



**ANGUS HEALTH AND SOCIAL CARE**

**INTEGRATION JOINT BOARD – 24 JUNE 2020**

**MENTAL HEALTH UPDATE**

**REPORT BY GAIL SMITH, INTERIM CHIEF OFFICER**

**ABSTRACT**

To update members on the current work being undertaken in Mental Health services in respect of Tayside wide response to Trust and Respect: Final Report of the Independent Inquiry into Mental Health Services.

**1. RECOMMENDATION**

It is recommended that the Integration Joint Board note the contents of the report for information and note the progress made to date.

**2. BACKGROUND**

This update report details the current work being undertaken in Mental Health services in respect of Tayside wide response to Trust and Respect: Final Report of the Independent Inquiry into Mental Health Services, published 5 February 2020, and also the co-creation of the Tayside wide Mental Health and Wellbeing Strategy.

On the 27<sup>th</sup> February 2020 the NHS Tayside Board formally accept the final report and its findings, conclusions and recommendations and make a commitment to working with key agencies and stakeholders to address all recommendations in partnership. The Board also formally thanked the 1500+ voices who contributed to the report and made a commitment to keep listening, involving and amplifying those voices.

Notwithstanding the limitations of normal working under COVID-19 conditions, the planning process in response to Trust and Respect has continued to progress as a priority action for NHS Tayside and its partners.

There has been meaningful engagement with staff, key partners, local and national third sector and voluntary organisations, where possible as well as communication with the Tayside Stakeholder Participation Group as well as Partnership working through Staffside with the draft action plan, Listen, Learn, Change, 2020 in response to the Independent Inquiry. We have made excellent progress on the development of the Listen, Learn, and Change Action Plan, a draft of which is attached as a supporting document to this cover paper (Appendix 1)

The development of the draft action plan in response to Trust and Respect and the fact that there has been no slippage in terms of its submission to Scottish Government is indicative of the priority that we are able to continue to give to mental health services in Tayside, despite these most unprecedented of times. We have in place a process and timetable of events to engage more widely and are committed to investing ongoing support in achieving this very important milestone and ensuring a more detailed action plan by the end of June for the people of Tayside.

Our aim is to continue to progress this high priority area of work with all mental health functions across Tayside, including, senior clinical and management staff, third sector organisations and

where possible people with lived experience to ensure the action plan is well developed as is possible within the available capacity at this time.

With many contributions from key staff across NHS Tayside and partners, the draft action plan submitted to Scottish Government, 1 June, 2020 is well populated with all but one of the recommendations having an identified senior member of staff as executive lead to ensure the actions are progressed and implemented.

On 11 March 2020, the Minister for Mental Health made a statement<sup>1</sup> to the Scottish Parliament on the Independent Inquiry into Mental Health Services in Tayside. Within that statement, the Minister introduced that the responsibility for operational management of General Adult Psychiatry (GAP) services in Tayside being led by NHS Tayside.

The new operational management arrangements have been discussed with the Tayside Executive Partners and the Scottish Government and will be effective from 15<sup>th</sup> June, 2020. Following this date an organisational change process will be initiated for the posts affected by the new operational structure.

### **3. CURRENT POSITION**

The Scottish Government continues to support the NHS Tayside and Executive Partners position on this and is encouraged by the rate of progress despite the constraints presented by COVID-19.

We have worked together to continue to progress plans to develop a Tayside-wide Strategy and Change Programme for improving mental health and wellbeing.

As we move forward together, we will continue to plan and refine our approach and plans to ensure the voices of patients, service users, carers and families feature strongly in the new Tayside Mental Health and Wellbeing Strategy and Change Programme. This will ensure we are delivering on the promise to the people of Tayside to Listen, Learn and Change.

#### **In terms of active progress we have:**

- Tayside Executive Partners, Strategic Leadership Group continues to meet to ensure decisions are taken with the Governance agreed within the collective statement of intent (January, 2020)

The first meeting of the Tayside Mental Health and Wellbeing Strategy Board took place on Tuesday 19<sup>th</sup> May. The meeting was attended by 33 people with a number of apologies. Those in attendance represented a wide range of stakeholders including people with lived experience, a number of voluntary and third sector organisations such as advocacy services, inequalities groups, public health, medical and nursing staff from a range of mental health functions, national organisations

- A stakeholder engagement session was hosted by the NHS Board with approximately 70 internal and external stakeholders on the 28<sup>th</sup> May. The feedback from this session and the draft action plan is being collated to respond to any questions raised and also further develop the Listen Learn Change Action Plan.
- Scoping sessions have been planned for the week commencing 15<sup>th</sup> June to engage widely on the content of the system wide strategy. This will also involve agreeing the key leadership of projects and workstreams identified as part of the Change Programme. The next steps for the programme will involve workshops (on-line) with agreed leads and stakeholders to commence the planning of this work.
- Frequent (2 weekly calls) contact with Scottish Government colleagues continues to enable positive working relationships and meaningful two communication.
- In consideration of the links between the Dundee Drugs Commission reported in August 2019 and Trust and Respect reported in Feb 2020, discussion has commenced with Public Health colleagues and others to explore new ways of working. This work will consider the

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<sup>1</sup> Statement to Scottish Parliament by Minister for Mental Health, Wednesday, 11<sup>th</sup> March, 2020

relationship between Addiction and Mental Health in considering delivery of safe, effective services to people with a dual diagnosis with mental health conditions who experience problematic substance use.

- Strong links are being established with frequent meetings with external organisations, local and national, some of which are representative of people with Lived Experience, Staffside, and mental health staff. This is proving very productive and meaningful and will ensure the views of all key stakeholders is shared on an ongoing basis and acted upon accordingly. Through this process we can strengthen relationships, build confidence and trust in a culture of meaningful engagement, joint working and trust to ensure where early actions can be agreed jointly and swiftly acted upon, this will be our approach.
- Discussions have commenced regarding strong links to between the strategy development, change programme and the clinical governance arrangements. Under the Tayside NHS Board Staff Governance arrangements these include a Quality Performance Review process and a Tayside Mental Health Partnership Forum will be re-established linking with the Health and Social Care Locality Forums.
- Discussions continue with Dr David Strang (author of Trust and Respect) and NHS Tayside. Work is ongoing with the Scottish Government to establish his role as a critical friend to the programme of work. A schedule of frequent meetings has been agreed between David and Kate Bell on a six-weekly basis. Kate has agreed to invite others to these meetings as necessary to inform this work and ensure we can develop the highest quality outputs possible for the Mental Health and Wellbeing Strategy and whole system Change Programme.
- A Tayside wide meeting has been established, Integrated Leadership Group for Mental Health including representatives from all mental health functions with Staffside input.
- In response to the Scottish Government letter dated 14<sup>th</sup> May, a group of staff from across mental health functions in Tayside (NHS Tayside and HSCPs) was established to develop and submit a Recovery and Renewal Plan (25<sup>th</sup> May, 2020) on current and emergent plans for mental health provision as a key document to submit as part of NHS Tayside's mobilisation plans for the next phase of the Covid-19 response. This plan has been updated and re-submitted to the Minister for Mental Health to inform a statement to Parliament due to take place (17<sup>th</sup> June, 2020)

#### **4. FINANCIAL IMPLICATIONS**

The Chief Finance Officers and Director of Finance are working with all key partners to plan for future strategic developments.

#### **5. OTHER IMPLICATIONS**

##### **5.1 Quality/ Patient Care**

The priority for all staff working in mental health services remains to deliver high quality care in the setting that is most appropriate for the individual patient. All mental health services continue to be provided across Tayside

##### **5.2 Workforce**

The mental health teams across Tayside are currently exploring the current workforce plans with a view to planning the workforce requirements for future mental health services in Tayside. Recruitment into psychiatric specialties remains a key challenge.

NHS Education for Scotland (NES) has undertaken a number of visits to Tayside. Enhanced monitoring for the NHS Tayside General Adult Psychiatry training programme was triggered in May 2018 following concerns raised at visits through 2016 and 2017. NES GMC enhanced monitoring visit to review medical training for psychiatry in NHS Tayside due to take place in June has been deferred. Please note this is a deferral based on the progress and the work that has been undertaken to date to improve the training experience to date. Dr Mike Winters has worked with a range of colleagues to bring about improvement and has reported that it is accepted that this trend must continue.

### **5.3 Risk Assessment/Management**

The strategic risk for mental health is multifaceted and the key areas of risk and the service areas these impact.

A risk management workshop took place on 3 June 2020 to engage staff, consider patient need and impact to further the thinking to develop a system wide risk register and to align the strategic mental health risk with current service risks.

As a result of workforce challenges, delegation and hosting arrangements across three IJBs and NHST for Mental Health & Learning Disability Services, sustainable delivery of services are at risk and fragmentation and variation in service planning and provision may occur.

### **5.4 Communication, involvement, engagement and consultation**

The Board will host a stakeholder engagement session at 2:00pm on Thursday 28th May. The purpose of the session is to bring together stakeholders, partners and critical friends to gain an understanding of the progress being made with the action plan in response to Trust and Respect; and to hear how this links to the “listen, learn, change” approach towards involvement and engagement and to consider the strategy and change programme and route map.

The Health and Social Care Alliance and Stakeholder Participation Group members have been invited as have members of the Employee Participation Group to hear the presentation at the same time as the Board members.

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List of Appendices:

Appendix 1- The Independent Inquiry Draft Action Plan – Listen, Learn, Change, 2020.