



AGENDA ITEM NO 7

REPORT NO IJB 50/20

ANGUS HEALTH AND SOCIAL CARE
INTEGRATION JOINT BOARD – 26 AUGUST 2020
UPDATE ON TAYSIDE WIDE MENTAL HEALTH SERVICES
REPORT BY GAIL SMITH, INTERIM CHIEF OFFICER

ABSTRACT

This report provides the Integration Joint Board (IJB) an update on progressing the Tayside response to Trust and Respect, the Independent Inquiry into Mental Health Services and Health Improvement Scotland's (HIS) Review of Adult Community Mental Health Services in Tayside.

1. RECOMMENDATIONS

It is recommended that the Integration Joint Board:

- (i) Notes the content of this Report; and
- (ii) Request the Chief Officer to bring back an update in 6 months on the progress in developing a Tayside Mental Health and Wellbeing Strategy.

2. BACKGROUND

Since the previous report to IJB in June there have been three important developments to note;

Listen Learn Change: An Action Plan for Mental Health Services in Tayside 2020 in respect to "Trust and Respect" Independent Inquiry Report (February 2020) was submitted to the Mental Health Minister on 31 July 2020, as attached at Appendix 1

Following discussions with the Scottish Government and the Tayside Executive Partners, it was agreed that the operational responsibility for Inpatient Mental Health and Learning Disability Services, as well as the Crisis Resolution and Home Treatment Teams would transfer from being hosted within Perth and Kinross HSCP to a Directorate within NHS Tayside. This transfer is complete.

HIS Review of Adult Community Mental Health Services (appendix 2) was published on 16 July 2020.

3. CURRENT POSITION

the Interim Director for Mental Health, Kate Bell, presented information to the IJB in June, on the work that she has been leading on. Since the publication of Trust and Respect in January, the Tayside Mental Health & Wellbeing Programme has focused on the co-creation and delivery of the Listen Learn Change Action Plan and the development of the Tayside Mental Health Change Programme. Its work has involved significant stakeholder engagement with over 600 people contributing to how we can improve mental health services for those who need them and those who deliver them across the region.

In Angus a period of engagement with the Angus Mental Health and Wellbeing Network continues. Advocacy and Service User members from this Network have taken part in a number of Tayside Design Groups and scoping sessions. Bill Troup, Mental Health Lead and George Bowie, Learning Disability Lead, provide senior leadership from the Angus Health and Social Care Partnership within the Programme.

The transfer of services from Perth and Kinross HSCP to NHS Tayside will have minimal impact in Angus in the short term.

HIS carried out a review of Adult Community Mental Health Services across Tayside, from January to March 2020. It looked at community services with a particular focus on Community Mental Health Teams (CMHTs), including the North Angus and South Angus CMHTs, the Tayside Crisis Resolution and Home Treatment Team (CRHTT) based in Dundee and the Home Treatment Team (HTT) in Perth & Kinross. This involved a review of how services are planned, how teams communicate and interface with other services and most importantly, people's experience of care from accessing and using the service. The HIS Review coincided and overlapped with the final report of Trust and Respect and similar themes, concerns and areas of good practice were identified. The report contained three recommendations for immediate action, two linked to medical staffing, the third concerning variation across Tayside, a further 12 recommendations and eight areas of good practice. One area of good practice referred specifically to Angus:

CMHTs in Angus HSCP were fully integrated with local social care services and we saw good examples of effective collaboration with third sector providers to develop an inclusive primary care mental health services for the provision of "low level" interventions.

Another local initiative was included in the Review:

The Penumbra mental health charity in Arbroath supports around 1,800 adults and young people every year and works to promote mental health and wellbeing for all, prevent mental ill health for people who are 'at risk', and to support people with a range of mental health problems. It provides a wide range of services which offer hope and practical steps towards recovery throughout the Angus area.

NHS Tayside and the three Health and Social Care Partnerships in Angus, Dundee and Perth and Kinross have welcomed the Review. The Tayside Mental Health Integrated Leadership Group have agreed a plan which will incorporate almost all actions into Listen Learn Change. This will ensure there is one improvement plan with effective governance ensuring all actions are subject to the appropriate level of scrutiny.

4. FINANCIAL IMPLICATIONS

There are no financial implications arising directly from this report.

5. DIRECTIONS

The Integration Joint Board requires a mechanism to action its strategic commissioning plans and this is provided for in Section 26 to 28 of the Public Bodies (Joint Working) (Scotland) Act 2014. This mechanism takes the form of binding directions from the Integration Joint Board to one or both of Angus Council and NHS Tayside.

Direction Required to Angus Council, NHS Tayside or Both	Direction to:	
	No Direction Required	X
	Angus Council	
	NHS Tayside	
	Angus Council and NHS Tayside	

REPORT AUTHOR: Bill Troup

EMAIL DETAILS: billtroup@nhs.net

List of Appendices

Appendix 1 -LISTEN LEARN CHANGE - An Action Plan for Mental Health Services in Tayside 2020
Appendix 2- HIS Review of Tayside Adult Community Mental Health Services