

This leaflet tells you about the range of optional Friday afternoon activities that are available and how you can sign up your child/children for them.

These 33 learning periods will be spread over four longer days from Monday to Thursday and one shorter day on a Friday. The primary school week in Angus is not changing. The change in the secondary week opens up an opportunity to offer a range of extra-curricular activities for our young people: Angus Extra.



The secondary school week in Angus is changing. From August 2017, Angus' eight secondary schools will deliver 33 learning periods of 50 minutes each week.



Active Schools Angus

The Active Schools Angus team are committed to providing sporting activities and increasing physical activity. A programme of activities will be offered in each school over the course of the school year.

Updates to the programme will be made throughout the session.

These activities are FREE to secondary aged young people in Angus schools. To register for a place at an Active Schools Angus activity, please submit your details here www.angus.gov.uk/angusextra

Activities start on Friday 18 August 2017.

There are also opportunities available for young people in the senior stages of school to get involved in sports leader/coaching activities. More information will be shared about this in schools.

Young Scot Reward points will also be available to young people who participate in all of these activities.

As this is a change to the way that the secondary school week is organised, we are keen to continue to hear from young people about what other activities they would like to take place as part of Angus Extra. In the first term on the school session 2017/18 youth workers from the Angus Communities Team will increase their street work on Friday afternoons to informally meet and speak with young people. The Communities team is also currently consulting with young people about the need and potential demand for youth work programmes on Friday afternoons. Further information will be shared.

ANGUSalive

The charity ANGUSalive is the culture, sport and leisure trust for the county of Angus. ANGUSalive offer residents and visitors to Angus a wealth of services which inspire healthy, active and creative lifestyle choices through the use of our sports centres, country parks, theatres and venues, museums, galleries, archives and libraries.

There are a range of optional Friday activities available at ANGUSalive libraries and museums. To book a place at one of these activities please contact or visit your local library or museum.

Concessionary rates along with Junior and Family bACTIVE memberships are available at all ANGUSalive sports centres. These facilities will be open to the public offering a range of sporting activities that may be of interest to young people on Friday afternoons.

Please visit your local sports centre or www.angusalive.scot for full details.

If you are interested in volunteering to help ANGUSalive's Countryside Rangers at Monike, Crombie or Forfar Loch Country Parks, please call 01382 370202 to register your interest.

ANGUSalive will monitor activity levels across our facilities and look to offer further activities where there is demand for additional services.



Time	CONFIRMED		PROVISIONAL		
	Aug - Oct	Oct - Dec	Jan - March	April - June	
ARBROATH ACADEMY					
1.45-3.00pm	Longball & Athletics (S1-3 Boys & Girls) Dodgeball (S1-3 Boys & Girls) Bootcamp (S1-6 Boys & Girls) Five-a-Side Football (S1-3 Boys & Girls)	Futsal League (S1-3 Boys & Girls) Dance (S1-3 Boys & Girls) Dodgeball (S1-3 Boys & Girls) Bootcamp (S1-6 Boys & Girls)	Futsal League (S1-3 Boys & Girls) Dance (S1-3 Boys & Girls) Dodgeball (S1-3 Boys & Girls) Bootcamp (S1-6 Boys & Girls)	Netball (S1-3 Boys & Girls) Dance (S1-3 Boys & Girls) Dodgeball (S1-3 Boys & Girls) Bootcamp (S1-3 Boys & Girls) Athletics (S1-6 Boys & Girls)	
ARBROATH HIGH SCHOOL					
1.45-3.00pm	Athletics with Arbroath & District AC (S1-6 Boys & Girls) Five-a-Side Football (S1-6 Boys & Girls)	Rock Challenge (S1-6) Athletics (S1-6)	Rock Challenge (S1-6) Athletics (S1-6)	Athletics (S1-6) Football (S1-6)	
BRECHIN HIGH SCHOOL					
1.45-3.00pm	Football supported by Police Scotland (S1-6 Boys & Girls) Cricket with Brechin Buccaneers/Dundee & Angus Cricket (S1-6 Boys & Girls) Multi-Activity supported by Police Scotland (S1-4 Girls)	Football (S1-6 Boys & Girls) CSH led activity (S1-6) Multi-activity (S1-6 Girls)	Football (S1-6 Boys & Girls) CSH led activity (S1-6) Multi-activity (S1-6 Girls)	Football (S1-6 Boys & Girls) CSH led activity (S1-6) Multi-activity (S1-6 Girls)	
CARNOUSTIE HIGH SCHOOL					
1.45-3.00pm	Rugby with Carnoustie Rugby Club (S1/2 Boys & Girls) Golf with Carnoustie Links (S1/2 Boys & Girls)	Rugby (S1/2) Swim Coaching Multi-Activity Club	Rugby (S1/2) Swim Coaching Multi-Activity Club	Rugby (S1/2) Swim Coaching Multi-Activity Club	
FORFAR ACADEMY					
1.45-3.00pm	Netball (S1-6 Girls) Five-a-Side Football (S1-6 Boys & Girls)	Netball (S1-6) Dance (S1-3) Tennis (S1-3)	Netball (S1-6) Dance (S1-3) Tennis (S1-3)	Netball (S1-6) Dance (S1-3) Tennis (S1-3)	
MONIFIETH HIGH SCHOOL					
1.45-3.00pm	Hockey with Grove Menzieshill Hockey Club (S1-6 Boys & Girls) Five-a-Side Football (S1-6 Boys & Girls)	Netball/Cricket/Hockey (S1-6) Lane Swimming/Coaching (S1-3) Fitness Suite - Drop in (S1-6)	Netball/Cricket/Hockey (S1-6) Lane Swimming/Coaching (S1-3) Fitness Suite - Drop in (S1-6)	Netball/Cricket/Hockey (S1-6) Lane Swimming/Coaching (S1-3) Fitness Suite - Drop in (S1-6)	
MONTROSE ACADEMY					
1.45-3.00pm	Netball (S1-3 Girls) Five-a-Side Football League (S1-3)	Netball (S1-3 Girls) Five-a-Side Football League (S1-3)	Netball (S1-3 Girls) Five-a-Side Football League (S1-3)	Netball (S1-3 Girls) Five-a-Side Football League (S1-3)	
WEBSTER'S HIGH SCHOOL					
1.45-3.00pm	Girls Football with Kirrie Thistle Youths Football Club (S1-3) Martial Arts & Fitness with Evolution Combat Sports (S1-3 Boys & Girls) Boys Football with Kirrie Thistle Youths Football Club (S1-3) Cycling with Mr Duthie maximum 8 participants (S1-6 Boys & Girls)	Girls Football (S1-3) Martial Arts & Fitness (S1-3) Boys Football (S1-3)	Girls Football (S1-3) Martial Arts & Fitness (S1-3) Boys Football (S1-3)	Girls Football (S1-3) Martial Arts & Fitness (S1-3) Boys Football (S1-3)	

ANGUSalive



Arbroath Library 01241 435605
Brechin Library 01356 627414
Forfar Library 01307 476476
Kirriemuir Library 01575 577109
Monifieth Library 01382 536777
Arbroath Signal Tower Museum 01241 435329
Brechin Town House Museum 01356 627458
Kirriemuir Gateway to the Glens Museum 01575 577140
Meffan Museum & Art Gallery 01307 476482
Montrose Museum 01674 662660
Digital Training Officer 01241 435609



Venue	Activity	Aug - Oct		
		Time	Numbers for activity to run	Cost
Arbroath Library Brechin Library Forfar Library	Volunteer at your library - Come along to your library each week to help us and find out more about what makes the library tick. You can use your time with us as part of your Saltire Award or Duke of Edinburgh Award for volunteering.	2-4.30pm for 6 wks	Max. 1 pupil at a time	Free
Arbroath Signal Tower Museum Brechin Town House Museum Kirriemuir Gateway to the Glens Museum Meffan Museum & Art Gallery Montrose Museum	Volunteer at your museum - Come along to your museum each week to find out more about what we do and how you can help. You can use your time with us as part of your Saltire Award or Duke of Edinburgh Award for volunteering.	2-4.30pm for 6 wks	Max. 1 pupil at a time	Free
Arbroath Library / Brechin Library / Forfar Library / Kirriemuir Library / Monifieth Library	Design & Print in 3D - Tutor led, you will see a 3D printer in action, learn to use a 3D design program, design and develop your own ideas and submit your final design to be printed for you to keep. Call Digital Training Officer to book.	2.30-4.30pm for 6 wks (start dates vary)	Min. 4 / Max. 6 pupils (per library)	£15.60 for a 6 wk block. Booking Essential
Carnoustie Library	Your new library opens in Autumn 2017! Watch this space for opportunities in Carnoustie			
Forfar Library	Forfar on Board - Join your fellow board game freaks for some Friday afternoon fun.	2.00-3.30pm for 4 wks	6 pupils	£2.60 per wk inc. hot chocolate!
	Forfar Models - You're never too old for Lego! What can you and your pals build this week?	2.00-3.30pm for 4 wks	6 pupils	£2.60 per wk inc. hot chocolate!
	Creating Colouring for Teens - Get creative with colouring pages, pens and pencils.	2.00-3.30pm for 4 wks	6 pupils	£2.60 per wk inc. hot chocolate!
Kirriemuir Library	Kirriemuir on Board - Join your fellow board game freaks for some Friday afternoon fun.	2.00-3.30pm for 4 wks	6 pupils	£2.60 per wk inc. hot chocolate!
	Kirriemuir Models - You're never too old for Lego! What can you and your pals build this week?	2.00-3.30pm for 4 wks	6 pupils	£2.60 per wk inc. hot chocolate!
	Creating Colouring for Teens - Get creative with colouring pages, pens and pencils.	2.00-3.30pm for 4 wks	6 pupils	£2.60 per wk inc. hot chocolate!
Kirriemuir Gateway to the Glens Museum	Museum Detectives - Interested in history? Research and make displays, find out about some of our more bizarre objects, basic conservation and learn about the history of your area.	2.00-3.30pm	Min. 4 / Max. 15 pupils (S1-3)	£15.60 for a 6 wk block. Booking Essential
Monifieth Library	Creating Colouring for Teens - Get creative with colouring pages, pens and pencils.	3.00-4.30pm for 4 wks	6 pupils	£2.60 per wk inc. hot chocolate!
Montrose Library	Work starts on your new library in Autumn 2017! Watch this space for opportunities in Montrose			