

ANGUS COUNCIL

CHILDREN AND LEARNING COMMITTEE

23 SEPTEMBER 2014

NEW RELATIONSHIPS, SEXUAL HEALTH AND PARENTHOOD (RSHP) GUIDANCE FOR SCHOOLS**Background**

In 2012, health and education professionals across Angus, Dundee and Perth & Kinross came together to create a framework for learning that would provide much needed support to teaching the Relationships, Sexual Health and Parenthood (RSHP) aspect of the Health and Wellbeing curriculum. This pan-Tayside approach was agreed by the three councils in 2012.

The introduction and implementation of the RSHP framework is an integral part of the Schools and Learning Plan for 14-15. The plan acknowledges that the core theme of Health and Wellbeing is: "the responsibility of all teachers" and provides a "key component of our raising achievement and attainment agenda." (Curriculum for Excellence, 2010).

The RSHP Framework

The RSHP Framework has been developed to support a consistent approach to learning and teaching of the Health and Wellbeing curriculum. This consistent approach within RSHP will support children and young people to explore their feelings, the changes to their bodies, lifestyle choices and a range of issues which help develop healthy attitudes and lifestyles. The Framework is divided into each of the four aspects of RSHP and each aspect is sub-divided into CfE levels. It also allows teachers to plan for transitions between levels and between sectors i.e. P7 to S1.

It is hoped that through this Pan-Tayside multi-agency, collaborative approach to training for staff, drawing on the expertise of colleagues within NHS Tayside and other key partners, will enhance the outcomes for all learners. The Framework offers clear support around planning, cross-curricular opportunities and suggested resources.

NHS Tayside are funding 16 weeks of a secondment for a Health Staff Tutor in order to meet the training remit for the RSHP. Within Angus, our plan is to offer on-going training throughout the year. This model based on the Early Years collaborative approach of Plan, Do, Study, Act, (Evaluate) will ensure staff are trialling and reflecting on the learning taking place. This should allow any adaptations to the approach to be undertaken. The planned training for staff will be complete by May 2015.

The Guidelines cover:

- Relationships : Learners will develop an understanding of how to maintain positive relationships with a variety of people.
- Sexual Health : Learners will develop an awareness of how thoughts, feelings, attitudes, values and beliefs can influence decisions about their sexual health.
- Parenthood : Learners will develop an understanding of the complex roles and responsibilities of being a parent or carer.
- Safe Choices (S1-S6): Learners will increase their understanding of the influence of popular culture, the media and peer pressure and develop skill and confidence in making appropriate decisions about situations that may be challenging or difficult.

The training being undertaken will allow staff to plan how they will engage with parents in taking forward the implementation of RSHP.

Contact for further information:

Pauline Stephen, Head of Schools and Learning

Email: PEOPLE@angus.gov.uk