choose to do so.</li> <li>• Carers Conferences were held in November 2010 and November 2012 for carers and staff in Angus. The 2010 conference was entitled 'Caring for Life' and the theme was looking after someone with a long term condition. The 2012 was entitled 'The Whole Child Conference' and was for parent carers. The days provided carers with the opportunity to attend workshops and meet other carers.</li> <li>• Involvement groups are established across voluntary organisations to ensure that the carers they represent have the opportunity to have their views heard. These views are then fed into strategic and community planning.</li> <li>• Tayside Carers Support Group - Support in Mind supported carers to work in partnership with NHS Tayside to influence local planning with the building of the Susan Carnegie Centre at Stracathro.</li> <li>• NHS Tayside has developed an online learning module on Carers Needs for NHS staff.</li> <li>• The Angus Alcohol and Drugs Partnership (AADP) provide funding for a dedicated substance misuse carers support worker based at the Angus Carers Centre.</li> <li>• Carers had the opportunity to be involved in the AADP Recovery event in March 2012 and Recovery Conversation Café in October 2012.</li> </ul>
<p>Carers are supported to have a life outside of caring</p>	<ul style="list-style-type: none"> <li>• We achieved and surpassed the SOA to increase the number of respite weeks. In 2010/11 there were an additional 635 weeks and in 2011/12 there were an additional 448 weeks.</li> <li>• The Angus Carers Centre provided 1437 hours of respite through the Carefree Short Breaks Project in 2011/12 and an additional 102 hours through their respite fund. This was further developed to increase the number of hours offered and develop a more flexible service.</li> <li>• An interim evaluation of the Carefree Short Breaks Project evidenced that 100% of carers who have used the service identified that it meets their needs and provides an opportunity for them to have a life outside of caring.</li> <li>• We have increased the number of people in receipt of Direct Payments.</li> <li>• Social activities and peer support are offered by all partners including days out, theatre trips and lunches.</li> <li>• Monthly peer support groups are offered by voluntary organisations including the Angus Carers Centre, Alzheimer Scotland, Tayside Carers Support Group - Support in Mind and Parent to Parent.</li> <li>• Partners support carers to move on from caring, with voluntary organisations offering life after caring support.</li> </ul>

<p>Carers' health and mental wellbeing is improved</p>	<ul style="list-style-type: none"> <li>• Individuals and groups have had support offered by voluntary organisations including 195 hours of counselling in 2011/12 offered through the Angus Carers Centre.</li> <li>• The Angus Health Fair has been held on an annual basis.</li> <li>• Free passes for carers to Angus Council leisure centres were available early in the strategy period. However this was withdrawn and carers now receive the concessionary price. This has been noted as a serious loss, there were 445 carers registered.</li> <li>• Relaxation therapies for carers - Angus Carers Centre ran 250 relaxation therapy sessions in 2011/12.</li> <li>• Annual health checks are available to carers in Monifieth.</li> <li>• The introduction of 'Just in Case' boxes give peace of mind to carers during out of hours - 140 boxes were issued in Angus in 2011.</li> <li>• 78% of carers involved in the Carefree Short Breaks Project who responded to evaluation questionnaires stated that their mental health and wellbeing had improved through the support of the project.</li> </ul>
<p>Carers financial needs are addressed</p>	<ul style="list-style-type: none"> <li>• Workshops are offered to support carers with their financial needs, including up-to-date information and advice from Angus Council Welfare Rights Service.</li> <li>• We work in partnership with Welfare Rights and Citizens Advice, with onward referral to these services as necessary.</li> <li>• Angus Council Welfare Rights Service have assisted Angus carers to claim £82,218.07 additional benefits in the financial year 2011/12. This was made up of weekly benefits of £74,360 and £7858.07 of lump sum payments. There were 23 carers and the average payment was £62.17pw.</li> <li>• Macmillan Welfare Rights supported Angus carers to claim £564,015 in extra benefits; and there were £252,355 of extra benefits gained for carers through the Angus Carers Centre.</li> </ul>
<p>Assessment of a carers need</p>	<ul style="list-style-type: none"> <li>• Non-statutory carers assessments are carried out by Alzheimer Scotland and the Carers Centre to identify needs and provide appropriate support</li> <li>• Informal assessments are carried out by other voluntary organisations</li> <li>• The statutory carer's assessment is now a mandatory field in the Social Work electronic reporting system which prompts all Care Managers to discuss the assessment with the carers they are working with.</li> </ul>
<p>Young carers are protected from harmful caring roles and are thriving</p>	<ul style="list-style-type: none"> <li>• 195 young carers were referred to the Angus Carers Centre over the life of the strategy</li> <li>• Individual and group support sessions are offered to young carers through the Angus Carers Centre</li> <li>• Whole family support is offered by all partners</li> <li>• A successful Young Carers/Focus on Alcohol awareness raising day was organised in 2010/11 for 800 secondary school pupils</li> <li>• Drop-ins were piloted at Arbroath and Forfar Academy to test the benefits to support young carers - Young Carers Workers will now join with the School Health Worker who has an advertised drop-in and attend this once a term.</li> <li>• A new young carers website and Facebook page have been developed</li> <li>• There has been ongoing work in schools to raise awareness of young carers</li> </ul>



## 5. Angus Carer's Priorities 2013-2016

A series of consultation events were held across Angus to involve carers in the planning of this strategy. Through those consultations carers reported that they felt the priorities from the previous strategy continue to reflect their needs. Therefore, the focus for 2013–2016 is to build on the work of the previous strategy. This will be achieved by broadly maintaining the same priority areas:

- carers are recognised and supported as key partners in the planning and delivery of care;
- carers are supported to have a life outside of caring;
- carers' health and wellbeing is improved;
- carers' financial needs are addressed;
- carers' needs are fully assessed and ongoing support is offered; and
- young carers are safe, healthy, achieving, nurtured, active, respected, responsible and included.

The strategy, including all the priority statements for the period 2013-2016 has been a partnership development between Angus Council, Angus Community Health Partnership (CHP), the voluntary sector (including Angus Carers Centre, Alzheimer Scotland, Parent to Parent and Tayside Carer's Support Group - Support in Mind) and carers in Angus.

Focus	What we will do
Carers are recognised and supported as key partners in the planning and delivery of care	<ul style="list-style-type: none"> <li>• We will work with health and social care professionals to ensure they are adequately skilled to be pro-active in identifying, assessing and supporting carers needs.</li> <li>• We will work with health and social care professionals to ensure that the carer is involved in the assessment and planning of care for the person they care for.</li> <li>• We will ensure the carer's unique knowledge of the person they care for is obtained.</li> <li>• We will liaise with universities and relevant training programmes to ensure student health and social care professionals are well educated about carer identification and their needs.</li> <li>• We will refresh the format of the Angus Carers Forum and through this, work to fully involve carers in strategic planning to ensure that the views of carers are well represented.</li> <li>• We will produce an Angus specific directory outlining what services are available for carers, inclusion criteria and who to contact. This will be widely distributed and made easily available.</li> <li>• We will ensure that information for carers is available in a variety of formats and is given to carers at a time that is appropriate for them.</li> <li>• We will review the capacity of agencies to support carers as we work to improve and increase early identification.</li> </ul>
Carers are supported to have a life outside of caring	<ul style="list-style-type: none"> <li>• We will explore innovative respite options, for example Shared Lives and short breaks schemes.</li> <li>• We will carry out a review of short-term residential respite</li> <li>• We will carry out a review of long-term community-based residential accommodation provision (for learning disabilities)</li> <li>• We will review communication for respite bookings so that carers receive timely confirmation.</li> <li>• We will ensure that opportunities are provided for peer befriending through a range of activities including support groups and social activities.</li> <li>• We will develop further social activities, including more local opportunities to enable carers to have time off from caring and to facilitate peer support.</li> </ul>

	<ul style="list-style-type: none"> <li>• We will address the support needs of specific groups of carers such as male carers, parent carers and carers of people with Alzheimer's.</li> <li>• We will ensure that staff and carers remain up-to-date with developments for Self Directed Support.</li> <li>• We will further promote the use of the Emergency Carers Card and ensure that Care Managers raise it as part of the Carers' Assessment dialogue.</li> <li>• We will collaborate with care managers to ensure that the Social Work service offered is consistent across Angus.</li> <li>• We will work to develop a specific service for young adult carers.</li> </ul>
Carers' health and mental wellbeing is improved	<ul style="list-style-type: none"> <li>• We will pilot annual health checks for carers across Angus through the Carers Information Strategy fund.</li> <li>• We will expand on the availability of relaxation/therapeutic interventions available for carers.</li> <li>• We will work towards providing free access to leisure facilities to support carers' health and wellbeing.</li> <li>• We will ensure that support is offered to carers within 3 months of diagnosis when the carer needs it most.</li> <li>• We will ensure, through continued development of short break respite options, that carers can have time out from their caring role to improve their health and well-being.</li> <li>• We will continue to develop training courses for carers which meet identified needs such as 'Understanding Guilt'.</li> <li>• We will work with partners to equip the workforce with the appropriate skills and knowledge to support people with demanding and challenging behaviour, for example through Promoting Excellence: A framework for all health and social services staff working with people with dementia, their families and carers (2011).</li> <li>• We will scope the extent to which independent advocacy is accessed by carers in Angus.</li> <li>• We will support carers when their caring role comes to an end, including early discussions of anticipatory care planning.</li> </ul>
Carers' financial needs are addressed	<ul style="list-style-type: none"> <li>• We will ensure that adequate information is available about charging for services before the cared for person goes into care.</li> <li>• We will support Angus Council in the development of a Carers Strategy for supporting employees who are carers to remain in employment.</li> <li>• We will ensure that all carers receive a copy of the booklet 'A Carers Guide to Welfare Benefits' and make the information available in a variety of formats.</li> <li>• We will incorporate information about funding for: equipment and adaptations; VAT reductions for people with disabilities; and claiming travel costs to DWP interviews into the welfare booklet or Angus Carers Directory.</li> <li>• We will add Carers as a client group in the Welfare Rights database to enable us to record the number of benefits checks, appeals and debt work carried out on behalf of carers.</li> <li>• We will refresh the 2009/10 'Help with care home fees' booklet.</li> <li>• We will provide training for carers on managing their finances and budgeting.</li> </ul>

Carers' needs are fully assessed and ongoing support is offered

- We will ensure that all carers are made aware of their right to request a carers assessment.
- We will introduce an automatic referral to Angus Carers Centre following a carers assessment unless the carer chooses to opt-out.
- We will ensure that care managers are well trained in completing a statutory carers assessment so that they can provide a useful explanation with a meaningful support plan that is regularly reviewed.
- We will ensure that where a carer chooses not to have a statutory carer's assessment that they will be made aware of their right to request one at a future date and professionals will be proactive in promoting the assessment to carers at future care reviews.
- We will ensure that carers receive appropriate ongoing support based on an assessment of their needs.

Young carers are safe, healthy, achieving, nurtured, active, respected, responsible and included

- We will educate professionals about the importance of including young carers in discussions about the care of the person they care for.
- We will work with pharmacists to ensure that young carers are supported to collect medicines for the person they care for, where appropriate.
- We will provide training for universal services staff including named persons so that they fully understand the challenges faced by young carers and are able to offer them appropriate support in line with Getting it Right.
- We will raise further awareness in schools so that young people and staff understand the wide range of circumstances that may lead to a young person taking on a caring role.
- We will provide young carers with opportunities to learn about the condition of the person they care for.
- We will support young carers to have a life outside of caring.
- We will introduce a young carer's identification card for carers in Angus. The card could be used by young carers in education, health and leisure settings.
- We will publish the Carewise training course and develop additional courses to support young carers.





## 6. Commissioning

Health and Social Care integration will solidify current aligned budget arrangements between the Community Health Partnership and Social Work and Health. The budget identified for the Angus Carers Strategy exists to develop new and more flexible services for carers in addition to the planning and provision of training and conferences and the production of information leaflets. Currently, the following funding arrangements are in place through Service Level Agreements.

Additional funding for projects in Angus is received through the Change Fund and the Carer's Information Strategy. Considerable funds are also generated for carers in Angus through the voluntary sector and charitable funds. This will enable us to create our vision of getting it right for carers in Angus.

Name of Organisation	Service provided	Amount (2011/12)	Funded by
Alzheimer Scotland	Provide a wide range of services for people with dementia and their carers.	£54,394	Social Work and Health
Angus Carers Centre	Provide information, advice and a range of services to carers located in Angus and the surrounding areas.	Total: £183,679 £117,011 £29,374 £41,152	Social Work and Health NHS Resource Transfer ADP Funding
Angus Special Play scheme	Provide play schemes during school holidays for children and young people with additional needs.	£30,087	Social Work and Health
Parent to Parent	Support parents and carers of children and teenagers who have additional needs.	Total £26,291 £24,241 £2,050	Social Work and Health Education
Penumbra	Angus Nova Project encourages people with mental health problems to get involved in their community and offers flexible support to enable them to do so.	£6,264	Mental Health Specific Grant (Social Work and Health)
Scottish Huntington's	Provide specialist family support services and an extensive network of specialist services to people and families affected by Huntington's.	Total: £30,956 £27,789 £3,167	Mental Health Specific Grant (Social Work and Health) NHS Resource Transfer
Tayside Carers Support Group - Support in Mind Scotland	Provide support and information for carers of adults with mental health problems.	£14,859	Social Work and Health



## 7. Review

An annual review of the strategy will be undertaken by the Angus Carers Planning and Development Group. A report of progress will be being submitted to the Community Care and Health Partnership. The lead officer for this review will be a member of the Planning and Development Group.





## 8. Further Information

For further information please contact:

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