



AGENDA ITEM NO 7

REPORT NO IJB 55/21

ANGUS HEALTH AND SOCIAL CARE
INTEGRATION JOINT BOARD – 27 OCTOBER 2021
ANGUS MENTAL HEALTH AND WELLBEING UPDATE
GAIL SMITH, CHIEF OFFICER

ABSTRACT

The purpose of this report is to provide Angus Integration Joint Board with an update in relation to Mental Health and Wellbeing provision in Angus

1. RECOMMENDATIONS

It is recommended that the Integration Joint Board:-

- (i) Note the implementation plan for Living Life Well (LLW) is being developed and will be reported to the IJB in December 2021 following a period of engagement.
- (ii) Note the risks detailed in the report.
- (iii) Note the financial framework to support Living Life Well Strategy remains outstanding.

2. BACKGROUND

Since the formation of Angus Health and Social Care Partnership, local Mental Health Services have made a significant shift to planning, providing and supporting Wellbeing Services and initiatives to compliment secondary care treatment and protection services. This is essential in order to build community resilience, promote early intervention, self-management, empower local populations to recognise and support individual or groups with health and wellbeing needs and to break down barriers and challenge stigma.

The Angus Mental Health and Wellbeing Network (AMHWN) was established in 2019, and comprises of statutory and third sector providers, service users and carer representatives from the whole mental health spectrum, including children, adult and older people. Its vision for Angus is to support:-

- All agencies working together to promote prevention and early intervention opportunities and activities.
- Service improvements.
- Effective links with other strategic planning groups including the Angus HSCP Strategic Planning Group and the Tayside Mental Health and Wellbeing Strategy Board.

The aim of the Network is to achieve the best outcome possible for the citizens of Angus in relation to all aspects of mental health and wellbeing, including suicide prevention. An example of the Networks success to date has been co-ordinating financial support to third sector organisations to increase their capacity as a consequence of COVID-19.

Work has continued through the AMHWN to progress local developments to meet the needs of the Angus population as well as ensure critical links are maintained across the whole system to support the delivery of Listen, Learn, Change (LLC) following the publication of the report.

3. CURRENT POSITION

Within Angus a number of areas of work have progressed to enhance the service provided and the service continues to work in partnership with all key stakeholders including service users and carers to inform the developments. Tayside Executive Partners Strategic Leadership Group has been established and includes 4 Chief Executives, 3 Chief Officers and Police Scotland. The Head of Community and Health Care Services and the Service Leader continue to participate in the Tayside Integrated Leadership Group and link with the emerging work coming out of 'Living Life Well' (LLW).

There have been many areas progressed following the Angus IJB report 40/21. These are detailed below:-

- A draft implementation plan has been developed with the input from key stakeholders and a period of engagement will take place throughout October and November.
- Development officer to support the further development and monitor progress with both the LLW and LLC implementation plan is due to take up post in November 2021.
- 7 day service has now been fully rolled out across Angus and data is analysed on a weekly basis, and a formal evaluation is commencing this month.
- The 2 Advanced Nurse Practitioners (ANP) have now completed their training and are working independently within the service.
- Extension of Mental Health and Wellbeing Peer workers to support 11-16 year olds has now commenced.
- Evaluation of Enhanced Community Support (ECS) is underway with staff and patient surveys and referral data being analysed. This analysis will be completed in November.
- Penumbra have been awarded the Distress Brief Intervention (DBI) contract for Tayside and a detailed implementation plan is in place to develop this service with clear milestones, actions and timescales. DBI workers will initially be based in the Penumbra Office in Arbroath and will provide a blended model with face to face, telephone and 'Near Me' video appointments. DBI provides a compassionate response to people in distress within 24 hours, and for up to 2 weeks. Initial referrers will be GPs and Emergency Departments and referral pathways will commence in stages in conjunction with referrers.
- Agreement to establish an Angus Mental Health and Wellbeing Strategic Oversight Group which will report to the Angus HSCP Strategic Planning Group.
- As a six month test of change from Oct 21 – April 22, a Scottish Ambulance Service (SAS) Car is being utilised in Tayside to respond to mental health emergencies from 6pm - 2am seven days a week. This is staffed by a Senior Paramedic and Senior Unscheduled Care Nurse. This service will respond to emergency mental health SAS calls within the Tayside area to people aged 18 and over. This will provide an integrated approach to ensure a high level of service and care to people experiencing a mental health emergency in the Community and within the Mental Health Assessment Units.

- Improved working relationships between Community and In-Patient Mental Health Services.

4. PROPOSALS

Angus IJB note progress continues to be made in relation to meeting the Mental Health and Wellbeing needs of the Angus population.

5. FINANCIAL IMPLICATIONS

Tayside Mental Health Strategic Financial Plan

The Finance teams across NHS Tayside and IJBs have started to progress work with the Mental Health operational leads to develop high level strategic financial plans for Mental Health Services. These plans will be expected to provide a description of current financial resources in the system, describe current commitments and map out further potential investment priorities identified to deliver the Mental Health Strategy. Furthermore, the plans will describe any shift of resources within the system, note any financial deficits and highlight any specific needs that require to be addressed as part of the Mental Health Strategy.

Angus Mental Health Financial Plans

As is noted in this report a number of local developments have financial implications. Funding streams are evolving and individual developments are being supported by specific local financial plans reliant, generally on existing local funding or funds provided nationally (e.g. Action 15).

6. RISK

Decision regarding In-Patient Mental Health facility remains outstanding.

- Seaton Grove – engagement with private care providers in planning for private specialist residential accommodation for adults with a severe and enduring mental health disorder has been unsuccessful to date. Currently Community Mental Health Teams (CMHT), Angus Integrated Drugs and Alcohol Recovery Service (AIDARS) and Psychiatry of Old Age (POA) are assessing and discussing need and demand in their service for specialist residential provision to ascertain if this has changed post COVID, and this will inform planning.
- Mulberry Unit - NHS Tayside are continuing to progress the options appraisal for Mental Health In-Patients and a decision is awaited from the Mental Health Strategic Leadership Group.

Multiple recording systems and duplicated reporting.

- CMHT have a number of required IT systems - EMIS, CF6/ Eclipse, Trakcare, Clinical Portal etc that staff have to complete to ensure appropriate information is listed. Risks remain around having clear information guidance in respect to integrated partnership working.

Number of Mental Health Delayed Discharges.

- The number of delayed discharges in Mental Health continues to be a challenge. The services continue to work with the In-Patient team to review the position and progress as early a discharge as possible.

7. EQUALITY IMPACT ASSESSMENT

An Equality Impact Assessment is required and is included in Appendix 1.

8. DIRECTIONS

The Integration Joint Board requires a mechanism to action its strategic commissioning plans and this is provided for in Section 26 to 28 of the Public Bodies (Joint Working) (Scotland) Act 2014. This mechanism takes the form of binding directions from the Integration Joint Board to one or both of Angus Council and NHS Tayside.

Direction Required to Angus Council, NHS Tayside or Both	Direction to:	
	No Direction Required	X
	Angus Council	
	NHS Tayside	
	Angus Council and NHS Tayside	

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List of Appendices:
Appendix 1 EQIA