

Angus Community Plan  
Annual Performance Report  
2021/2022

# Contents

Foreword	3
1. Our Partnership	4
2. Strategic Context	5
3. Delivering on our Priorities	7
4. Ambitions Update	8
5. Performance	
Reducing Child Poverty	11
Improving Mental Health & Wellbeing	14
Improving Accessibility & Connectivity	19
6. Community Plan Review: 2022 – 2030	24

# Foreword

Our [Community Plan](#) covers the period 2017-2030 and focuses on our three priorities:

- Reducing Child Poverty
- Improving Mental Health & Wellbeing
- Improving Accessibility & Connectivity

This performance report covers the period 1st April 2021 to 31st March 2022 and highlights the wealth of activity delivered to achieve the Community Planning vision. This report outlines the work delivered to review the Community Plan undertaken in response to the COVID-19 pandemic and how we as a Partnership have changed our approach to service delivery. This has involved placing our communities at the heart of everything we do.

This performance report will be the last one linking to the 2017 – 2030 plan as a new plan is being produced to take into account the new environment we are now working in. Our new plan links to the Community Wealth Building principles and has been developed with and for our local communities. The vision will remain the same and is more important to us now than it's ever been: -

Angus  
is a great place  
to live, work and visit

Margo Williamson  
Chair Community Planning Partnership

# Our Partnership

Community Planning aims to improve the connection between all the tiers of Government and wider society work through partnership working to jointly deliver better outcomes for everyone. A lot of work has been done over the past 12 months to ensure that our efforts and resources, wherever possible, are directed at the issues the citizens of Angus tell us are the most important to them.

To put the views of local people at the heart of local decision making we have as a partnership agreed to progress any work using a service design approach. This report outlines the efforts and actions taken to deliver on our priorities using the new way of working.

On an annual basis the partners are surveyed on the effectiveness of the Partnership and the priorities. This is particularly important this year due to the planned refresh of the Community Plan in 2022. Key findings from the assessment included: -

- 100% of respondents either agreed or strongly agreed that the Partnership had done a lot to deliver on the priorities in the past 12 months. One partner commented "The level of partnership engagement has been fantastic"
- 50% of respondents noted that other areas of work needed to be done out with the priorities. These additional areas include cost of living crisis, poverty, economic growth/recovery and climate change. These areas are detailed in the new Community Plan 2022 – 2030.
- While 40% of respondents agreed that the current joint board was working effectively there was a number of comments highlighting a need as we move out of the pandemic response phase to review the overall Community Planning landscape and governance. An interim position is outlined in section 3.
- 100% of respondents strongly agreed or agreed that the priorities are reflected clearly in the strategic and operational plans of their own organisation.
- 100% of respondents agreed that by working together, the Angus Community Planning Partnership has made better use of the partners' collective resources
- 100% of respondents agreed that the service design process was working well in engaging local people in designing services and improving existing services.
- Lastly, we asked partners if they had carried out any work in the past 12 months to support the Community Planning Partnership priorities. This is detailed throughout this performance report.

This approach to continuous improvement provides a sense check of where we are as a partnership and keeps the focus on the priorities for all.

# Strategic Context

The work of the Angus Community Planning Partnership is underpinned by a number of legislative and strategic requirements.

## **Community Empowerment Act**

The Community Empowerment (Scotland) Act 2015 helps to empower community bodies through the ownership or control of land and buildings, and by strengthening their voices in decisions about public services. Work to deliver on the [statutory responsibility](#) to empower communities has become even more important as we move into recovery following the COVID-19 pandemic. Listening events, local focus groups, co-producing services and delivering on the Local Governance Review requirements has provided a basis for great partnership and collaborative working. Case studies and examples are shown throughout the report.

## **Fairer Scotland Duty**

The Fairer Scotland Duty came into force in Scotland in April 2018. It requires particular public bodies, such as the Scottish Government, Local Authorities, Regional Health Boards, and Integrated Joint Boards, to actively consider how they can 'reduce inequalities of outcome caused by socio-economic disadvantage' when making strategic decisions. This put tackling inequality at the heart of public sector decision making.

## **Child Poverty (Scotland) Act 2017**

Our priority to reduce child poverty has aligned to the statutory requirement to develop an Angus Joint Child Poverty Local Action Plan. This plan was underpinned by evidence and significant consultation was undertaken to ensure that the best possible outcomes were developed. The plan was approved by Angus Council and the Community Planning Board in June 2021 and has shaped activity over the past year. The plan can be viewed online at [https://www.angus.gov.uk/community\\_empowerment/planning\\_for\\_the\\_future/planning\\_for\\_the\\_future\\_of\\_angus/delivery\\_on\\_key\\_priorities/angus\\_joint\\_child\\_poverty\\_local\\_action\\_plan\\_2021](https://www.angus.gov.uk/community_empowerment/planning_for_the_future/planning_for_the_future_of_angus/delivery_on_key_priorities/angus_joint_child_poverty_local_action_plan_2021)

## **The Promise**

The [Promise Scotland](#) is responsible for driving the work of change demanded by the findings of the Independent Care Review. It works with all kinds of organisations to support shifts in policy, practice, and culture so Scotland can #KeepThePromise it made to care experienced infants, children, young people, adults and their families - that every child grows up loved, safe and respected, able to realise their full potential. This work is now a central part of the Community Plan and is being explored as part of the work to eradicate Child Poverty.

## **COSLA Blueprint for Scottish Local Government**

For 2020/2021 the [Blueprint](#) has allowed local government to build an ambitious vision for Scotland's future - one based on the empowerment of people and communities. The document has been framed around six themes: -

- Strengthening Local Democracy
- Funding Services and Communities
- Wellbeing – including Health and Social Care

- Education and Children and Young People
- Economy and the Environment
- Supporting Vulnerable Communities

### **Community Wealth Building**

The signing of the Tay Cities Deal provided a solid base for increased regional activity. Working with partners across the Tay Cities Region and targeting those most in need of support has continued to shape the Community Planning work in Angus providing a dynamic and flexible approach. The Community Wealth Building principles include:

- Plural ownership of the economy
- Making financial power work for local places
- Fair employment and just labour markets
- Progressive procurement of goods and services
- Socially productive use of land and property

Inclusive Growth which underpins all Tay Cities Deal projects will feature as part of the planned service design activities and Community Plan refresh.

### **Risk Register**

Our Partnership review the [risk register](#) quarterly in order to mitigate against some potential challenges. This register is tabled at every meeting with updates from representatives of the Local Resilience Partnership.

# Delivering on our Priorities

Due to the views from the partnership's self-assessment survey and the new plan being developed the following structure will be put in place to ensure effective delivery of activity and crucially, the monitoring and review to ensure the greatest impact is being made from the local resources invested: -



Since the last performance report a lot of work has been done to align strategic plans to assist us through the COVID-19 recovery phase. To set the scene for the upcoming review of the Community Plan the following shows the strategies developed and reviewed over this reporting period which link into the delivery of the Community Planning Priorities. Click on each strategy for the plan and updates: -

- [Local Employability Partnership](#)
- [Angus Food Growing Strategy](#)
- [Angus Cultural Strategy](#)
- [Angus Sport Framework](#)
- [Angus Community Learning and Development Plan](#)
- [Angus Anti-Social Behaviour Strategy](#)
- [Tayside Plan for Children, Young People and Families](#)
- [Community Justice Partnership Framework](#)
- [Angus Promise Plan – Getting it Right for Care Experienced Children, Young People, and their families](#)

## 2030 Ambitions – Update

The [Community Plan 2017 – 2030](#) details a number of scorecards with key ambitions for 2030. These are shown below: - where possible, we have included data for 2021/22 and where this is not possible (some national statistics are issued later in the calendar year), we have included the latest data available.

### ECONOMY

Due to the ongoing challenges with the COVID 19 pandemic, storms, and the war in Ukraine our economy has struggled to recover. However, there are some positive trends in wage levels in the area which will be strengthened alongside the Scottish Government funding to support the cost-of-living crisis.

The local employment rate has also improved which could be related to the wage increases locally and the increase in employability programmes on offer for all ages, abilities and which have a focus on flexible working patterns to support single parents.

Retail units are now measured in occupancy rates with a 93% occupancy rate for 2021/22.

Access to faster broadband is also a positive position for businesses which will through the Tay Cities Deal see further improvements in the coming years across Angus.

Overall, a good basis in which to set the new Community Plan as the partners are keen to focus on how we can use our collective voice to support the growth of existing businesses and encourage new opportunities into the area.

Measure	16/17	17/18	18/19	19/20	20/21	21/22
Gross weekly pay among residents (£)	527.80	542.50	544	549.90	575.30	614.60
Gross weekly pay among those working in Angus (£)	475.10	460.10	499.20	489.60	544.50	590.30
Employment rate	76.9%	75.7%	76.3%	77.1%	72.3%	76.5%
Unemployment rate	2.2%	2.9%	3.1%	4.8%	5.3%	2.9%
Percentage of vacant retail units	13.4%	14.9%	14.9%	14.9%	12.3%	*7%
Premises able to access broadband speeds of at least 24Megabits per second	81.2%	86%	88.1%	89%	94.7%	95.7%
16-19-year olds in learning, training or work	91.9%	92.2%	90.8%	91.4%	92.4%	N/A

N/A – data for this measure is not yet available. Once published it will be updated and trend information reviewed.

\*Retail units now measured in occupancy rates and 21/22 was 93% occupied



## PEOPLE

Due to the increase in Scottish Government funding linked to the child poverty agenda there is a reduction in the number of people of working age with no or low qualifications. Services across the partnership have worked closely with local employers and industry experts to create pathways for people to get the qualifications they need to move into employment. Long term it is hoped this will reduce poverty however there are some challenges on the horizon with the cost-of-living crisis and increase in fuel bills.

The data for secondary school pupils for this reporting period will not be released until later in September. Data for 20/21 has shown an increase in people seeking education and gaining qualifications which reflects the impact of activities being delivered in schools and in Dundee and Angus College. This alongside the increase in people using online services can reduce poverty.

The percentage of adults involved in volunteering increased significantly in 2020/2021 from 2019/2020 due to the successful my-street volunteer campaign delivered through Voluntary Action Angus in response to the COVID-19 pandemic. Data for 2021/22 shows a slight decrease as volunteers returned to work however numbers significantly higher than previous years.

Measure	16/17	17/18	18/19	19/20	20/21	21/22
Children living in poverty	23.60%	24.10%	23.30%	24%	20.6%	N/A
Number of people of working age with no or low qualification	9.8%	7.9%	10.6%	7.3%	5.6%	4.2%
Children with a healthy weight at Primary 1 age group	92%	93%	94%	94%	92%	*N/A
Percentage of secondary pupils from deprived areas achieving 5+ SCQF awards at level 5 or higher	46%	34%	46%	42%	38%	N/A
Percentage of secondary pupils achieving 5+ SCQF awards at level 5 or higher	60%	60%	63%	61%	65%	N/A
Percentage of adults involved in volunteering	30%	37%	31%	24%	61%	54%
Adults identifying themselves as internet users	81%	86%	85%	85%	87%	**N/A
Number of people able to look after their own health	96%	96%	95%	94%	93%	**N/A
Rate of deaths under 75 (per 100,000)	403.9	384.3	349.7	374.6	370.5	418.6

NA – data for this measure is not yet available. Once published it will be updated and trend information reviewed.

\*N/A no data available for NHS Tayside to give Angus figure due to pandemic.

\*\*N/A The information comes from the Scottish Household Survey, unfortunately, due to COVID-19 data is not yet available for 2021/22.

## PLACE

The indicators around place show a mixed view with some measures recovering from the impact of lockdowns and others reflecting an increase in the movement of people around Angus. For example, recorded crimes reduced during the lockdown periods as people were more confined. However, work is underway to understand the types of crime and how we as a partnership can help to reduce them. A new Antisocial Behaviour plan aims to tackle a lot of the localised issues.

The recycling rate in Angus is a good news story in that local people have really embraced the call for climate action with the area now having the best recycling rates in Scotland. This together with the maintained rate of people reporting their area as a good place to live is extremely positive.

One area of improvement for the partnership is to support the reduction in fires. This has several factors which link to the reported crime rates but is extremely serious in terms of risk to life, therefore it will remain a key area of focus for the coming year.

Measure	16/17	17/18	18/19	19/20	20/21	21/22
Adults stating their neighbourhood is a good place to live	94%	96%	94%	95%	96%	96%
Recorded crimes and offences (per 10,000)	402	408	371	380	380	409
Fires per 100,000 population	84.11	67.94	71.53	76.59	69.07	79.43
Recycling rate	56.71%	55.21%	55%	59.10%	57.9%	63%
Fuel Poverty (local authority)	34%	33%	20%	22%	22%	*40%
Percentage dwellings that fail the Scottish Housing Quality Standard	3.05%	1.39%	1.00%	1.09%	N/A	N/A
Active travel to school by primary and secondary pupils	56.30%	53.00%	53.40%	52.00%	55.60%	50.3%

NA – data for this measure is not yet available. Once published it will be updated and trend information reviewed.

\* Estimate based on (circa 22,600) of Angus households that have income £25k or under.

The reviewed Community Plan covering the period 2022 – 2030 will build on the information collated under the three priority areas using the relevant indicators from above and new data from partners.

## Reducing Child Poverty

Throughout 2021/22 the Angus Community Planning Partnership and the Angus Child Poverty Working Group have continued to take part, lead, and report on the work underway at both local and regional level to achieve our aim of reducing child poverty.

Indicator	Baseline	2019/20	2020/21	2021/22
<b>Reducing Child Poverty</b>				
Workless households with children	12.6%	10.6%	11.1%	N/A
% of eligible 2 year olds accessing funded Early Learning and Childcare	60%	66.23%	62.14%	51.4%
New social housing applicants	2,156	1,770	1,358	N/A
P4-7 pupils are free school meal registered	13.4%	14.4%	15.3%	16.7%
% of out-of-work Families with children claiming Child Tax Credit only	0.9%	0.6%	0.7%	N/A
Number of affordable homes delivered	128	92	141	159

NA – data for this measure is not yet available. Once published it will be updated and trend information reviewed.

The **online jobs portal – Angus Job Search** – supports people who are unemployed or under threat of redundancy. It can also be used to match people to volunteering opportunities and placements. Within this reporting period **54 clients** have registered profiles on the portal. **No clients** have asked for additional support from the skills team so **we are now looking at a social media campaign to encourage more use of the portal and to encourage people to apply for jobs.** **18 clients** have applied for jobs, **128 Employers** have registered accounts, **435 Vacancies have been advertised.**

**Young Persons Guarantee – 16-24** - This funding is to deliver employability support for 16-24-year-olds to ensure that they have a positive destination. The aim of the Employer Recruitment Incentives (ERI) project is to deliver fairer and more inclusive support to communities where every young person has an opportunity to reach their potential. **92 Young People Supported** in this reporting period.

The Angus CPP **Period Poverty campaign** has grown under the banner of 'Free Period Angus' with the aim of eradicating period poverty in Angus. This year has seen an increase in distribution of re-useable products which help protect the environment and save families an average £18 per month. 4,730 re-useable products have been distributed in this reporting period.

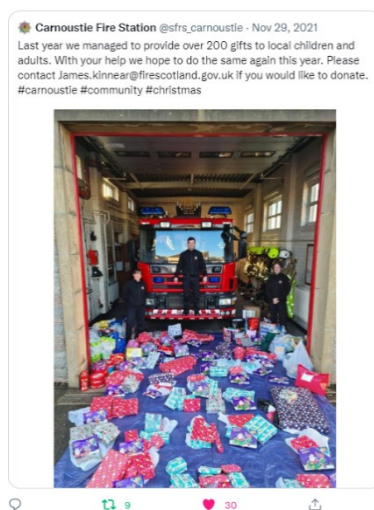
**Dundee and Angus College** have over the past three years delivered a Find your Future project supporting people out of poverty. As a result of the past three years,

concluding with the Service Design event, they launched a College Community Collaborative (CCC) with 17 local support organisations. The Community Engagement Officers have continued to work creatively, to engage and empower young people to take that first step towards college. Strong partnership working has been indispensable during this time, supporting engagement. Since launching in 2019 the project team has connected with 401 young people across Angus and Tayside, engaging:

- 199 in Touchpoint provision (soft, flexible opportunities both on campus and in the community)
- 107 in Academy provision (12-week full time, curriculum-based courses)
- 95 with general promotion of D&A and college enquiries

This can be further broken down:

- 153 young people are now studying full time college provision
- 39 young people have progressed to employment
- 18 young people have progressed to further training, through local training providers
- 2 young people have progressed to university
- 62 are currently engaging with hopes for progression
- 32 have disengaged and are no longer contactable. The team hopes to work with community partners, including SDS, to locate and further support these young people.



During October all the **Fire Stations** across Angus were open to the community, asking for the public to donate items for the foodbank, which included toiletries etc. This was supported by Voluntary Action Angus; it was very popular, and the children and families were shown around the station and fire appliances. A table was laid out and members of the public were asked to take what they needed.

In November 2021 the crew for Carnoustie Fire Station made a call out to the local community for the **donation of gifts** for local children at Christmas. Over 200 donations were received supporting over 130 families. This proved to be very successful and will continue this year.

**NHS Tayside Nutrition and Dietetic Service** (TNDS) has worked collaboratively with stakeholders and services in Angus to incorporate evidence based nutrition messages into core practices. The TNDS and the Early Years team have worked collaboratively to deliver training to the early year's workforce. Training delivered between September 2021 and March 2022 included 3 training sessions: Setting the Table, developing a food and drink policy and Healthy eating for under 5 years with a focus on promoting a healthy relationship with food. A total of 281 staff attended, and included staff from across all settings; local authority, playgroup, private nursery and childminders. This partnership continues to grow, with training scheduled from September 2022 to March 2023.

## **Case Study - Scottish Government Communities Mental Health and Wellbeing Fund for Adults**

As part of the Scottish Government Recovery and Renewal Fund, the Minister for Mental Wellbeing and Social Care announced a new Communities Mental Health and Wellbeing (MHWB) Fund for adults on 15 October 2021. £15 million was made available in 2021- 22, to be distributed by Third Sector Interfaces (TSIs) to community groups and organisations. The intended outcome of the fund was to develop a culture of mental wellbeing and prevention within local communities and across Scotland with improved awareness of how we can all stay well and help ourselves and others.

The fund sought to contribute to the four key areas of focus from the Mental Health Transition and Recovery Plan:

- Promoting and supporting the conditions for good mental health and wellbeing at population level.
- Providing accessible signposting to help, advice and support.
- Providing a rapid and easily accessible response to those in distress.
- Ensuring safe, effective treatment and care of people living with mental illness.

The fund also sought to contribute to the following national outcomes from the National Performance Framework:

- We are healthy and active.
- We will live in communities that are inclusive, empowered, resilient and safe.
- We tackle poverty by sharing opportunities, wealth, and power more equally.

Angus Council supported Voluntary Action Angus (the TSI) with the delivery of round one of MHWB funding, which saw 24 Angus projects awarded a total of £444,000.

Working in partnership allowed the two organisations to share skills and resources, ensuring a quick and efficient application and assessment process, and delivery of funding to local partners within Scottish Government timescales.

Information sharing also offered the opportunity for officers to source additional or alternative funding for projects presented for the MHWB fund, for example where a project was better suited to another fund it could be redirected, to ensure that MHWB funding was allocated to those projects that most closely met with the fund criteria, while others, that were still vitally important to the local community, could be supported through alternative funding streams.

This partnership approach was mutually beneficial for both Angus Council and the Third Sector Interface (Voluntary Action Angus) in supporting adult mental wellbeing in Angus, to the Scottish Government in supporting delivery of the commitments set out in the Mental Health Transition and Recovery Plan, to Angus community groups and organisations, and most importantly to people in Angus in need of support.

# Improving Mental Health & Wellbeing

Leading on this work is the Angus Mental Health and Wellbeing Network (AMHAWN).

Indicator	Baseline	2019/20	2020/21	2021/22
<b>Improving Mental Health &amp; wellbeing</b>				
Premature Mortality Rate for People aged Under 75 per 100,000 Population	350	374	375	371
Average length of stay in hospital for adult mental health patients (days)	62	70	67	60
Number of People Prescribed Items for Depression and Anxiety in Angus	207	212	210	220
Number of People that were Prescribed Items for Diabetes in Angus	48	49	50	54

The work of the AMHAWN is influenced by the [National Mental Health Strategy 2017 – 2027](#), the [National Suicide Prevention Action Plan](#) and the [Angus Health and Social Care Partnership Strategic Commissioning Plan](#).

Key developments of the Network over the reporting period include:

Angus Integrated Children's Services and Corporate Parenting Board has focussed on engaging children and young people in identifying and delivering key priorities and have established a 'Promise Team' in partnership between Angus Council and Who Cares Scotland. Two Participation Assistants who have lived experience of the care system, are amongst the team employed to support direct engagement work on the Promise with several groups now established.

The partners in Angus have also developed an Angus Implementation Plan in response to [Living life Well](#) (LLW) Mental Health Strategy for Tayside.

Engagement sessions were delivered on The **Emotional Health and Wellbeing** for Children and Young People Toolkit to all staff as part of the development of the Tayside Regional Improvement Collaborative Connected Tayside: An Emotional Health and Wellbeing Strategy for Children and Young People in Tayside 2021-2030.

A **Healthy Mind Tayside podcast** talking about a range of mental health topics was launched in Tayside. The podcast features a series of interviews with mental health professionals from across Tayside covering a variety of subjects related to mental health. The podcast series is aimed at service users, carers, staff, and people who have an interest in better understanding mental health.

**Social Prescribing** is a service that has continued to grow in the past 12 months. Angus Integration Joint Board and NHS Tayside Local Medical Committee approved the introduction of social prescribing to all the 15 Angus GP practices as part of its approved Primary Care Improvement Plan. The social prescribing journeys is detailed below. Alongside these options available to the Social Prescriber is a local database (Locality Locator) developed by Voluntary Action Angus which not only lists opportunities for our patients but ensure through working with partners that the opportunities are of quality, ensuring people are supported to take part.



The **Mental Health and Wellbeing Peer Support Workers** offer one-to-one confidential support and advice as well as group support for adults aged 16 years plus. Hillcrest Futures was commissioned by Angus Health & Social Care Partnership to provide a mental health and wellbeing peer support service in every GP surgery across North Angus. Penumbra covers South Angus.

The Mental Health and Wellbeing Peer Worker uses their own lived experience of mental health recovery, to offer authenticity and a unique insight that can enable and empower positive wellbeing. Support is offered to explore self-management techniques and connect people with community resources or organisations that support their wellbeing. A range of Wellbeing Workshops are also offered. This service was expanded in 2021, to provide support to young people aged 11 to 16 years old attending secondary school in Angus. For the reporting period, January to June 2022, 172 young people of secondary school age accessed the peer support service in Angus. Engagement from teaching staff has been excellent. Feedback has been positive, and communication has been good between the young person and referrer. Over the last six months, Penumbra peer service also delivered 8 wellbeing workshops in Angus secondary schools. Attendance at these groups has been good and feedback from young people has been very positive. Workshop topics included: Body Confidence, Anxiety Matters, Stress Management, Bullying and social media. These were all topics chosen by young people, during focus

groups held in December 2021. Teaching staff have been supportive at promoting the service, and wellbeing workshops.

**Peer Support** - There is now a mental health and wellbeing peer worker in every GP Practice in Angus alongside the social prescribing network managed through Voluntary Action Angus.

**Student Wellbeing** at Dundee and Angus (D&A) College – D&A College has well established partnerships with numerous public and third sector organisations, many of whom support and enrich the learner journey through attending events, facilitating Continuing Professional Development and Future Talent activity, and hosting student volunteer placements through their Attributes initiative. This activity promotes civic wellbeing during and beyond the college day and strengthens capacity in supporting students' wider development.

The partnership submitted a response to the **National Care Service** Review which was developed with partners through a number of workshops. This response complimented and coordinated partners own views providing an overarching perspective for Angus.

Work has started during this reporting period on the delivery plan for **Angus Community Mental Health and Wellbeing Programme for children and young people aged 5-25**. The Programme is supported by a three-year funding grant from Scottish Government.



## Case Study - Move More ANGUSalive

ANGUSalive worked in partnership with Macmillan Cancer Support to develop Move More across Angus. Move More Scotland is part of Macmillan Cancer Support's national campaign to support people living with and beyond cancer to find an activity that is right for them, with individually tailored health behaviour change support for people to continue to be active.

Macmillan Cancer Support has provided £120,000 of funding over a period of three years to support ANGUSalive in developing a sustainable pathway for anyone living with cancer with help to be physically active. In addition to the established programme of activities, a programme of cancer specific opportunities was developed, including gentle movement, walking, gardening, and circuit-based classes. During the restrictions of the pandemic, online sessions were started. These sessions have continued, and Gentle Movement and circuit-based classes are now delivered weekly, as well as 1:1 sessions that are also available online.

Volunteers are crucial in the delivery of Move More ANGUSalive. Volunteers have been trained to deliver Gentle Movement and currently three volunteers deliver sessions on a weekly basis. Volunteer walk leaders from Paths for All programmes in Angus have received Macmillan Core training, so that it is now possible to offer 5 'Macmillan Friendly' health walks each week in partnership with existing Health walk groups. ANGUSalive have also upskilled their specialist exercise instructors, with four individuals undertaking level 4 training in cancer rehabilitation.

Since launching the programme in 2019, **110 people** living with cancer have benefited from the programme. Referrals are received from Ninewells Cancer Specialists, Macmillan Services, Maggie's, and other health practitioners, but self-referrals are also encouraged.

May 2022 saw the launch of a partnership with Forfar Open Garden to expand the physical activity offering to include gardening. The aim is to provide physical activity at a level that's right for each individual. By adding gardening to the current provision listed below it is hoped that this will attract even more people living with cancer to enjoy being active with Move More ANGUSalive.

<p><b>NW</b> (Forfar, Kirriemuir) 1 <b>Health Walk</b> (Forfar) 1 <b>Gentle Movement</b> (Forfar) <b>Gardening</b> at Forfar Open Garden (launching 19 May)</p>	<p><b>NE</b> (Edzell, Brechin, Montrose) <b>Macmillan Friendly Circuit</b> class (Brechin) 2 <b>Macmillan Friendly Circuit</b> classes (Montrose) 1 <b>Health walk</b> (Montrose) 1 <b>Gentle Movement</b> class (Edzell) 1 <b>Health Walk</b> (Brechin)</p>
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<p><b>SW</b> (<u>Monifieth, Carnoustie</u>)  <b>Macmillan Friendly Circuit</b> class  (Carnoustie)</p>	<p><b>SE</b> (<u>Arbroath, Friockheim</u>)  <b>Macmillan Friendly Circuit</b> class (Saltire)  2 <b>Health Walks</b> (Arbroath)</p>
<p><b>ONLINE:</b>  1 <b>Gentle Movement</b> weekly  3 <b>Circuit Classes</b> weekly  1-1's</p>	

**Participant/volunteer testimonial**

I joined the Carnoustie group at the Sports Centre through my Macmillan nurse I became involved with Move More after my second surgery to try and remove my brain tumour. I started with basic Gentle Movement to retrain my brain to do basic movements and to meet other people. At Maggies in Dundee I benefited from the Gentle Movement and after a period of time I was able to progress with help of the centre, staff and instructors so that I could progress with other people around me and attend normal classes and gym work while still continuing with Gentle Movement and Maggies. Meanwhile, after some time in my recovery I was given the opportunity to become an instructor in Gentle Movement where I met other people studying to become instructors too.

After completing my training, I became an instructor with ANGUSalve and took classes in various locations in Carnoustie where my confidence began to grow. This was before lockdown when all of this happened. When the pandemic began, I became more isolated, depressed and lonely as I was not able to go out and mix with other people.

I was fortunate to be offered online exercise arranged through ANGUSalve and Macmillan which enabled me to continue to do an exercise plan. This kept me going to have a sense of purpose and have people around me and the support of the instructors too.

Now that the threat of covid has passed it has been like a rebirth by being able to go back to the sports centre to do the classes while meeting and greeting more people again. The classes I have done through ANGUSalve have helped not only my physical health but also my mental health. The staff are friendly and helpful and have a sense of community around you.

## Improving Accessibility and Connectivity

The priority of accessibility and connectivity underpins the other two priorities in terms of delivering activity around Angus.

Indicator	Baseline	2019/20	2020/21	2021/22
<b>Improving Accessibility &amp; connectivity</b>				
Take up of Digital Scotland Superfast Broadband (DSSB) funding for improved connectivity	30%	58%	61%	N/A
% of premises able to access broadband speeds of at least 24 megabits per second	100%	89%	92%	95.7%
Number of electric charging outlets available	20	37	51	121
Number of changing places facilities & use	4	8	9	10

N/A – the DSSB programme is now finished, data no longer recorded. Future data will be collected on access across Angus and the broadband speeds available.

The rural nature of Angus presents challenges both in terms of digital and physical access which if improved will help to reduce inequalities across the whole area. This work is led by the Angus Transport Network.

Active and **sustainable travel** has continued to be a priority especially with more people using cycle paths and country parks for leisure and exercise purposes which will be explored further in the new strategies.

Angus CPP membership of **Water Safety Scotland** has led to additional activity around suicide prevention on our waterways. On average 97 people drown each year in Scotland, in Angus we have a number of waterways we want people to enjoy but in a safe way. Key actions have included participation in the first World Drowning Prevention Day which was led by the United Nations (UN) General Assembly who affirmed drowning as a preventable global public health issue. Work is underway to increase access to swimming classes and safety in the water information.

Scottish Fire & Rescue Service's absolute focus over the past year has been targeting the **home safety visit service** at the most vulnerable people in our communities. Over 1,766 home safety visits were conducted within the homes of the most vulnerable people in Angus. They also fitted 67 hard of hearing alarms, conducted 55 adult referrals and attended 39 high profile persons at risk reviews.

The **Sports Leadership Academy** Programme managed by the Angus Active Schools Team in partnership with Angus Schools, and Dundee Active Schools is open to secondary pupils from S3 – S6. Young people accessed fully funded training and qualifications over a weeklong period in October 2021. Courses were delivered by a range of sporting governing bodies and deliverers across Scotland. Qualifications on

offer included Football Refereeing/ Officiating, Netball Level1, Hockey Leaders, First Aid, Disability Awareness Training and Lifeguarding. Some key statistics include: -

- 16 qualifications were delivered across the programme
- 197 pupils signed up from Angus Schools
- 167 attended and achieved their qualification/award and will be mentored into volunteering roles going forward.

## **Digital Infrastructure**

Angus Council invested £0.5m as part of the Tay Cities Deal to receive additional grant match funding of £0.875m from the UK Government Department of Culture, Media & Sport (DCMS) to develop a Local Full Fibre Network (LFFN) Programme.

- **Ultrafast Full Fibre Broadband**

Angus Council, Perth & Kinross Council and BT completed infrastructure works in Spring 2022 that now bring a significant investment to the region's communication network to deliver ultrafast broadband.

Acting as the anchor tenant in this area, Angus Council facilitated the investment in high speed, super reliable full fibre broadband technology with speeds of up to 1Gbps per second. This network includes 52 Angus Council buildings including schools, libraries and council offices in this network. It also extends the network of full fibre bringing it closer to even more homes and businesses in the future.

Angus Council has also created a core infrastructure that consists of several fixed radio masts, providing connectivity in rural Angus for an effective solution to reaching remote and rural properties via high quality wireless solutions. It has provided Internet Service Providers with the infrastructure to deliver Superfast Broadband to rural residences and businesses.

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- Both these developments now provide a significantly faster and more reliable internet connection. This enables critical public services and healthcare providers to improve the services and become more resilient. It will also enhance and support online learning, now a significant feature of higher education in particular, e-commerce, home working, remote socialising and entertainment, all of which are supporting a rural economy such as Angus.

- **Rural Broadband**

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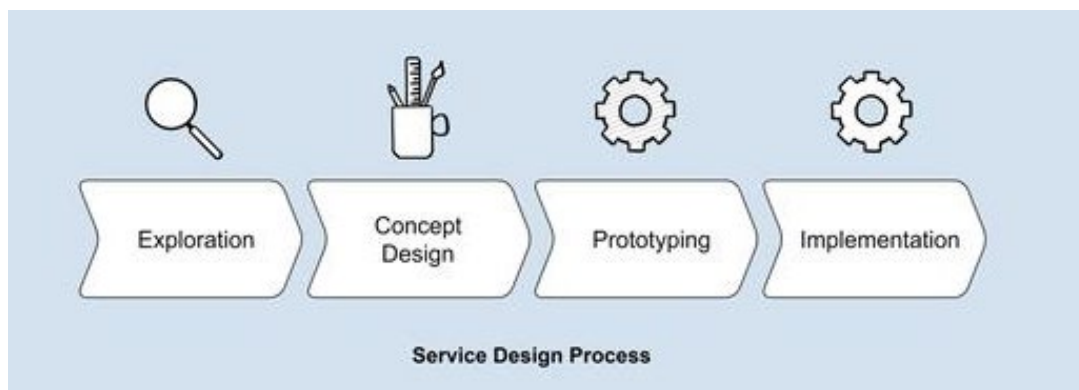
The **Angus LEADER (Liaison Entre Actions de Développement de l'Économie Rurale) programme** which closed in December 2021 saw £2,068,688.55 distributed to 50 projects in rural Angus between 2017 - 2020. Work started to carry on the learning and philosophy of this work which can be seen at <https://angusleader.co.uk/leader-legacy/>

## Case Study – Service Design

Service design is the activity of planning and arranging people, infrastructure, communication, and material components of a service in order to improve its quality, and the interaction between the service provider and its users.

As reported in the last performance report the Angus Community Planning Partnership agreed in 2021 to embark on a process of service design to review, explore and improve the way services are delivered in Angus.

Several pilots were identified but one specifically supported the work of the Community Planning Partners and focused on local engagement and access to services. To get this started all partners have engaged in workshops and development sessions to develop surveys and do some initial mapping of services in Angus.



A key part of eradicating poverty is ensuring people are claiming their entitlements and accessing key services that support them getting into work or gaining new skills.

The first stage of the work was engagement with local people to gather data, information, and areas of improvement. Partners distributed online surveys and held interviews with people throughout Angus. Over 700 people gave their opinions, stories, and views to help us with this process. From this engagement we identified where improvements could be made in terms of signposting to services, training for those in services and how we get key messages about services to people. This is essential if our communities don't know how to reach us then they are not getting the services they need.

The partnership is now at the stage of taking this work to the next step which includes doing detailed mapping of the journey people take to get to key services for example online access, phone lines, face to face requirements and out of hours services. There has also been an investment in putting two Financial Wellbeing Practitioners in post under the project 'Maximise Angus' to improve awareness of benefits and uptake of entitlements for families within the school context to help alleviate the impacts of the costs of living crisis.

The partnership is committed to supporting people to get the help they need, and this work will continue over the coming months to ensure we make a difference based on our communities' feedback.

## Case Study – COMPASS

Voluntary Action Angus (VAA) and Angus Council's Community Justice Services witnessed the effects of the pandemic first-hand during the lockdown period where frontline workers and volunteers carried out emergency response work. During this time frontline emergency support mechanisms were developed and implemented through I partnership work between Angus Council teams and Voluntary Action Angus) which all stemmed from an initiative that was agreed by VAA, Angus Council and Angus Health and Social Care Partnership. The ability for all partners to embrace and understand the situation, trust, and use each other's strengths to the benefit of delivering a service for vulnerable members of our community, was key for this successful initiative and continuous partnership.

Successful systems were quickly identified and developed to get support out to those who urgently needed it. This immediate flexibility to respond was created through meaningful approaches in working authentically with communities that required barriers to be removed and supporting new forms of trans-disciplinary working between VAA and services within Angus Council and Health and Social Care Partnership.

There is stigma attached to poverty, with people often being portrayed as the problem and that they are responsible for their own circumstances. This stigma can make it difficult for people to openly share their experiences and seek the support they are entitled to. This work highlighted that most services available to assist families living in poverty currently offer short term solutions to longer term problems – i.e., food banks, assistance with household bills.

'We need to stop just pulling people out of the river. We need to go upstream and find out why they're falling in'. Desmond Tutu.

The partnership work focused on early intervention and putting our efforts and resources to improve people's quality of life.

This work was built around trauma informed and trauma responsive practice. This enabled partners to look at people's lives and environments through a trauma informed lens.

The biggest strength in Angus are the people. People helping other people. What was shown during the Covid pandemic was the mutual trust people gained in other people, volunteers appeared to learn as much from their neighbour's requiring assistance as the neighbours themselves got from receiving support. From this learning came kindness and community spirit.

### The Process and Plan

- Compass uses a prevention and early intervention model using the power of the community to empower and build confidence to shift the mind-set of people "asking" for help to accepting that all the people all the time are entitled.

- MY Street volunteers provided support to families in their local area in order to build positive relationships, built on trust and empathy rather than an official crisis response approach.
- Volunteers are and will continue to be trained in a trauma responsive manner to buddy with people in their local area. The range of this support can be anything from providing a friendly ear to signposting and supporting families to seek support prior to crisis point.

**The impact this has started to achieve includes:-**

- To eradicate children and families living in poverty
- See improvements in mental health and wellbeing for people, tackling loneliness and isolation
- Eradicating the stigma in asking for help – change of culture you are entitled to this support
- Support available to all demographics regardless of poverty status
- Prevention and early intervention work for children and families
- Less families entering the social work system
- Empowered communities = people looking after people
- Ensuring Angus is fully trauma responsive and kind
- Ignite the community spirit

We hope for the future is that our services will no longer be needed, but everyone will get the support they need from those living around them.



# Community Plan Review: 2022 – 2030

Due to the changes in our communities, environment, and society as a whole next year it was decided to review the Community Plan which was initially developed in 2017. As part of this review, we will underpin our local approach to community wealth building using the five principles: -

- progressive procurement – developing local supply chains of businesses likely to support local employment and keep wealth within communities
- fair employment and just labour markets – Using anchor institutions to improve prospects of local people
- shared ownership of the local economy – supporting and growing business models that are more financially generative for the local economy
- socially just use of land and property – developing the function and ownership of local assets held by anchor organisations, so local communities benefit from financial and social gain
- making financial power work for local places – increase flows of investment within local economies by harnessing and recirculating the wealth that exists

The 2022 – 2030 plan focuses on the three underlying themes of Economy, People and Place to focus the actions to achieve the greatest impact for local people.



To deliver this a significant amount of local planning and engagement has been undertaken with local communities through the Service Design work and building on the 2017 charrette work and under the new 'Place Planning' legislation. This coupled with the Community Wealth Building principles will bring the voices of local communities to the forefront of service delivery in this new post pandemic environment.