

Please respect land management and other path users, take your litter home and keep your dog under proper control. For tide times please refer to www.easytide.ukho.gov.uk.

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water providing they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

Whether you're in the outdoors or managing the outdoors, the key things are to:

- **take responsibility for your own actions**
- **respect the interests of other people**
- **care for the environment.**

Visit outdooraccess-scotland.com or contact your local Scottish Natural Heritage office.

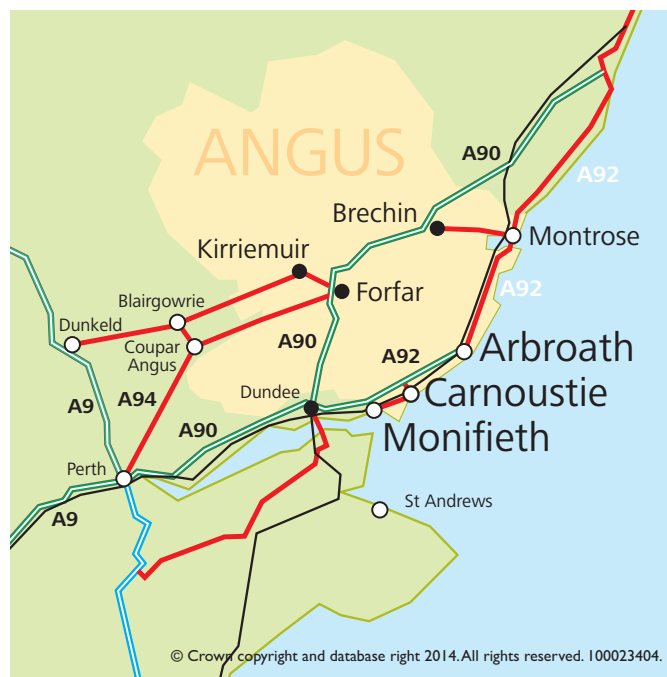


The content of this publication can be made available in alternative formats or translated into other community languages.

Leaflets are also available for path networks in other parts of Angus.

Please contact the Council's ACCESSLine on 03452 777 778 for further information

E-mail: accessline@angus.gov.uk or visit www.angus.gov.uk



Useful Information

Arbroath Visitor Information Centre

01241 872609

Arbroath Library

01241 435605

Carnoustie Library

01241 803585

Monifieth Library

01382 536777

Signal Tower Museum

01241 435329

Traveline (Public Transport Information)

www.travelinescotland.com

0871 200 22 33

www.angus.gov.uk • www.angusahead.com

Angus Council Communications 2015

Angus Coastal Path

Arbroath to Carnoustie and Monifieth



Carnoustie to Monifieth

Carnoustie to Monifieth

This route follows the main Dundee to Aberdeen railway line alongside Carnoustie Golf Links and the Barry Links military ranges.

Distance: 5 miles/8 kilometres

Approx time: 2 hours walk, 45 minutes cycle

Start: Carnoustie Seafront or Monifieth Seafront

Terrain and accessibility: The path has a smooth tarred surface. It is mostly flat, but there are a couple of gentle slopes near Monifieth.

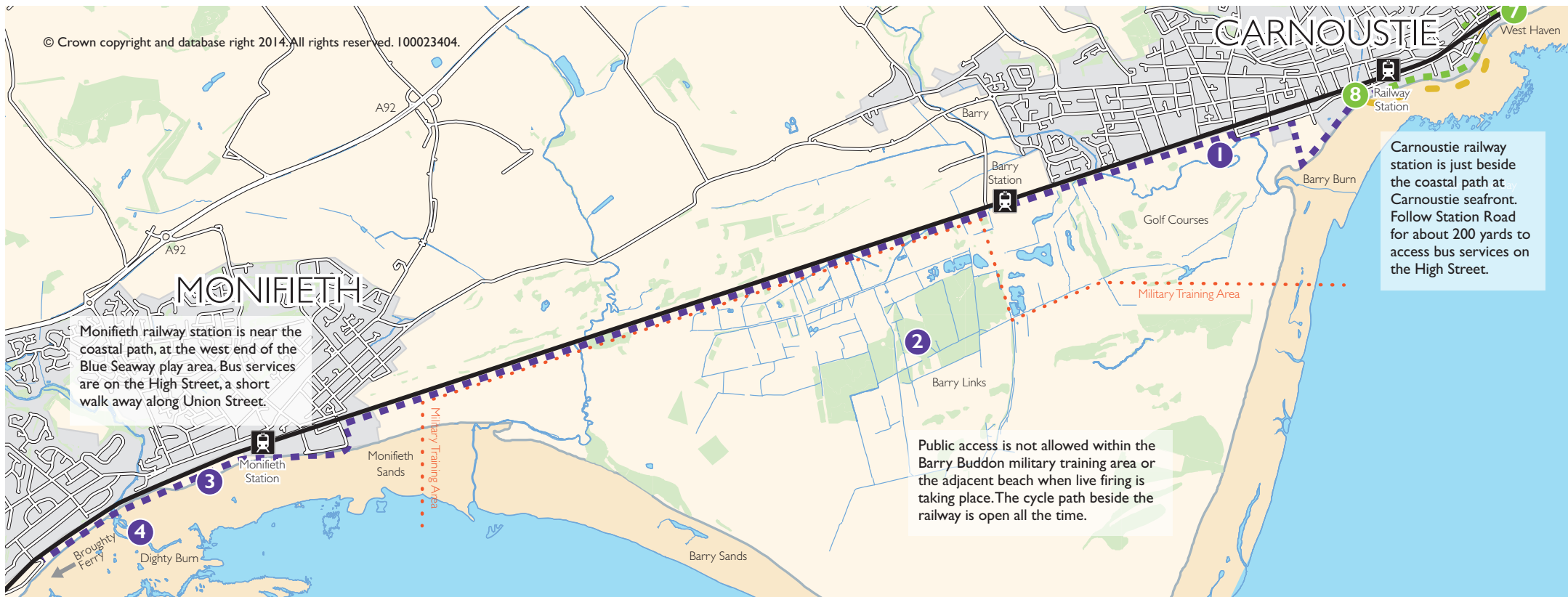
Public Transport: In both Carnoustie and Monifieth the railway station is close to the path. Bus services are a short walk away on the High Street of each town.

Other facilities: Car parking is available at Carnoustie Seafront and Monifieth Seafront. There are public toilets at Carnoustie leisure centre, Monifieth Seafront (seasonal) and Monifieth High Street.



Points of interest

- 1 The path takes you alongside the world famous Carnoustie Golf Links. Carnoustie has hosted The Open Championship on seven occasions.
- 2 Barry Links is an extensive sand dune system which has formed at the mouth of the Tay estuary. The landforms, habitats and bird populations are of European importance. It is the home of Barry Buddon military training camp, and the site of the 2014 Commonwealth Games shooting events.
- 3 The Blue Seaway children's play area and leisure facilities are located at Monifieth seafront.
- 4 The Dighty Burn has its source in the Sidlaws and winds its way through Dundee, before reaching the sea at Monifieth. In the 18th century its waters may have powered more than 50 mills.



Arbroath to Carnoustie

Arbroath to Carnoustie

This route takes in the beautiful coastal landscape between Arbroath and Carnoustie, with extensive sand dunes and beaches.

Distance: 7 miles/11 kilometres

Approx time: 3 hours walk, 1 hour cycle

Start: Arbroath harbour or Carnoustie seafront.

Terrain and accessibility: The coastal path has a firm and reasonably level surface which is suitable for walkers and cyclists of all abilities. There are a few gentle slopes, but nothing too steep.

The alternative route along the beach will be a bit more difficult underfoot and you may need to cross uneven or sloping ground to access the beach. It is best followed when the tide is out. A few places may not be accessible when the tide is high. Check the tides at www.easytide.ukho.gov.uk before you go.

Public Transport: In Arbroath the bus station and railway station are both a short walk from Arbroath harbour. In Carnoustie the railway station is close to the path, and bus services are a short walk away on the High Street. The X7 bus service to Dundee, Montrose and Aberdeen is fitted with racks to transport bikes.

Other facilities: Car parking is available at Arbroath Harbour, West Links, East Haven, West Haven and Carnoustie seafront. There are public toilets at the Arbroath Harbour visitor centre, West Links (seasonal), East Haven (seasonal), and Carnoustie leisure centre.

From Arbroath bus station turn right and follow the dual carriageway for about 400 yards. Arbroath harbour is on the left hand side. From Arbroath railway station turn left along West Port and left again onto Millgate, then right alongside the dual carriageway as above.

The beach between Arbroath and East Haven is an enjoyable and interesting alternative to the coastal path, which is best done when the tide is out. Check the tides at www.easytide.ukho.gov.uk before you go. You can access the beach near the children's play area at Arbroath West Links, beside the carpark at East Haven, and at various point in between. It may be difficult to cross the Elliot Burn without getting your feet wet, but there is a bridge a short distance inland.

Points of interest

- 1 Arbroath Harbour was a busy fishing port until relatively recently. There is still much historical interest as well as a modern marina and visitor centre. Traditional Arbroath Smokies are still made nearby in the 'Fit o' the Toon'.
- 2 The Signal Tower was built in 1813 to service the Bell Rock lighthouse, 11 miles offshore. The buildings are now a museum dedicated to the history of the lighthouse and the town's fishing and maritime heritage.
- 3 Arbroath's West Links has a children's play area and various other leisure facilities, including Scotland's oldest miniature railway.
- 4 Elliot Links is an important sand dune habitat which supports some rare plant species. Old channels of the Elliot Burn meander through the site.
- 5 This is the site of the former Dowrie Works, a bitumen manufacturing plant. The land has now been restored, but pieces of bitumen are still occasionally found on the beach.
- 6 East Haven is one of the oldest recorded fishing communities in Scotland. Fishing rights were gifted to the monks of Coupar Angus Abbey 800 years ago, in 1214.
- 7 West Haven is another old fishing community.
- 8 Sandy Sensations at Carnoustie seafront has a children's play area and various other leisure facilities.

It is possible to walk along the beach between East Haven and Carnoustie, but you will have to cross a sizeable burn at Craigmill, which involves getting wet feet! It may not be possible to cross the burn when the tide is high, and you cannot cross the railway to landwards! If you are considering walking this section check the tides at www.easytide.ukho.gov.uk. The signposted cycle path on the landward side of the railway provides easy access at all states of the tide – follow the signs from East Haven or West Haven.