## Welcome to Arbroath Path Network

Arbroath is midway along the Angus coast, surrounded by sandy beaches, dramatic cliffs, fertile farmland and wooded dens. The town grew up around Arbroath Abbey in medieval times and expanded as a flax weaving town when the harbour was built. It went on to become a thriving fishing community and more recently a popular seaside holiday destination.

We have suggested a few routes in this leaflet for you to explore the coast and countryside around Arbroath, or you can link the other paths to create your own route.

# Auchmithie Clifftop Walk

The clifftop path to Auchmithie takes you through some of the most spectacular coastal scenery in Angus. At the halfway point you descend to a sandy beach in Carlingheugh Bay, with interesting rock formations and caves. Auchmithie has its own shingle beach and a ruined harbour, nestling between tall cliffs.

Distance: 5 miles (8km) return trip to

Carlingheugh Bay. 5 miles (8km) one

way to Auchmithie.

Approx time:  $2\frac{1}{2}$  hours return trip to

(walking) Carlingheugh Bay. 2½ hours one way

to Auchmithie.

Start: Hill Road or Auchmithie. There is a bus

service between Arbroath Bus Station

and Auchmithie.

Terrain and accessibility: Most of the path is relatively level with a firm even surface. Towards Carlingheugh Bay the path is narrow and in places and it is close to the cliff edge – take care! There are steep steps at either end of Carlingheugh Bay and there is no path along the beach.

N.B. Please be aware that the cliff edges can be prone to erosion. Keep well away from the edge and take extra care if you have children with you.

## Arbroath Harbour to Arbirlot

This route takes you along the coast from the historic harbour to West Links with its expansive sand beach, and through farmland along the wooded valley of the Elliot Water to Arbirlot village.

Distance: 6 miles (10km) return trip.

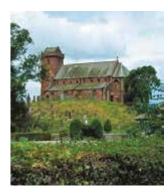
Approx time: 3 hours return trip.

(walking)

Start: Arbroath Harbour or Auchmithie.

Terrain and accessibility: The coastal path to West Links is flat with a firm even surface. Bridge with flights of steps over the railway at Elliot (alternative pedestrian level crossing  $\frac{1}{2}$  mile south). The path from Elliot to Arbirlot is unsurfaced, partly through fields, with some flights of steps (not suitable for cyclists or horseriders).

N.B. There may be cattle on the path between Elliot and Arbirlot. Do not take your dog if there are cows with calves.







## Coastal Path to East Haven

From West Links the coastal cycle path carries on through the dunes to the old fishing village at East Haven, and onwards to Carnoustie and eventually Dundee.

Distance: East Haven 4½ miles (7 km),

Carnoustie 7 miles (11km).

Approx time: East Haven 2 hours 15 minutes each (walking) way, Carnoustie 3½ hours each way.

Approx time: East Haven 45 minutes each way, (cycling) Carnoustie 1 hour each way.

Start: Arbroath Harbour

Terrain and accessibility: Purpose built path with a firm even suface. Mostly flat with one or two gentle slopes. Short sections of road or pavement in East Haven and Carnoustie.

N.B. There is a separate leaflet for the coastal path to Monifieth. There is a regular bus service between Arbroath, East Haven and Carnoustie.

# St Vigeans and Waulkmills

This route takes you through the Brothock Valley to historic St Vigeans with its picturesque church. From St Vigeans the path follows a tree lined former railway line alongside the Brothock Water towards Letham Grange.

Distance: St Vigeans 2 miles (3½ km) return,

Letham Grange 6½ miles (10½ km)

return.

Approx time: St Vigeans 1 hour return trip, Letham (walking) Grange 3 hours 15 minutes return.

Approx time: St Vigeans 20 minutes return,

(cycling) Letham Grange 1 hour return trip.

Start: Guthrie Port

Terrain and accessibility: Level tarred paths to St Vigeans. Firm path to Letham Grange with some localised muddy areas. The section immediately north of St Vigeans is not accessible to horseriders due to a narrow bridge.

Some of the paths are on working farms and other privately owned land. Please respect land management operations, take your litter home and keep you dog under proper control.

# Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water providing they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

Whether you're in the outdoors or managing the outdoors, the key things are to:

- take responsibility for your own actions
- respect the interests of other people
- care for the environment.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.

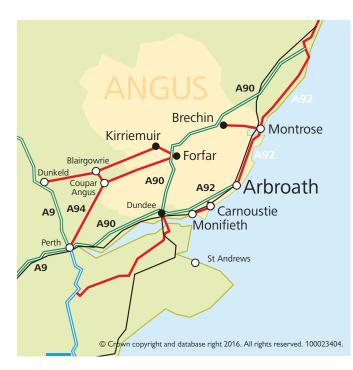


The content of this publication can be made available in alternative formats or translated into other community languages.

Leaflets are also available for path networks in other parts of Angus.

Please contact the Council's ACCESSLine on 03452 777 778 for further information

E-mail: accessline@angus.gov.uk or visit www.angus.gov.uk



#### Useful Information

**Arbroath Tourist Information Centre** 01241 872609

Arbroath Library 01241 435605

**Arbroath Signal Tower Museum** 01241 435329

www.angus.gov.uk

www.visitangus.com

### www.travelinescotland.com

Traveline (Public Transport Information)





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### Angus Path Networks

### Arbroath Path Network





