

PROPOSED MENU OF PROJECTS RECOMMENDED FOR PUBLIC VOTE

Locality	Group	Project Name	Summary of proposal - taken from application form	Proceed to Ctee	Amount Applied for
Arbroath	Angus Alive	Arbroath Conversations and Connections	<p>Arbroath Conversations and Connections is a 12-month project bringing together the residents of Arbroath at the museum through use of the historic Arbroath Herald collection to spark conversations, combat social isolation and address inequalities compounded by Covid.</p> <p>The Arbroath Herald collection (c. 1950s-2000) is an important source documenting the social history of Arbroath and surrounding areas, recording local people and events. The collection contains several thousand negatives, and as with all archive collections, it is important that they are preserved into the future and digitised to increase their accessibility.</p> <p>The project would initially offer volunteering roles assisting with the digitisation of the collection, offering opportunities to develop new transferable skills and experience in the workplace. As the project progresses the collection will be used in a programme of events/activities to spark conversations with residents from deprived areas, and those living with dementia, at Signal Tower Museum. Arbroath Conversations and Connections events will take place in the underused garden and courtyard area contributing to the sustainability of the venue as a community space. It will use our collections to discuss themes around childhood, holidays, the workplace, hobbies, and a range of other experiences, and the sessions will break down the barriers experienced by residents to improve community cohesion.</p> <p>The outcome of the project will be to connect Arbroath residents of all generations and backgrounds, promote good mental health through socialising, telling stories and sharing experiences. The project legacy will be a garden space for the promotion of health and wellbeing.</p>	yes	£7,000.00
Arbroath	Angus Council Arbroath High School	Arbroath High School Extracurricular Extravaganza	<p>Arbroath High School will provide our young people with new, exciting and much needed opportunities to participate in extracurricular sport, physical activity and recreation. These opportunities will be free, inclusive to all and help address inequalities in our locality. They will be delivered by volunteer school staff, college students, senior pupils, community clubs and community volunteers. Sessions will run before school, during lunchtimes and after school. We will also actively encourage community groups and organisations to make use of the equipment to deliver community sessions at the school at evenings and weekends.</p> <p>The new opportunities that will take place in this project will be open to all S1-S6 pupils and are:</p> <p>Dance -2 sessions/week (leading into a dance festival); Parkour-2 sessions/week Table Tennis -2 sessions/week; Skateboarding 1 session/week; Hoverboard/Go Karting-1 session/week; Mindfulness/Yoga-2 sessions/week</p> <p>These sessions will run from December 2021-June 2022 inclusive, and will continue thereafter as part of our extracurricular programme. Our project aims to remove barriers to participation and create new opportunities for young people to improve their mental, emotional, physical and social wellbeing. Our activities are inclusive to all, however, we have consulted with currently inactive young people who have identified the above activities as more recreational activities that they will attend, with some sessions being girls only. We will also invite Primary 7 pupils across the cluster to participate in the clubs from March 2022 to aid in their transition to High School.</p> <p>As more people are using the beach for leisure, recreational and health benefits there is currently a lack of provision for fresh water facility for foot washing and dog water at the slip way.</p> <p>This small but essential project would ensure that clean water is available</p>	yes	£12,700.00
Arbroath	Angus Council Environmental Services	Arbroath Beach Tap Resource	<p>As more people are using the beach for leisure, recreational and health benefits there is currently a lack of provision for fresh water facility for foot washing and dog water at the slip way.</p> <p>This small but essential project would ensure that clean water is available</p>	yes	£3,500.00
Arbroath	Angus Council - Arbroath High School	Arbroath High Barista Project	<p>We aim to introduce a new and exciting Barista Project, which is a school-based hot drinks social enterprise involving staff and pupils within our school. Approximately 24 pupils will be recruited and supported by 3 members of staff to run a hot drinks enterprise, providing a service before, during and after school. They will also volunteer on a rota basis to provide a service for parent evenings and at school events, with the aim of becoming mobile for community engagement events.</p> <p>The aim of this project is to introduce young people to enterprise whilst developing their confidence, communication, leadership and customer service skills, whilst allowing pupils to gain valuable practical hospitality experience.</p> <p>Pupils will work as part of a team and gain key transferrable skills that will equip them for the world of work and enterprise, whilst gaining qualifications along the way. They will run a profitable social enterprise, as well as engaging in fundraising events to support various charities.</p> <p>Pupils and staff will gain an SQA Level 5 Barista qualification, SCQF Level 5/6 Young STEM Leader Qualification, SQA Customer Service Unit and Saltire Awards as part of the project. We aim to link with both Dundee and Angus College and local businesses to help provide support for pupils and a pathway into employment.</p> <p>Our pilot project will run from 1st December 2021 until 30th June 2022 initially, with all financial commitments, including start-up costs, equipment completed by 31st March 2022</p>	yes	£7,080.00
Arbroath	Strathmore Community rugby Trust	Autism Friendly Delivery Training:	<p>Autism Friendly Community Training: On the back of our successful Autism Friendly Rugby programme (running in Forfar and Brechin) we have created an autism friendly training programme for other organisations. The training programme provides and understanding of autism as well as tools and resources for delivering tailored programmes of work for young people with autism. We have had a number of organisations across the community request training in this area. Each training course can facilitate 6 organisations with space for 2 people from each organisation.</p> <p>Autism Friendly Rugby Taster Sessions. Our Autism Friendly Rugby programme runs out of Brechin and Forfar. The programme caters for young people 5-12 years old with a diagnosis of autism and delivers sessions once a week in each area. The programme is fully funded and is delivered at no cost to the participant. We wish to promote our AFR programme in schools across Angus to ensure we have as much community impact as possible. This is especially relevant in recovering from Covid as young people with autism have been particularly affected by the recurring lockdowns. We wish to promote our sessions across Angus to re-engage our young people with autism back into the community. Arbroath: Provide 3 training courses across the year & Provide 4 taster sessions for Autism Friendly Rugby in each school with an ASN</p>	yes	£5,140.00

Arbroath	Skilz Academy	Skilz Arbroath Community Astro turf Facility	<p>Skilz Academy have secured an 11-a-side sand based astroturf, with floodlights and secure fencing on a 99-year lease at Arbroath Sports Centre. The facility is currently deemed unsafe and dangerous, and in need of a replacement and upgrade to 3G. Arbroath has the largest population in Angus (31,898) and is currently the only town in Angus that doesn't have this type of facility where the community can access a safe floodlight area for sport and physical activity. This is a major problem in the darker months where a lot of clubs and groups have to stop training due to limited indoor facility alternatives. This facility will be an asset that will be open to and benefit the whole community of Arbroath and surrounding rural areas and will be utilized 7 days per week 8.00am-10.00pm.</p> <p>The facility will enable the following :-Local schools (Physical education and school sport competition); Active Schools extracurricular programme (weekdays 8.00-9.00am, 1.20.2.10pm and 4.00-5.00pm; Community Sports Clubs; Dundee and Angus College sports participation and competition; Friday Night project for 200 young people aged 6-18 years old; Coach education courses from National Governing Bodies to support volunteering and employability opportunities; Casual useage from the general public; Specific Angus Alive programmes such as Cardiac Rehabilitation, GP Referral, Cancer recovery and over 50s social clubs; Holiday Programmes targeting young people and families living in poverty; Targeted free Partnership Programmes (Focus on Mental Health, Disability, Poverty, Social Inclusion, Health and Wellbeing)</p>	yes	£25,000.00
Arbroath	ANGUSAlive - Children & Families	Funded memberships for low income families	<p>We propose to use this fund to offer discounted membership for children and families who have very low income and currently could not afford these. The proposal is that a membership costing £10 per month per person would be available on referral from welfare rights/schools ensuring that those on very low income(in receipt of Council Tax Reduction for example) can access sports, leisure and classes. We are aware that very few children and families from very low income families are currently able to access our services. This initiative will help to reduce child poverty and improve accessibility to sport and leisure for those on very low incomes. There is evidence to support that sport and physical activity are proven to improve mental health and wellbeing.</p> <p>We had funding for this from another source for two months this summer, and it was of great benefit to children and families who otherwise would be unable to access our programmes due to the cost being out with their means</p>	yes	£6,000.00
Arbroath	ANGUSAlive	Sensational Sensory	<p>To create a fully inclusive sensory library environment for all to enjoy and benefit from. Arbroath Library will have a dedicated interactive sensory area.</p> <p>To support the health & wellbeing, learning and cultural needs of children and adults with autism, dementia and other sensory impairment conditions, as well as offering a calming environment for those who suffer from stress and anxiety or just need a place to relax.</p> <p>To provide a dedicated and varied programme of events and activities.</p> <p>To promote and educate awareness and inclusion to the wider community</p> <p>To provide education and support to families, parents and carers, with our partners in Angus Health & Social Care Partnership we will design & deliver learning courses. Provide specialist training to all staff and selected volunteers</p> <p>To build on the specialist children's staff we already employ to extend our offering of activities for adults and children to be an all-inclusive experience</p> <p>To be able to offer the facility through a booking system for small groups to enjoy</p> <p>By making library space, support and activities available to respond to the particular social and learning needs of individuals requiring support in our communities we will be working with professional partners to tackle the problems of social isolation and contribute to their ability to be involved in local life and activities thus improving mental wellbeing and feelings of self-worth.</p> <p>Through the above we would meet ANGUSAlive's mission, which is to have a clear focus on customer service excellence and continuous improvement, our engaged workforce will deliver innovative services providing opportunities for all people to connect with the richness of activity available in Angus.</p>	yes	£10,544.00
Arbroath	ANGUSAlive Community Sports Hubs	Angus Youth Development Programme	<p>Angus Community Sports Hubs are developing a youth development programme based around sport. The programme will consist of four phases: Young Peoples Sports Forum, Young Volunteer Programme, Development Opportunities & Employment Opportunities. The programme will be available for Angus Residents aged 14 – 20 years old. The programme will be free to all those participating whilst focusing on gaining valuable experience and qualification for young people across Angus, allowing us to develop a future skilled work force in sport.</p> <p>The Youth Development programme is to give young people an opportunity to build and develop life – long skills, as well as providing the community and clubs with a pool of highly skilled volunteers and to create employment opportunities across Angus whilst aiding the recovery of clubs and organisations post COVID.</p> <p>The Angus Youth Development Programme will:</p> <ol style="list-style-type: none"> 1.Up-skill young people across Angus to deliver a variety of programmes within Schools, Colleges, Clubs, Community Sports Hubs & ANGUSAlive Facilities. 2.Provide pathways for young people to progress in school & further education across a variety of disciplines. 3.Work in partnership with D&A College, Active Schools, Clubs & Community Organisations to create a pool of Volunteer opportunities for young people within Angus. 4.Provide young people in Angus with support & the opportunity to apply to become a panel member on Sports Scotland's Young Peoples Sports Panel, 5.Ensure young people with Angus become sporting champions within the local community and promote the benefits of a Healthy, Active, and Creative Lifestyle. 	yes	£7,500.00
TOTAL AMOUNT FUNDING APPLIED FOR : ARBROATH					£84,464.00
Brechin/Montr ose	Cathedral Boxing Club	Holiday Clubs	<p>Our idea is to run holiday clubs during school holidays, keeping the kids active and engaged and taking some pressure off working parents to find suitable childcare. The day will include a variety of activities from boxing, fitness, games, arts & crafts and quizzes to name a few. By running these holiday clubs we hope to encourage new friendships & improve overall physical & mental health & build up their confidence again. The last 18+ months has been hard on everyone but a lot of children have been completely isolated and many have struggled to get back into a "normal" life</p>	yes	£2,200.00

Brechin/Montrose	Strathmore Community Rugby Trust	Autism Friendly Delivery Training:	<p>Autism Friendly Community Training: On the back of our successful Autism Friendly Rugby programme (running in Forfar and Brechin) we have created an autism friendly training programme for other organisations. The training programme provides and understanding of autism as well as tools and resources for delivering tailored programmes of work for young people with autism. We have had a number of organisations across the community request training in this area. Each training course can facilitate 6 organisations with space for 2 people from each organisation.</p> <p>Autism Friendly Rugby Taster Sessions. Our Autism Friendly Rugby programme runs out of Brechin and Forfar. The programme caters for young people 5-12 years old with a diagnosis of autism and delivers sessions once a week in each area. The programme is fully funded and is delivered at no cost to the participant. We wish to promote our AFR programme in schools across Angus to ensure we have as much community impact as possible. This is especially relevant in recovering from Covid as young people with autism have been particularly affected by the recurring lockdowns. We wish to promote our sessions across Angus to re-engage our young people with autism back into the community.</p> <p>Montrose and Brechin: Provide 2 training courses in each borough (4 courses total). Provide 4 taster sessions for Autism Friendly Rugby in each school with an ASN base (2 schools so 8 sessions in total).</p>	yes	£6,640.00
Brechin/Montrose	Maisendieu Parent Voice	Maisendieu: Early Years Outdoor Area	<p>Our Goal at Maisendieu is to develop an inspiring outdoor learning environment for our children to play in and enjoy. We aim to create a high quality space for them to build on their prior knowledge and existing skills by exploring their natural world independently. They will be encouraged to try new things, take opportunities and in turn this will have a positive impact on their health and wellbeing. We hope to be able to access all areas of the curriculum using a combination of resources and materials suitable for an outdoor area. Our vision includes the creation of:</p> <p>a mud kitchen; water and sand area; literacy shed; role play zone with stage; construction area; musical space; den building and planting area; smallworld play area; mark making station; loose parts collection</p>	yes	£2,500.00
Brechin/Montrose	ANGUSAlive	Sensational Sensory	<p>To create a fully inclusive sensory library environment for all to enjoy and benefit from. Montrose Library will have a dedicated visual impairment sensory area. To support the health & wellbeing, learning and cultural needs of children and adults with autism, dementia and other sensory impairment conditions, as well as offering a calming environment for those who suffer from stress and anxiety or just need a place to relax.</p> <p>To provide a dedicated and varied programme of events and activities.</p> <p>To promote and educate awareness and inclusion to the wider community</p> <p>To provide education and support to families, parents and carers, with our partners in Angus Health & Social Care Partnership we will design & deliver learning courses. Provide specialist training to all staff and selected volunteers</p> <p>To build on the specialist children's staff we already employ to extend our offering of activities for adults and children to be an all-inclusive experience</p> <p>To be able to offer the facility through a booking system for small groups to enjoy</p> <p>By making library space, support and activities available to respond to the particular social and learning needs of individuals requiring support in our communities we will be working with professional partners to tackle the problems of social isolation and contribute to their ability to be involved in local life and activities thus improving mental wellbeing and feelings of self-worth.</p> <p>Through the above we would meet ANGUSAlive's mission, which is to have a clear focus on customer service excellence and continuous improvement, our engaged workforce will deliver innovative services providing opportunities for all people to connect with the richness of activity available in Angus.</p>	yes	£10,544.00
Brechin/Montrose	Lochside Primary School	Library Renewal	<p>Lochside Primary identified improvement plan is to improve reading across the school, linked to gaps in learning caused by Covid-19.</p> <p>We would like to improve our old library and lending service to families by adding an infant library and adding new books to our existing school library to create reading corners in classrooms.</p> <p>We have a wide socio-economic gap, many of our learners do not have access to reading materials at home. In addition, we are a specifically resourced school for children with additional support needs and would like to up-date our reading resources to reflect the diversity within our school community.</p> <p>This would enable us to send engaging books home with every pupil. Our Pupil Learning Council will be leading this initiative along with 2 Class Teachers and parent/carer library volunteers. We have begun partnership working with Community Learning and Development (CLD) and look forward to partnership working with our local library.</p>	yes	£5,000.00
Brechin/Montrose	Montrose YMCA	Virtual Reality	<p>Montrose YMCA have rebranded their HQ as the Montrose Community Hub. This better represents the extensive range of activities that are on offer for all ages, needs and interests.</p> <p>For children and young people that have been adversely affected by the pandemic, we wish to support their recovery through the offering of a new, exciting, inspirational and educational activity.</p> <p>Many of our children and young people continue to demonstrate social anxiety, low confidence and for some, a real lack of educational attainment.</p> <p>Our VIRTUAL REALITY project will provide children and young people with opportunities to enjoy and benefit from the use of state of the art equipment, participating in activities that are both fun and educational.</p> <p>Our Virtual Reality (VR) workshops will bring equipment and activities more often seen in cities to those living in our small community.</p>	yes	£8,000.00
Brechin/Montrose	Brechin High School	Community Supported Agriculture	<p>The project is a Community Supported Agriculture .The project has evolved through knowledge learnt during locked of families not having enough food and the requirement for fresh produce The aim is to link the community through initially, the primary and secondary schools in Brechin along with interested adults and Community Learning to develop skills in growing fruit and vegetables and also develop areas within the town for growing crops. There are no other projects in Scotland where school students are involved in this type of project. As the project grows we would hope the community would become involved by volunteering at the sites and would be able to harvest fruit and veg for themselves. Further down the line the hope would be to have the fruit and veg cooked and meals produce for anyone to come and sit and enjoy having some company while having a meal. The aim would be to have a sustainable Brechin where we can produce crops, provide Social Prescribing and go some way to help with employment.</p>	yes	£7,750.00

Brechin/Montrose	Skilz Academy	Free Glow in the Dark Sport and Physical Activity for the Brechin and Montrose Community	Skilz Academy will provide a range of free and inclusive 'Glow in the Dark' sport and physical activity sessions young people aged 7-16 years old within Brechin and Montrose. Sessions will include a wide range of recreational activities such as dance, netball, football, basketball, team games, racket sports, zumba, yoga, touch rugby, dodgeball and many more. We have delivered taster sessions to schools within Brechin and Montrose previously and feedback and consultation with young people and partners has been very positive, and the demand for more activity has been extremely high. Through these consultations we have identified a clear need to overcome barriers to participation in sport and physical activity in young people during the evenings. There is a strong demand for free, recreational activity during the evenings to: - Increase health and wellbeing opportunities during the evenings for young people; Reduce barriers to participation with cost, confidence and lack of this type of opportunity being identified as common problems; Provide additional activities such as arts and crafts, Djing and have partnership agencies there to support our young people and help foster social connections and friendships; Glow in the Dark multi-sport and physical activity programme sessions will take place in a local primary school.	yes	£8,940.00
Brechin/Montrose	Brechin Health Care Group	Beat the Street Brechin	Beat the Street is a national initiative to help promote active travel through a game. The game is a series of boxes which are placed strategically in the town and people use fobs or cards to register the fact that they have been there. If they register at 2 boxes within a certain time then that earns a credit and towards a total which can be used to build a team competition to see how many credits they can get within the specified time. There are rules which prevent gaming the game. The whole idea is that the game encourages people esp young people to travel actively about the town and therefore to exercise	yes	£17,000.00
Brechin/Montrose	ANGUS Alive Community Sports Hubs	Angus Youth Development Programme	Angus Community Sports Hubs are developing a youth development programme based around sport. The programme will consist of four phases: Young Peoples Sports Forum, Young Volunteer Programme, Development Opportunities & Employment Opportunities. The programme will be available for Angus Residents aged 14 – 20 years old. The programme will be free to all those participating whilst focusing on gaining valuable experience and qualification for young people across Angus, allowing us to develop a future skilled work force in sport. The Youth Development programme is to give young people an opportunity to build and develop life – long skills, as well as providing the community and clubs with a pool of highly skilled volunteers and to create employment opportunities across Angus whilst aiding the recovery of clubs and organisations post COVID. The Angus Youth Development Programme will: 1.Up-skill young people across Angus to deliver a variety of programmes within Schools, Colleges, Clubs, Community Sports Hubs & ANGUS Alive Facilities. 2.Provide pathways for young people to progress in school & further education across a variety of disciplines. 3.Work in partnership with D&A College, Active Schools, Clubs & Community Organisations to create a pool of Volunteer opportunities for young people within Angus. 4.provide young people in Angus with support & the opportunity to apply to become a panel member on Sports Scotland's Young Peoples Sports Panel, 5.Ensure young people with Angus become sporting champions within the local community and promote the benefits of a Healthy, Active, and Creative Lifestyle.	yes	£7,500.00
Brechin/Montrose	ANGUS Alive - Children & Families	Funded memberships for low income families	The proposal is that a membership costing £10 per month per person would be available on referral from welfare rights/schools ensuring that those on very low income (in receipt of Council Tax Reduction for example) can access sports, leisure and classes. We are aware that very few children and families from very low income families are currently able to access our services. This initiative will help to reduce child poverty and improve accessibility to sport and leisure for those on very low incomes. There is evidence to support that sport and physical activity are proven to improve mental health and wellbeing. We had funding for this from another source for two months this summer, and it was of great benefit to children and families who otherwise would be unable to access	yes	£12,000.00
TOTAL AMOUNT FUNDING APPLIED FOR : BRECHIN / MONTROSE					£88,074.00
CM&S	Carnoustie Golf Links	Redevelopment of the Nestie Course - Carnoustie Golf Links' Free to Play community golf course	The Nestie is Carnoustie Golf Links' 5-hole developmental golf course that is located next to the first tee of The Championship Course and provides a 'free to play' facility that all of the community in Angus can enjoy. The course is utilised by people of all ages and abilities and allows families and friends to come together in a beautiful green-space setting. It also gives aspiring local golfers an opportunity to begin their journey in the game and enjoy the health and well-being benefits of golf. However, due to the popularity of the facility, the small teeing areas suffer from wear and tear and to improve the aesthetics, playability and longevity of the course, we would like to re-develop some areas of the facility and install large astroturf teeing areas across the existing teeing grounds. This would make the course more user friendly, reduce the amount of man power required to maintain this area and ultimately make it more sustainable for future generations to enjoy	yes	£3,600.00
CM&S	Top Coat Nail Gallery	Top Coat Nail Gallery Nail Bar	Top Coat Nail Gallery is a nail bar located at Monifieth High School as part of our DYW wider achievement curriculum. The project was formed in order to try to offer pupils within the school with a subject involving the beauty industry which previously was not available. Top Coat Nail Gallery also aims to encourage pupils to attend school and also learn new invaluable skills both as a nail technician and also how to run the nail bar as a business. This is an inclusive group and includes pupils with additional support needs. Top Coat Nail Gallery is open to both girls and boys age S3 and up with junior pupils working to achieve their Young Stem Leader Award and senior pupils working towards an NPA in Manicure and Pedicure. Although the pupils began to learn manicure skills last year, we have yet to be able to start fully running Top Coat as a project due to the restrictions in place because of COVID-19. We aim to run the nail bar following a social enterprise model, with all profits being reinvested back into the nail bar so that we can buy more supplies and train more pupils the following year. COVID-19 has significantly reduced the opportunity for the group to begin to raise funds from offering their services to the public so funding to help support this going forward would help keep the project afloat and give more pupils the opportunity to participate in this exciting new course	yes	£1,000.00
CM&S	Joseph Murray Memorial Hall Lundie	Upgrading of Car Park with bicycle rack provision	The Joseph Murray Memorial Hall, i.e. Lundie Village Hall, is in a rural location and provides for local community activities, meetings of the local WRI and activities such as Pilates. Ensuring that the volunteer run hall is served by a safe car park will encourage the local residents to make maximum use of Lundie Hall.	yes	TBC

CM&S	Young Engineers Group	Virtual Reality Experience	<p>Due to Covid, we have been unable to take young people to experience Engineering Projects and real life workplaces in all aspects of the curriculum. This projects provides the opportunity to meet these needs in the Virtual World, reducing the need to pay for trips and transport, but still allowing liaison with businesses and partners in a Virtual Setting. We have established a working partnership with VR Expert and Abertay University to support us driving this forward.</p> <p>Once our Young Engineers and Young STEM Leaders become familiar with the equipment and software, we intend to allow them to lead this opportunity to all the departments around school, particularly our Developing the Young Workforce initiatives, so that young people can experience real life workplace environments virtually. This use of digital technology can broaden the career pathways of our young people and make this opportunity available to all, braking down gender stereotypes to promote STEM in an engaging, immersive environment.</p> <p>Covid permitting, we will also open this opportunity to our community, allowing primary schools to book our Young STEM Leaders to come and deliver the experience. We also plan to work with community groups such as the Men's Shed, and make this experience available on Open Days, Christmas Fair etc.</p>	yes	£16,880.00
CM&S	AC Monifieth High School	Monifieth High Health and Wellbeing Opportunities	<p>Our Health and Wellbeing project aims to provide our young people with new exciting and much needed opportunities to participate in extracurricular sport, physical activity and recreation. These opportunities will be free, inclusive to all and help address inequalities in our locality. Monifieth High a have a successful track record of providing our pupils with a range of extracurricular opportunities before, at lunchtime and after school in a safe and supportive environment. All of our activities are ran voluntarily by school staff, pupils, club coaches and community volunteers. We will purchase equipment and provide coach education opportunities for pupils to help us create new extracurricular clubs our pupils have identified through consultation. We also aim to recruit, support and mentor new senior pupils to help lead clubs, supporting them on a volunteering and employability pathway. The new opportunities that will take place in this project are: Dance 3 sessions per week; Indoor Cycling 2 sessions per week; Volleyball 2 sessions per week; Basketball 2 sessions per week; Cheerleading 1 session per week; Outdoor Cycling 2 sessions per week. These sessions will run from December 2021-June 2022 inclusive, and will continue thereafter as part of our extracurricular programme.</p> <p>Our project aims to remove barriers to participation and create new opportunities for young people to improve their mental, emotional, physical and social wellbeing. We will also invite Primary 7 pupils across the cluster to participate in the clubs from February 2022 to aid in their transition to High School.</p>	yes	£17,510.00
CM&S	Skilz Academy	Free Glow in the Dark Sport and Physical Activity for the Carnoustie, Monifieth Community	<p>Skilz Academy will provide a range of free and inclusive 'Glow in the Dark' sport and physical activity sessions young people aged 7-16 years old within Carnoustie and Monifieth. Sessions will include a wide range of recreational activities such as dance, netball, football, basketball, team games, racket sports, zumba, yoga, touch rugby, dodgeball and many more. We have delivered taster sessions to schools within Carnoustie and Monifieth previously and feedback and consultation with young people and partners has been very positive, and the demand for more activity has been extremely high. Through these consultations we have identified a clear need to overcome barriers to participation in sport and physical activity in young people during the evenings.</p> <p>There is a strong demand for free, recreational activity during the evenings to:</p> <ul style="list-style-type: none"> - Increase health and wellbeing opportunities during the evenings for young people - Reduce barriers to participation with cost, confidence and lack of this type of opportunity being identified as common problems. - Provide additional activities such as arts and crafts, Djing and have partnership agencies there to support our young people and help foster social connections and friendships. <p>Glow in the Dark multi-sport and physical activity programme sessions will take place in a local primary school.</p>	yes	£8,940.00
CM&S	Strathmore Community Rugby Trust	Autism Friendly Delivery Training:	<p>Autism Friendly Community Training: On the back of our successful Autism Friendly Rugby programme (running in Forfar and Brechin) we have created an autism friendly training programme for other organisations. The training programme provides and understanding of autism as well as tools and resources for delivering tailored programmes of work for young people with autism. We have had a number of organisations across the community request training in this area. Each training course can facilitate 6 organisations with space for 2 people from each organisation.</p> <p>Autism Friendly Rugby Taster Sessions. Our Autism Friendly Rugby programme runs out of Brechin and Forfar. The programme caters for young people 5-12 years old with a diagnosis of autism and delivers sessions once a week in each area. The programme is fully funded and is delivered at no cost to the participant. We wish to promote our AFR programme in schools across Angus to ensure we have as much community impact as possible. This is especially relevant in recovering from Covid as young people with autism have been particularly affected by the recurring lockdowns. We wish to promote our sessions across Angus to re-engage our young people with autism back into the community.</p> <p>Carnoustie: Provide 1 training course; Provide 4 taster sessions in the ASN primary school</p>	yes	£1,820.00
CM&S	Muirhead Birkhill & Liff Com council	Open Air Gym and Jogging Track (addition to existing Village Park) Phase one - Outdoor Fitness Equipment with soft landing areas; Phase two - Jogging Track round perimeter	<p>Part of the residue of the COVID restrictions that have taken place is that many people have a desire to improve their fitness levels, which in turn will decrease the load on the NHS. The addition of Outdoor Fitness Equipment and Jogging Track to the local park will facilitate this</p> <p>6 Pieces of Equipment certified to EN16630 standard with Instructions for Use Board and with Soft Landing Areas around each piece</p> <p>Air Skier ; The Rider; Seated Leg Press; Leg Lift Station; Push Up & Dip Station; Self Weighted Rower Facility Sign EN 16630 Compliant.</p> <p>One Jogging Track (500 metres long by 1.2 metres wide) round the perimeter of the Park which can also be used by parents with prams and dog walkers.</p>	yes	£49,985.24

CM&S	Grange Primary School	Monifieth Community Play Space	Our extensive schools grounds offer an opportunity for us to invite our local community in to explore, play, and imagine with us, helping us to work together to improve the wellbeing of all. As the resourced school for the Monifieth and Sidlaw areas we are increasingly aware that across our community there is a need for more accessible and inclusive spaces for all children. This project would provide a free community space for all families and especially those who are under the most pressures, to play and enjoy family time together. Having a play space on your doorstep that welcomes all ages, cultures and socio-economic backgrounds into a familiar environment where people can mix and socialise will promote equality and inclusion across our community. The school grounds could be made accessible in evenings and at weekends to ensure they are at the heart of the community and could be used to host organised events for youth and community groups. The children have already generated initial ideas and they are keen to consult with the wider community to ensure that our community play space appeals to everyone. Their initial ideas include amphitheatre seating built into the banking for viewing events, a reclaimed wooden castle for imaginative play, loose parts plays to encourage dads and grandads to get involved, sports areas, a community garden, forest play and forest reading cabin. The possibilities are endless and this could become a truly inspiring and unique community play space.	yes	£47,000.00
CM&S	Sidlaw View Residents Association	Replacement Playpark	The Sidlaw View Residents Association manage the amenities, including a park and playpark, on the Sidlaw View Estate on behalf of the 79 households. Each household pays an annual fee to the Committee to enable it to do that. Amenities are open to the public with no charge. The Local Authority will not adopt the amenities which are available 7 days per week. The playpark is reaching its end of life, the play surface has shrunk and cracked and the playpark provides very basic potential for play. It floods during heavy rain. It was not designed to be socially inclusive and hence wheelchair users cannot use it. There are many young people from adjoining Birkhill and Muirhead villages who regularly use the playpark as well as local schoolchildren taking a break from their cycling proficiency practice or Nursery Schoolchildren on an outing. There is huge potential for the playpark and it is our wish to provide a playpark that is totally inclusive to all individuals within our wider community and encourages children from toddlers to teenagers to go outside, mix together and actively play together. We intend to employ experienced contractors who have huge experience working with Local Authorities so that the work is completed to a proper standard.	yes	£62,000.00
CM&S	ANGUSAlive Community Sports Hubs	Angus Youth Development Programme	Angus Community Sports Hubs are developing a youth development programme based around sport. The programme will consist of four phases: Young Peoples Sports Forum, Young Volunteer Programme, Development Opportunities & Employment Opportunities. The programme will be available for Angus Residents aged 14 – 20 years old. The programme will be free to all those participating whilst focusing on gaining valuable experience and qualification for young people across Angus, allowing us to develop a future skilled work force in sport. The Youth Development programme is to give young people an opportunity to build and develop life – long skills, as well as providing the community and clubs with a pool of highly skilled volunteers and to create employment opportunities across Angus whilst aiding the recovery of clubs and organisations post COVID. The Angus Youth Development Programme will: 1.Up-skill young people across Angus to deliver a variety of programmes within Schools, Colleges, Clubs, Community Sports Hubs & ANGUSAlive Facilities. 2.Provide pathways for young people to progress in school & further education across a variety of disciplines. 3.Work in partnership with D&A College, Active Schools, Clubs & Community Organisations to create a pool of Volunteer opportunities for young people within Angus. 4.Provide young people in Angus with support & the opportunity to apply to become a panel member on Sports Scotland's Young Peoples Sports Panel, 5.Ensure young people with Angus become sporting champions within the local community and promote the benefits of a Healthy, Active, and Creative Lifestyle.	yes	£7,500.00
CM&S	Monifieth High School	Duke of Edinburgh's Award Group Covid Recovery	MHS DofE Award Group offers many opportunities and experiences to young people, which allows them to develop skills, build relationships, increase confidence, independence and resilience and gain valuable life experience through the delivery of Bronze, Silver and Gold Awards. Being outside in the fresh air, learning new skills and working with others is proven to help mental health. Due to Covid, all expeditions for our 160 participants have been cancelled. Completing these expeditions is crucial in getting young people back outdoors, improving social skills, physical fitness and improving mental health, as well as allowing pupils to complete the Awards that they previously started and should be allowed to finish. Covid has caused many barriers to these expeditions taking place, that would not have been the case prior to the pandemic. Many families now can't afford the costs involved, leaving pupils without this enriching experience and respected Award. Also, some DofE leaders are no longer able to take part due to changes in their circumstances, thus expeditions and training cannot go ahead. The Award is recognised, respected and desired; however, pupils are leaving school without the opportunity to complete it with their peers and others have not had the chance to start the award or move on to the next level due to the backlog caused by Covid. Grant funding would support the cost of hiring an AAP to run these expeditions, allowing participants to complete their Awards and allowing us to restart the delivery of the Award to new participants.	yes	£15,000.00
CM&S	ANGUSAlive - Children & Families	Funded memberships for low income families	We propose to use this fund to offer discounted membership for children and families who have very low income and currently could not afford these. The proposal is that a membership costing £10 per month per person would be available on referral from welfare rights/schools ensuring that those on very low income (in receipt of Council Tax Reduction for example) can access sports, leisure and classes. We are aware that very few children and families from very low income families are currently able to access our services. This initiative will help to reduce child poverty and improve accessibility to sport and leisure for those on very low incomes. There is evidence to support that sport and physical activity are proven to improve mental health and wellbeing. We had funding for this from another source for two months this summer, and it was of great benefit to children and families who otherwise would be unable to access our programmes due to the cost being out with their means,	yes	£12,000.00

CM&S	Yoga Space Angus	Yoga for health	The 'Yoga for Healthy Lower Backs' (YHLB) programme is a specialised, strongly evidence-based (Arthritis Research UK/University of York), gentle and enjoyable mind-body course for musculoskeletal issues, decreased pain perception and mental well-being. This 12 class course taught by an experienced and registered yoga teacher is suitable for beginners and empowers people to help themselves to improved long-term health and well-being. YHLB provides a long-term/life-long self management toolkit, in the form of evidence-based Resources Pack**, including a 144 page book, four track relaxation CD/digital download, five home practice sheets with sequences of yoga poses, a pain relieving poses sheet and information about what the course is and can offer, plus education about how yoga can help. Patients become students as they are empowered to improve their comfort, health and well-being. The weekly classes encourage life-long behavioural change and promotes the integration of yoga skills:Relieve pain and lesson frequency and intensity of painful episodes of back pain; Improve flexibility, strength, mobility, balance, concentration and movement; Relieve mental tension; Incorporate gentle, basic yoga and de-stressing techniques within daily life; Improve postural awareness and breathing; Practice mindfulness and relaxation skills; Practice yoga every day at home to maintain health.The YHLB programme is user-friendly and will be taught in community venues and also offered through an online platform such as Zoom. ** Participants purchase the Resource Pack (£48.99 + £5 PP) from the YHLB (not for profit) Social Enterprise prior to attending the course. The evidence-based research shows this encourages commitment to the complete course.	yes	£2,120.00
CM&S	Carnoustie Schools	Family Support Worker for Carnoustie Primary Schools	Carnoustie primary schools would like to employ a full time Family Support Worker to offer emotional and practical support to families within the community in order to provide improved health and wellbeing for the children of Carnoustie. We envision a family support worker supporting families through one to one support in the home as well as groups which would provide a network of support to families. Support would be dependent on the current needs of the community and would focus on a range of topics including additional support needs, mental health, healthy eating, physical activity, budgeting, parent interactions, attachment and supporting parents to promote children's social, emotional and academic development. Links to current local services would also be vital and the Family Support Worker would signpost services and provide a link between families and services.	yes	£38,400.00
TOTAL AMOUNT FUNDING APPLIED FOR : CARNOUSTIE, MONIFIETH & SIDLAW					£283,755.24
Forfar/Kirrie	DD8 Music Group	Closing the Gap - Owning Music	Addressing social inequalities this Project will look to engage with young people in Forfar and Kirriemuir who through rural disadvantages and economic disadvantages may have barriers to engaging in Musical activities or exploring their Musical talent. Ownership of a musical instrument is an immediate barrier to a young person's progression and interests in music. Through a 12-week programme 2 groups will be created – 1 in Kirriemuir and 1 in Forfar equating to 24 total sessions. This project will introduce a variety of opportunities for young people to explore their musical creativity and subsequently allow them the choice of focussing on a personally chosen instrument. The project will then provide group tuition balanced with a person-centred development of skills in their chosen instrument, culminating by project end - the ownership of that instrument being transferred to the young person. Upon completion the young person will have explored numerous musical instruments – made a personal choice for further exploration and had the physical ownership barrier removed – allowing for further personal development and exploration of the individuals creativity and social activities and inclusion post project.	yes	£7,075.00
Forfar/Kirrie	Whitehills Primary School	Outdoor Learning Spaces at Whitehills	As part of our 3 year strategic plan we have been looking at how effectively our outdoor spaces are organised to support engaging play. Due to Covid we recognise the importance of using the outdoor spaces more effectively to enhance learning and teaching too. Health and wellbeing is also a core focus for us within our School Improvement Plan and we recognise the direct link between outdoor learning and positive mental wellbeing. We want to ensure there is a culture of inclusion, participation and positive relationships in our playground, as well as respect for our outdoor environment and an appreciation of nature and sustainability. This will help equip children with vital skills to operate as responsible citizens in our society. During Covid not all of our children had access to Outdoor spaces and so we want to ensure they have this opportunity in school. We would therefore like to: <ul style="list-style-type: none"> •build a new activity trail to enhance children's opportunities to gain confidence and manage risk in a safe and secure way •provide more outdoor learning sessions for our classes with Alba Explorers to become emotionally resilient, physically active and approach risk objectively •Provide staff training to ensure sustainability for the future •Maximise our school ground space for the development of dedicated outdoor learning areas e.g. poly-tunnels, minibeast area 	yes	£22,000.00
Forfar/Kirrie	Angus Upcycling Project	Clothing Bank	Angus Upcycling Project SCIO are looking to implement a clothing bank for those in need. We want to make sure that everyone has the clothing they need to keep themselves clean, tidy and make sure that they feel part of society and not left behind by society because they are not able to cloth themselves, look dirty and scruffy through no fault of their own. Over the past year life for all of us has been very hard, for those who now have no work, have been furloughed life has been twice as hard and Angus Upcycling Project want to be able to assist those in need as we do with our furniture project and our food project. Our clothing bank will be able to provide clothing, shoes, toiletries, and hopefully bring some hope to those who have very little in way of clothing to make them feel good about themselves	yes	£1,193.84
Forfar/Kirrie	North Angus Scouts	Refurbishment of Derelict Scout Hut in Glamis	Before lockdown disabled people already reported feeling disabled by their environment and they were hardest hit when Covid 19 began as their care services were pulled from them meaning that they were without the much needed care and support. Because of their disabilities most were high risk therefore spent extended time indoors and away from their loved ones and their communities of which they had groups they attended. Their social interaction drastically reduced and they were left unable to communicate with other people as their condition that disables them means they do not have the same skills to socialise via social media, phone calls and video calls like those without a disability. This hut will provide the much needed equipment to ensure that disabled people can access groups and events with ease and not view their environment as disabling, helping them back into their communities and enjoying being in a group they enjoy and to keep socialising. The hut will also offer other groups the use of the hall and community functions so that those who are disabled feel they have a community that understands, values and respects their place in society.	yes	£5,564.79

Forfar/Kirrie	Glamis & Charleston Friendship Club	Glamis & Charleston Friendship Club Post Covid19 Revitalisation	<p>Due to the COVID19 Restrictions the Glamis & Charleston Friendship Club has been unable to meet for 18 months leaving its elderly membership without their fortnightly meetings. These provided companionship in a safe and secure environment with friendly chat over a cup of tea and stimulating talks by visiting speakers. Outings and lunches out offered a change of social environment. During Lockdown limited contact was maintained via telephone calls, Newsletters, greetings cards and doorstep visits as appropriate.</p> <p>With the loosening of Restrictions most people are beginning to regain confidence in getting out and socialising. Older members of the community, and particularly those who have been shielding, are finding this a difficult adjustment to make and remain reluctant to go out. The Committee has therefore been working towards restarting meetings with the aim of encouraging members to ease back in to socialising in an environment they are comfortable to be in. To begin with meetings will be kept to "a cup of tea and a chat" but by Spring it is hoped that a programme of speakers can be reintroduced and outings arranged.</p> <p>The aim of revitalising the GCFC is providing new challenges for the Committee who are all keenly aware that this is a sensitive time for many elderly members and that gentle encouragement and flexibility in arrangements is probably key to success. Members will be encouraged to contribute ideas to help achieve an all-inclusive meeting where everyone will feel safe and secure and know that COVID19 hygiene protocols are in place.</p>	yes	£1,100.00
Forfar/Kirrie	Strathmore Cricket Club	Access to Lochside Park	<p>We wish to improve the physical access to the cricket ground at Lochside Park, to make all of the facilities (indoor and outdoor) accessible for all members of the public.</p> <p>This will involve remodelling the main pedestrian entrance and garden area to incorporate a sloping pathway giving wheelchair access to both buildings on site. It will also involve creating a new pedestrian gate and path giving direct access from the street to the grass playing area and an alternative access to one of the buildings. These improvements will enable the building to operate as a Meeting Centre for people with early-stage dementia. Meeting Centres are a proven post-diagnosis intervention for people, offering social opportunities and social care, together with peer support and respite for carers. Our club is part of a partnership group which has already secured funding from the Scottish Government's Community Covid Recovery Fund to support the expansion of Meeting Centres in Angus. Upgrading the access will increase the numbers of people who can comfortably access the facilities and benefit from the care and companionship which membership of a meeting centre offers.</p> <p>Strathmore Cricket Club is one of three Cricket Scotland Disability Champion Cricket Clubs selected on the basis of our commitment to inclusion and equality. Improving the physical access will enable our disability cricket section to benefit fully from our facilities and activities.</p> <p>Although a private facility, the outdoor space is open to the public and this project will improve access for people (e.g. walkers and dog walkers).</p>	yes	£13,000.00
Forfar/Kirrie	Forfar Academy	Forfar Academy Gardening Group	<p>We hope to develop and transform Forfar Academy Garden, to allow access and participation for all. We plan to encourage young people who have become disengaged with education to become involved in this project, using the garden as a tool to build relationships and boost their self-esteem.</p> <p>We require the materials for raised beds, fruit bushes and compost.</p> <p>The plan is to work with groups of young people to build the raised beds and develop their skills for the future. The Technical Department will support this initiative. Through their active participation in both building and developing the beds, the young people will feel a sense of ownership and pride in their school garden. They will learn about the health benefits as well as the environmental benefits of growing their own fruit and vegetables.</p> <p>Many of the young people who were involved previously had no access to a garden or tools and some did not have a willing adult to share their experiences with. Through participation in the garden, young people learn more about the process of growing produce. Through gaining funding, we plan to involve more young people in this enriching opportunity and create an alternative learning experience for many, thus improving opportunities for success and developing skills which will help for life and possibly in employment.</p>	yes	£1,170.00
Forfar/Kirrie	Glenisla Play Association	Purchase of Shed to Create a Community Produce Hub in Kirkton of Glenisla Community Area	<p>The idea of a place in the community for sharing excess plants/produce in Glenisla has been discussed over the years and with more people growing their own produce in the last 2 years this project takes the idea forward.</p> <p>A community shed where we can share excess produce, similar to Food Hubs, would provide a focal point for the growers of Glenisla.</p> <p>We are aiming for a collaborative approach with involving businesses such as the local estates and Glenisla Hotel to promote cohesion and active engagement in community activities following the isolation of the "Covid Years"</p>	yes	£2,500.00
Forfar/Kirrie	Glenisla Play Association	Upgrade of Water Supply to Public Toilets at Kirkton of Glenisla Community Area	<p>These public toilets are managed by the local community under the Glenisla Play Association. They are the only public toilets within a 15 mile radius and are used by locals and visitors alike.</p> <p>The current water supply is based on an extraction from the River Isla and is inadequate. This supply fails in low water, gets blocked in times of spate and is inoperable during the winter months.</p> <p>This project will upgrade the water supply to the toilet block with an extension from the newly created borehole supplying the adjacent Glenisla Hall. This will involve the laying of approximately 50 -100m of pipeline, dependant on the route taken and relevant fittings are each end. The Trustees of Glenisla Church who own the land of the Community Area and the Hall are supportive of the plan.</p>	yes	£3,000.00
Forfar/Kirrie	Isla Primary School Parent council	Isla Primary School Nursery & Little Glenners' Playgroup Equipment	<p>This bid is for funding to purchase a new Wendy House on stilts (aka a HighviewHideaway) to be located in the newly extended external play area outside the Isla Primary Nursery space. The existing structure, which sits directly on the ground, is dilapidated, the timber rotten and the door warped so that it cannot be closed fully, which results in penetration of water during adverse weather. Further, the window is warped and often falls onto the unsuspecting fingers of toddlers.</p> <p>The proposed replacement structure is one on stilts to maximise the utility of floorspace underneath, either with a sand pit or soft play area. The access ladder stair will be beneficial in promoting gross motor skills, particularly as many of the children live in single storey houses and have no access to stairs to climb at home; the opportunity to provide an additional opportunity for step exercise and associated strength development would be a further bonus. Acquisition of this piece of equipment would help to develop the renewal of social skills, affected adversely by the Covid pandemic as well as motor skills in very young children whose lives have been dominated by the limitations of extended periods of lockdown and social isolation. It will also address some of the inequalities experienced by those families who face increased financial hardship as a result of the pandemic, providing a safe and accessible outdoor play space all year round. Further, suitably skilled parents of current nursery children have volunteered to carry out installation of the equipment, so saving costs.</p>	yes	£1,000.00

Forfar/Kirrie	Kirriemuir Community Council	Kirrie Hill Outdoor Gym Equipment	The Covid pandemic has had a significant effect on both the physical and mental health of all age groups. By installing some outdoor gym equipment in the prominent location of Kirrie Hill we will ensure and encourage the population of Kirriemuir to get active and stay healthy. Cost of gym membership is a barrier to many economically disadvantaged people in our community. By having a free facility in the heart of the town we will make sure people of all ages and abilities will have access to high quality and robust gym equipment. We plan to consult with the local community on which specific items are bought, and are keen to offer items that will be accessible and inclusive to all members of our community.	yes	£10,049.00
Forfar/Kirrie	Kirriemuir Community Council	Kirrie Den Picnic Tables and Benches	The project will supply new benches and picnic tables in Kirriemuir Den at the playpark area, which is currently lacking in sufficient seating. Over the past 18 months of the Covid crisis outside playareas have been an essential release for families with young children. Many households do not have their own garden facilities, and public parks have been a lifeline. Local groups and organisations, such as Kirriemuir Community Council, Kirriemuir Regeneration Group and local Rotary Clubs, will give their time and expertise to install the benches in-kind.	yes	£2,000.00
Forfar/Kirrie	Kirriemuir Landward West Community Council	Improving Accessibility for the Winter months	Please give a description of your idea which should focus on addressing inequalities in the four localities aligned to recovery and renewal post Covid. (no more than 250 words). *This information may be used to describe your project if you are successful and progress to the voting stage. Most winters bring a fairly dependable fall of snow to the Westmuir area. The steady footfall of residents to the Shop and Bus stops can soon crush the snow into a layer of ice. Outings/walks taken from home become less appealing for the elderly, many of whom live within 200 yards of the Shop. A gritter, stored in a central area, could be put into use whenever the conditions require it. To be able to clear pavement areas promptly also the access entrance areas, would be a big ... 'Safety Step' ... for all.	yes	£1,242.36
Forfar/Kirrie	Kirrie Connections	Kirrie Connections Outdoor Oasis	Kirrie Connections Meeting Centre is the first dementia "Meeting Centre" in Scotland. Meeting Centres provide evidence-based support which includes a safe place where both people with dementia (members) and carers are able to adapt to living with dementia, do 'normal' fun things as well as get effective advice and peer support. Those attending refer to 'coming to the Club' which reflects its friendly and relaxed atmosphere. All sessions are built around the interests of the people who attend who are fully involved in shaping what happens in and around the community hub. The charity has recently opened their new building in Kirriemuir. It will serve as a base for their work, but also a wider community facility for other groups in the town. Kirrie Connections successfully raised all the redevelopment costs for the interior of the building, they are now looking to create a new community garden space outside of the building. This is being designed by the users of the building, and everything on the want list has come from discussions with our members over the past few weeks. The garden furniture, equipment and plants will create a relaxing and therapeutic space which will be available for all the community to use. This funding will be the first stage in its development, as we plan on doing further work with the wider community around the space and its potential uses.	yes	£5,050.00
Forfar/Kirrie	Glamis & Area Community Council	Halloween Trail	Halloween trail will be used to encourage participation from the village community in a safe outside environment. Glamis has a severe lack of public transport which restricts residents from easy access to amenities within Forfar, Kirriemuir, and beyond. It is apparent that the village Community themselves have to help re-ignite social interaction in a safe environment, by offering an opportunity to engage with others in a safe outside space.	yes	£920.00
Forfar/Kirrie	Newtyle Primary School	Playground Equipment	We would like to develop an area of our playground to create a sensory garden. This area would be designed specifically as a peaceful and quiet space for children to use during break times. We would also hope to use it during the day for children with specific needs as an area they can access to relax and also to stimulate their senses. Our aim would be to have a wide selection of planters filled with a wide variety of plants and different materials with different shapes, colour, textures and even height to cater for all ages in the school. The main goal would be to create a safe space that will stimulate all the 5 senses.	yes	£5,000.00
Forfar/Kirrie	Eassie Early Years	Working together to ensure children reach their full potential - Reading Group	All of our children have suffered academically and socially due to the pandemic. Childminders generally work in isolation but during the pandemic with them being originally the only early education providers to be allowed to operate this left them completely isolated and with no support. We would like to welcome them into our learning community and use the blended placement approach to help the children they work with who attend our setting to reach their full potential. We would like to develop an academic reading group which will support the skills and knowledge across the learning community. We have 3 childminders who bring children to our setting and 3 core staff, we are also supporting a Modern Apprentice. Over the year we would like to review 4 publications, one each term and use what we learn to work together in using our new knowledge to support all of the children in our settings. We propose to hold zoom meetings to support the reflective process.	yes	£700.00
Forfar/Kirrie	Yoga Space Angus	Yoga for health	The 'Yoga for Healthy Lower Backs' (YHLB) programme is a specialised, strongly evidence-based (Arthritis Research UK/University of York), gentle and enjoyable mind-body course for musculoskeletal issues, decreased pain perception and mental well-being. This 12 class course taught by an experienced and registered yoga teacher is suitable for beginners and empowers people to help themselves to improved long-term health and well-being. YHLB provides a long-term/life-long self management toolkit, in the form of evidence-based Resources Pack**, including a 144 page book, four track relaxation CD/digital download, five home practice sheets with sequences of yoga poses, a pain relieving poses sheet and information about what the course is and can offer, plus education about how yoga can help. Patients become students as they are empowered to improve their comfort, health and well-being. The weekly classes encourage life-long behavioural change and promotes the integration of yoga skills: •Relieve pain and lesson frequency and intensity of painful episodes of back pain; Improve flexibility, strength, mobility, balance, concentration and movement; Relieve mental tension; Incorporate gentle, basic yoga and de-stressing techniques within daily life; Improve postural awareness and breathing; Practice mindfulness and relaxation skills; Practice yoga every day at home to maintain health. The YHLB programme is user-friendly and will be taught in community venues and also offered through an online platform such as Zoom. ** Participants purchase the Resource Pack (£48.99 + £5 PP) from the YHLB (not for profit) Social Enterprise prior to attending the course. The evidence-based research	yes	£2,120.00
Forfar/Kirrie	Charlton Village Bowling	Green & Facilities Improvement	The Village bowling club has fallen into a poor state of repair. Re-surfacing work is required on the green itself and general repairs are required to the boarding round the ditch at the border of the green. A new board was appointed on 27 th July its vision being to bring the club back into proper usage and return it to the heart of the community. These efforts to improve usage and membership can only succeed if the green can be repaired.	yes	£5,300.00

Forfar/Kirrie	Eassie Early Years	Making Outdoor Play Accessible to All and developing good habits to support mental health	In Scotland, the Government has enshrined children's right to play outdoors every day in its national Health and Social Care Standards – As a child, I play outdoors every day and regularly explore a natural environment (HSCS 1.32) In order to take this forward Eassie Early Years would like to apply for fleece lined waterproof clothing for their children to enjoy outdoor play throughout the winter months. Effective waterproof clothing is expensive and not within the reach of some of our families particularly in this current financial climate. We are also encouraged to take into account the cost of the school day particularly whilst supporting low income families. The cost of 16 sets would be £1072. We are also about to embark on a forest school initiative where our children will be out in the forest all day one day per week. The children need to be kept warm and dry. We would also like to organise family yoga sessions for all our families to develop good habits to support mental health. Several of our families have expressed that Covid has caused anxiety and depression. This obviously has an impact on their child/ren's wellbeing. We would like to book a yoga tutor, purchase yoga mats and book Eassie Hall in order to promote ways of improving mental health and just taking time out to look after themselves as well as their child. (£2265)	yes	£3,337.00
Forfar/Kirrie	Glamis Community Council	Defibrillator	During lockdown it became increasingly clear that the village should be as self-sufficient and resilient as possible going forward. We have a good relationship with the estate and, as became obvious during the worst of the Covid restrictions a very healthy community spirit. We already have one defibrillator which is situated in the 'old' part of the village, which is quite a hike from the majority of the population. It was mooted by a number of residents that another could be situated around Strathmore Terrace/Mary Countess Way area and I agreed to take this idea forward.	yes	£2,750.00
Forfar/Kirrie	Kirriemuir Landward East Community Council	Snow Clearing Equipment in Rural Areas	The community council would like to provide snow clearing equipment which would enable volunteers in the surrounding area the ability to improve accessibility in times of severe weather. Many people in these areas may be vulnerable and have mobility issues that increment weather induces isolation and the inability to get out and about. In these some vital and essential services find it increasingly difficult to provide their services and the volunteers would ensure that there would be accessibility.	yes	£3,860.00
Forfar/Kirrie	Strathmore Community Rugby Trust	Autism Friendly Delivery Training:	Autism Friendly Community Training: On the back of our successful Autism Friendly Rugby programme (running in Forfar and Brechin) we have created an autism friendly training programme for other organisations. The training programme provides and understanding of autism as well as tools and resources for delivering tailored programmes of work for young people with autism. We have had a number of organisations across the community request training in this area. Each training course can facilitate 6 organisations with space for 2 people from each organisation. Autism Friendly Rugby Taster Sessions. Our Autism Friendly Rugby programme runs out of Brechin and Forfar. The programme caters for young people 5-12 years old with a diagnosis of autism and delivers sessions once a week in each area. The programme is fully funded and is delivered at no cost to the participant. We wish to promote our AFR programme in schools across Angus to ensure we have as much community impact as possible. This is especially relevant in recovering from Covid as young people with autism have been particularly affected by the recurring lockdowns. We wish to promote our sessions across Angus to re-engage our young people with autism back into the community. Forfar - Provide 1 training course; Provide 4 taster sessions in the ASN primary school	yes	£1,820.00
Forfar/Kirrie	Skilz Academy	Free Glow in the Dark Sport and Physical Activity for the Forfar & Kirriemuir Community	Skilz Academy will provide a range of free and inclusive 'Glow in the Dark' sport and physical activity sessions young people aged 7-16 years old within Forfar and Kirriemuir. Sessions will include a wide range of recreational activities such as dance, netball, football, basketball, team games, racket sports, zumba, yoga, touch rugby, dodgeball and many more. We have delivered taster sessions to schools within Forfar and Kirriemuir previously and feedback and consultation with young people and partners has been very positive, and the demand for more activity has been extremely high. Through these consultations we have identified a clear need to overcome barriers to participation in sport and physical activity in young people during the evenings. There is a strong demand for free, recreational activity during the evenings to: - Increase health and wellbeing opportunities during the evenings for young people - Reduce barriers to participation with cost, confidence and lack of this type of opportunity being identified as common problems. - Provide additional activities such as arts and crafts, DJing and have partnership agencies there to support our young people and help foster social connections and friendships. Glow in the Dark multi-sport and physical activity programme sessions will take place in a local primary school.	yes	£8,940.00
Forfar/Kirrie	Kirriemuir Planter Group	Bringing Colour to Kirriemuir	Our planter group started about 7 years ago to bring colour to the town centre as well as all the planters beside the 30mph signs leading to the town. Over the last few years we have purchased new planters, installed lovely planters on the railings at the Kirrie Town Hal. This year we have added more hanging baskets in the shop fronts in Reform Street. We purchased plants for both spring and summer planting.	yes	£620.00
Forfar/Kirrie	Forfar Academy	Forfar Academy Sport and Physical Activity Opportunities	Forfar Academy will provide our young people with new extracurricular opportunities to participate in extracurricular sport, physical activity and recreation. Sessions will run before school, during lunchtimes and after school. These opportunities will be free, inclusive to all and help address inequalities in our locality. They will be delivered by volunteer school staff, college students, senior pupils, community clubs and community volunteers. The new opportunities that will take place in this project will be open to all S1-S6 pupils and are: Golf 2 sessions per week; Dance 2 sessions per week; Rugby 2 sessions per week; Mindfulness/Yoga 2 sessions per week. These sessions will run from December 2021-June 2022 inclusive, and will continue thereafter as part of our extracurricular programme. Our project aims to remove barriers to participation and create new opportunities for young people to improve their mental, emotional, physical and social wellbeing. Our activities are inclusive to all, however, we will actively target those who are currently inactive. We will help to remove poverty related barriers to sport by adopting a 'loan' system for young people in which cost is a barrier to participation, by providing golf equipment for an extended period of time to help assist them in joining their local club as a member. Our extracurricular sessions will be based both within school and at the club. Our volunteers will use I pads to facilitate mindfulness and yoga sessions on a projector screen, this will cut long term costs of paying an instructor.	yes	£5,650.00
Forfar/Kirrie	Glamis & Area Community Council	Street Party	This project is to provide opportunities for residents and visitors to participate in village celebrations by offering street party events. This will encourage meeting outdoors and being able to socialise in a safe environment. 2022 is a jubilee year and locally this will be celebrated by offering a gathering of residents and friends to celebrate the jubilee itself and, Dowager Mary Countess of Glamis' 90th birthday, in the form of street parties. Bunting purchased will be in place throughout 2022.	yes	£1,100.00

Forfar/Kirrie	ANGUSAlive - Children & Families	Funded memberships for low income families	<p>We propose to use this fund to offer discounted membership for children and families who have very low income and currently could not afford these. The proposal is that a membership costing £10 per month per person would be available on referral from welfare rights/schools ensuring that those on very low income (in receipt of Council Tax Reduction for example) can access sports, leisure and classes.</p> <p>We are aware that very few children and families from very low income families are currently able to access our services. This initiative will help to reduce child poverty and improve accessibility to sport and leisure for those on very low incomes. There is evidence to support that sport and physical activity are proven to improve mental health and wellbeing.</p> <p>We had funding for this from another source for two months this summer, and it was of great benefit to children and families who otherwise would be unable to access our programmes due to the cost being out with their means.</p>	yes	£12,000.00
Forfar/Kirrie	ANGUSAlive Community Sports Hubs	Angus Youth Development Programme	<p>Angus Community Sports Hubs are developing a youth development programme based around sport. The programme will consist of four phases: Young Peoples Sports Forum, Young Volunteer Programme, Development Opportunities & Employment Opportunities. The programme will be available for Angus Residents aged 14 – 20 years old. The programme will be free to all those participating whilst focusing on gaining valuable experience and qualification for young people across Angus, allowing us to develop a future skilled work force in sport. The Youth Development programme is to give young people an opportunity to build and develop life – long skills, as well as providing the community and clubs with a pool of highly skilled volunteers and to create employment opportunities across Angus whilst aiding the recovery of clubs and organisations post COVID.</p> <p>The Angus Youth Development Programme will:</p> <ol style="list-style-type: none"> 1.Up-skill young people across Angus to deliver a variety of programmes within Schools, Colleges, Clubs, Community Sports Hubs & ANGUSAlive Facilities. 2.Provide pathways for young people to progress in school & further education across a variety of disciplines. 3.Work in partnership with D&A College, Active Schools, Clubs & Community Organisations to create a pool of Volunteer opportunities for young people within Angus 4.Provide young people in Angus with support & the opportunity to apply to become a panel member on Sports Scotland's Young Peoples Sports Panel, 5.Ensure young people with Angus become sporting champions within the local community and promote the benefits of a Healthy, Active, and Creative Lifestyle. 	yes	£7,500.00
Forfar/Kirrie	Christine Mathews	Reinstatement of Core Paths	<p>This project will renovate failing infrastructure on Angus Council core paths around Newtyle. In particular it will look to replace rotten joinery work at the steps at Camno and the boardwalk through Newbigging Wood. It will also repair eroded sections of the historic railway loop.</p>	yes	£5,000.00
Forfar/Kirrie	Dundee & Angus College	Forfar's Future Talent	<p>The Forfar's Future Talent project is aimed at providing 12 young parents living in the Forfar and Kirriemuir area, with the opportunity to engage with an exciting 24-week programme that will provide them with the confidence and essential digital and career management skills required to enable them to re-engage with education or make the first step onto their career ladder.</p> <p>Due to the lack of reliable digital device and or internet connection, during the pandemic this group of young people have been prevented from seeking employment, engaging with education, and connection with their family and friends, resulting in them being further excluded from society.</p> <p>The onsite training will be located at Dundee and Angus College's Forfar Outreach centre on a Wednesday, between 10am and 2pm. These sessions will be facilitated by our experienced Future Talent staff, and cover a range of subjects including developing self-confidence, building resilience, keeping safe and secure online and enhancing your digital literacy.</p> <p>Phase one of this project will focus on developing their self-confidence and enhancing their digital skills, whilst in phase two they will use these skills to create an online employability portfolio and participate in mock interviews.</p> <p>Through a person-centred approach, each young person will be supported by a Future Talent coach, who will meet regularly with them through the course's duration. This is critical in helping to build the lasting trusted relationships that will enable them to re-engage with education and provide them with the essential 'work ready' skills required in the new digital landscape.</p>	yes	£16,500.00
Forfar/Kirrie	The Alba Explorers	Minibus to enable primary school children to access the outdoors beyond their school grounds	<p>Our company, The Alba Explorers, is currently; developing outdoor facilities, providing CLPL to school staff, and delivering Outdoor and Environmental Education to children in schools across Angus. The Scottish Government has outlined the importance of outdoor learning as a method for recovery from the Covid-19 Pandemic. In their summary of Outdoor Learning (July 2021) it is written: "Being outdoors and active is a vital part of growing up and living a healthy and fulfilled life. Outdoor learning benefits children, young people and adults alike. It engages our hearts through what we feel and the emotions we experience; our heads through what we think, see and say; and our hands through our physical experiences including how we move through the space the outdoors provides.</p> <p>Outdoor learning can happen anywhere – from the school grounds to local greenspace, from the high street to national parks; from outside your front door to the rest of the world." The Aim of our project is to extend the environments in which children in Angus have access to Outdoor Learning and Environmental Education. We plan to do this by offering children and teaching staff the opportunity to be taken off site into Angus' many beautiful wild environments where they can take their learning to the next level.</p>	yes	£14,000.00
Forfar/Kirrie	ANGUSAlive	Wheelchair Sports Club	<p>Development of new opportunities for children and young adults with a disability by creating a wheelchair sports club, offering not only Scottish Disability Sport's key target sports of athletics, Boccia and Bowls but also looking at opportunities in the sports of basketball, cycling and water sports. We have a pilot session organised to take place on 11th October 2021 as part of our holiday offering. Initial interest in our new club has been positive, particularly amongst children and young adults with a physical disability who do not currently access sport or physical activity due to lack of opportunities.</p> <p>Educate our network of leaders with the knowledge to understand and represent the communities they are delivering to by working with partners to provide training on enhanced understanding of the varying demographics and the evolving needs of participants.</p>	yes	£10,400.00
TOTAL AMOUNT FUNDING APPLIED FOR: FORFAR / KIRRIEMUIR					£183,461.99