ANGUS RESIDENTIAL REHABILITATION PATHWAY

Referral Does person wish to be considered for Residential Rehabilitation and is ready for assessment? Y/N Integrated Referral Hub discussion for 3rd sector referrals co-allocate to AIDARS to assess suitability. Alternative Support Pathway Community-based recovery supports Detoxification & Stabilisation options Harm Reduction

ASSESSMENT PROCESS – PREPARING INDIVIDUAL FOR RESIDENTIAL REHABILITATION COMPREHENSIVE SUBSTANCE USE AND HOLISTIC NEEDS ASSESSMENT – 2 month period +

- Weekly appointments with AIDARS for 4-6 weeks to assess current substance use, previous attempts to address substance use, understand background, health, personal/social factors and carers/family support.
- Assessor to understand recovery goals/ treatment needs, determine motivation/commitment, which model best suits e.g. 12- step, behaviour change, mixed model etc.
- Explore impact on relationships/caring responsibilities/tenancy/plans to return to the area, etc.
- Agree suitability and safety of recovery/treatment goals with MDT including Psychology/Prescriber.

COMPLETE AIDARS SPECIALIST ASSESSMENT (recommend if Residential Rehabilitation is appropriate

If Residential Rehabilitation **is not** recommended discuss reasons with individual, alternative support planning, agree further work to prepare for future rehabilitation referral. Follow Alternative Support Pathway.

or not)

If Residential Rehabilitation **is** recommended assessment should state which type of placement would support recovery goals.

Completed AIDARS Assessment recommending Residential Rehabilitation to Team Manager for authorisation. Pass to Service Lead. Funding will be approved 'in principle' to await details of proposed placement.

IDENTIFY SUITABLE RESIDENTIAL REHABILITATION PLACEMENT / PROGRAMME

- Identify suitable Rehabilitation facility and programme to meet person's recovery goals and treatment needs considering preference of individual
- Negotiate potential placement with Rehabilitation facility—what treatment will be given, programme details, likely duration of placement, costs, etc.
- If identified facility can meet assessed needs, AIDARS completes the facility's referral form. Residential Rehabilitation provider to undertake own pre-admission assessment.
- Copy of Rehabilitation referral to Team Manager/Service Lead with details of proposed placement/duration/cost for final agreement to fund proposed placement.
- Placement Expectations and Agreement signed by Rehabilitation Provider/Individual/AIDARS.

DURING RESIDENTIAL REHABILITATION

Admission:

Information sharing protocols

Collaboration between community and rehab team

Review periods agreed

During placement:

Detox

Recovery Model – CBT/12 step

Trauma Focused/MH Support

Family/Carers Supports

Graduating:

Plan aftercare/follow up support

Peer working/increased responsibilities

Housing/Finance options



POST-REHABILITATION

Community Resources & Partner Agencies

Keyworker follow up/Reviews

Peer mentoring/Recovery Support Groups

> Counselling/ Psychology/Mental Health input

Family/Carer Supports

Ongoing support from rehabilitation facility

Meetings

Graduate/peer volunteer opportunities

Moving on accommodation on site

Money Advice/ Advocacy/ Welfare Rights: debts/benefits

Employment/Education/ Volunteering Opportunities

Specialist: LGBTQ+, Domestic Abuse