

**ANGUS COUNCIL****CARE INSPECTORATE INSPECTION OF STRATHMORE CENTRE SHORT BREAK SERVICE****BACKGROUND**

As a minimum, the Care Inspectorate conduct annual unannounced inspections for registered services, that is care homes for older people; care homes for adults; care homes for children and young people; support services – care at home and secure accommodation. All other services such as pre-school centres receive a minimum frequency of inspection based on an intelligence-led risk assessment and previous performance.

The inspector evaluates registered services using a framework of quality themes linked to the National Care Standards:

- Quality of Care and Support
- Quality of Environment
- Quality of Staffing
- Quality of Management and Leadership

Strathmore Centre received an announced inspection, which was completed on 16 December 2021, which took place during the Covid-19 pandemic restrictions and therefore followed a revised procedure for conducting inspections in these circumstances. The inspection report can be found online at:

<https://www.careinspectorate.com/berengCareservices/html/reports/getPdfBlob.php?id=310618>

**SUMMARY OF INSPECTION OUTCOME****What the service does well**

Strathmore Centre inspection report and feedback given was extremely positive. The areas evaluated were awarded a grading of 5 (Very Good).

**How well do we support children and young people's wellbeing?**

- Young people and their families/carers had positive relationships with the staff
- Changing the Centre's remit to operate full time, gave more opportunities for staff to spend time with the young people and develop relationships
- The manager was committed to improving the experience of the service to the young people and ensuring their individual needs were taken into consideration.
- A new referral process which looked at the individual needs of the young people and how these could be met alongside other young people using the service.
- The referral process takes into account how to increase socialisation for the young people and match their stays alongside other young people with similar interests.
- The service was closed for a short period during the start of the pandemic, however contact and support was still maintained with the young people and their families. A plan of weekly activities via zoom was implemented, and staff dropped off items to enable them to be included. This allowed the young people to still feel connected with the service.
- Due to some of the complex needs the young people it was not always possible for them to share their views, however staff approached parents to obtain their wishes.
- Communication aids were being used to support the young people through their routine and to help them communicate their choices.

## How well is our care and support planned?

- Care planning documents re-formatting of to ensure that these were individual to the young people. The young people's care was detailed, outlining how they communicated, health needs, their routines, likes and dislikes.
- Risk assessments and behaviour support plans were informative, describing pro-active strategies of distraction and planning trips to give the young people purpose and routine to their day. This also described triggers for the young people and how best to support them by distraction, listing primary and secondary strategies.
- Staff highlighted that these strategies worked well, and that their relationships with the young people were an important aspect to this.
- Outcome recordings were in the process of being reformatted to recognise the achievements of the young people.

## RECOMMENDATIONS

No of recommendations: 0

## REQUIREMENTS

There were no requirements issued in respect of the service.

## INSPECTION EVALUATIONS

<b>How well do we support children and young people's wellbeing?</b>	<b>5 - Very Good</b>
1.1 Children and young people experience compassion, dignity and respect	5 - Very Good
1.2 Children and young people get the most out of life	5 - Very Good
1.3 Children and young people's health benefits from their care and support they experience	5 - Very Good
<b>How well is our care planned?</b>	<b>5 - Very Good</b>
5.1 Assessment and care planning reflects children and young people's needs and wishes	5 - Very Good

Contact for further information:

Peter McDonnell, Service Leader, Children, Families & Justice

Email: [childrenandlearning@angus.gov.uk](mailto:childrenandlearning@angus.gov.uk)