

# Do you smoke?

Did you know you can  
get support to  
stop smoking at your  
local pharmacy?  
Why not book an  
appointment today



Eligible to join the  
**INCENTIVE SCHEME**  
and receive up to  
**£150?**

Use the QR code to find out !!

**QUIT YOUR WAY**  
with our support

**NHS**  
Tayside

Clicking the QR code sets up an automatic template email to request an electronic smoking cessation incentive pack. Please insert your postcode to check you are eligible to join the scheme (you will be informed if you are not). Should you require a paper copy of the pack, please also include your home address. Once the pack has been dispatched, the email containing your details will be deleted.

You can find information regarding NHS Tayside obligations with respect to your privacy and data protection rights on [www.nhstayside.scot.nhs.uk](http://www.nhstayside.scot.nhs.uk)