



ANGUS HEALTH AND SOCIAL CARE

INTEGRATION JOINT BOARD – 28 AUGUST 2019

**DEVELOPMENT OF ANGUS CARE MODEL (PSYCHIATRY OF OLD AGE)
REVIEW AND REDESIGN OF DEMENTIA DISCHARGE PATHWAY**

REPORT BY VICKY IRONS, CHIEF OFFICER

ABSTRACT

The purpose of this report is to update the Integration Joint Board (IJB) on the progress of the review and redesign of the discharge model in Psychiatry of Old Age which is currently underway (as part of the Angus Care Model).

1. RECOMMENDATIONS

It is recommended that the Integration Joint Board:-

- (i) Note the content of this report and the progress of this review.
- (ii) Recognise the challenges and complexities associated with this proposed innovative approach.

2. BACKGROUND

- 2.1 The Angus Care Model includes a review and redesign of inpatient facilities across Angus. Within Psychiatry of Old Age (POA) this has involved a gradual reduction in Inpatient provision in response to requirements, changes and challenges in patient presentation and the improved community support which enables more people with dementia to remain at home for longer. Currently there are 22 dementia inpatient acute assessment and treatment beds (12 at Susan Carnegie Centre, Stracathro and 10 at Whitehills Community Centre, Forfar).
- 2.2 In April 2019, a report was presented and approved at the Integrated Joint Board (report no IJB 22/19), which supported the Old Age Psychiatry Service to review the dementia discharge pathway for individuals with higher levels of stress and distress, who no longer require a hospital bed, but currently cannot be discharged to Care Homes in Angus.
- 2.3 The purpose of this review is to explore viable alternative and innovative approaches to care provision for this group of patients.
- 2.4 More recently, an analysis undertaken by the POA service on the number of admissions, discharges and bed days occupied in the Acute Dementia Assessment and Treatment Wards shows a number of patients with lengthy inpatient stays, many of who have been assessed by the POA Multidisciplinary Team as no longer requiring a hospital bed. This information thus far confirms:-
 - 18 patients were in an acute assessment and treatment dementia bed for 100 days or longer in the financial year of April 2018/2019.
 - The average length of stay in the financial year of April 2018/2019 for each patient admitted to an acute dementia bed was 125 days.

3. CURRENT POSITION

3.1 The Angus POA subgroup has been tasked with undertaking this review and exploring innovative solutions. The group has met regularly since February 2019 and is providing the leadership, guidance and project oversight for this review. Full-time dedicated support for six months has been aligned to this project. In July 2019, a senior NHS Tayside employee with extensive experience in improvement work commenced a six-month secondment to progress and support this review.

4. PROPOSALS/UPDATE

4.1 The following work/actions are underway and/or completed:-

- The terms of reference for the POA subgroup have been agreed, with membership from across the Angus partnership and the Care Home sectors.
- A Project Initiation Document has been completed and will be approved at the next POA subgroup (29 August 2019). This document outlines the organisation, procedural and governance arrangements for the project.
- A communication/engagement strategy has been drafted for approval at the next POA subgroup (29th August 2019). This strategy outlines the key stakeholders that we will engage and work with.
- A staff briefing is being sent out to all POA staff working directly and indirectly within the inpatient units and drop-in sessions for staff are planned for the 13th/14th of August 2019.
- Other events/meetings are planned in August/September with services and key individuals throughout the Angus Health and Social Care Partnership and some wider external organisations (as described in the communication strategy).
- Early communication/engagement with senior managers in the current Independent and Local Authority Care Home sector is underway.
- To help inform communication and discussions with key stakeholders an outline service specification has been completed. This document outlines the key components and requirements that an enhanced/intermediate care facility would be required to provide for step-down care from Acute Psychiatry of Old Age inpatient beds.

5. FINANCIAL IMPLICATIONS

5.1 The financial implications of any proposed changes will be assessed as the project progresses. The resources currently under review include those associated with the Willow Unit (Stracathro) and the Prosen Unit (Whitehills, Forfar).

As the project team develops the service specification, patient to staff ratios, levels of care, skill mix of staff, number of acute admissions beds required, and number of places required in future models will be confirmed.

The IJB's strategic financial plan has indicated an expected financial benefit of £200k per annum from 2020/21 from this review, such that it will contribute to assisting the IJB to manage service delivery within available financial resources.

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