

Angus Living Life Well Annual Summary of Improvement Plan Actions and Status

Key:- BLUE is complete, GREEN is on track, AMBER has some concerns with meeting deadlines, RED requires urgent attention.

Total No of Actions - 39	14	12	13	0
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No	Action	Timescale	Update
1	a) Work closely with Angus Community Planning Partnership (CPP) to achieve the ambitions set out in the Angus Community Plan 2017-2030	December 2023	The new Angus Community Planning Partnership Strategy has now been approved with a new structure which will include a strategic board meeting four times a year with thematic agendas based on Economy, People and Place. The Service Leader and/or Lead Officer for Angus Adult Integrated Mental Health will be part of the Caring for our People themed meeting to progress the actions withing the new CPP Strategy and Angus Living Life Well Implementation Plan. The first meeting takes place on 3 rd August 2023.
	b) Work with Angus Alive to achieve the ambitions of the Active Scotland Outcome Framework and other community assets to promote the benefits of and increase opportunities for physical activity	December 2023	The Development Officer, Mental Health and Wellbeing is a member of the Angus Sport & Physical Activity Framework Working Group (Working Group 1) and the Prevention and Proactive Care Group. In both groups the Development Officer is ensuring that the outcomes and measures links to the LLW Implementation Plan.
	c) Work with NHS Tayside, Dundee and Perth and Kinross Health and Social Care Partnerships to develop a business case for an urgent and crisis care locality hub in Angus which would be open 24/7	Complete with further actions now sitting in Urgent & Unscheduled Care Programme	The Tayside business case and options appraisal was carried out in 2021 under the Tayside Crisis & Urgent Care Workstream. Core Functions of a Community Wellbeing Centre (Crisis Centre) were approved in 2022. Each area agreed to work towards the core functions using the information from the agreed options appraisal to deliver this support in each area. The Angus Crisis Centre was part of an approved action plan and funding application to Scottish Government (SG) under Mental Health and Wellbeing in Primary Care. Unfortunately, due to the SG Emergency Budget Review, this funding is no longer available. This work will now come under the Angus Urgent and Unscheduled Care Programme as a Mental Health Crisis Workstream. This workstream will be established in the next few weeks and the first meeting of stakeholders arranged. A Change package and Driver Diagram will be developed in line with the Urgent &

			<p>Unscheduled Care Programme reporting. The initial Tayside Options Appraisal will be revisited along with current data from partners to identify the need and how this can be met.</p>
	d) Provide Distress Brief Intervention (DBI)	<p>March 2024 in line with National Timescales</p>	<p>DBI is being implemented across Tayside by Penumbra. Phase 1 of the Tayside DBI roll out was with Police and Phase 2 was GP's. Angus currently has 16 police staff fully trained in DBI however referral numbers are low. Agreement has been given to train ALL Angus front line police officers in DBI within the next year. One GP surgery in Angus has all GP's DBI trained, again, referral numbers are lower than anticipated. Work is underway with the Clinical Director of AHSCP to increase referrals and the number of GPs trained.</p> <p>Within the Mental Health and Wellbeing Enhanced Community Support (ECS) Hubs in the North, Band 6 & 7 Nurses have been fully trained and can refer to DBI. Band 6&7 nurses from the South are about to be trained.</p> <p>Regionally the next phase of the implementation programme is with Scottish Ambulance Service and Accident & Emergency /Minor Illness and Injury Units. Local consideration given to inclusion of GP Out of Hours.</p>
	e) Review current ways that people find out about the range of mental health and wellbeing support services available in Angus and make improvements as required	<p>July 2023</p>	<p>AMHAWN Comms and Engagement Subgroup has been established and a Comms and Engagement Plan produced. The plan details the need to have clear information on Angus Health and Social Care Partnership (AHSCP) and Angus Council websites, and the development of materials to provide information about the range of mental health and wellbeing supports/services for adults available across Angus.</p> <p>Development of the Angus Adult Mental Health Family of Support resource which describes the range of mental health and wellbeing support and resources available across Angus which enable adults to access the right care, in the right place, at the right time, by the right person. Content of the draft document is being finalised with all organisations listed.</p> <p>A Website Plan has been developed with our Digital enablement and IT service, Angus Council and Comms Team.</p>
	f) Review the Angus Suicide Prevention Plan and implement local improvements. Where relevant we will also deliver joint actions across Tayside e.g. suicide	<p>August 2023</p>	<p>A Suicide Prevention Workstream was convened in November 2022 and have been considering the Outcomes in the new National Action Plan alongside evaluation of services using the</p>

<p>prevention training oversight and action planning regarding suicide prevention for children and young people</p>		<p>SUPRESE Tool. Information gathered and actions identified are being used to inform the new Local Suicide Prevention Action Plan which will go to the August IJB for approval. Initial deadline of March 23 was not achievable due to delay in the launch of the new National Strategy and Action Plan. The LLW action timescale was updated to August 2023, approved by AMHAWN SOG.</p>
<p>g) Work with multiagency colleagues across Tayside to develop a robust mental health and wellbeing training programme for staff.</p>	<p>March 2023 Revised timescale based on Tayside Regional Work now Oct 2023</p>	<p>The Tayside Mental Health Training Partnership Group has been established and carried out a Training Needs Analysis (TNA). The TNA has been published and the group are seeking views to inform the recommendations and an action plan. The Development Worker, Mental Health and Wellbeing sits on the Tayside Group. Working with colleagues in Protecting People Angus (PPA) to update the mental health and suicide prevention training information in the PPA Learning and Development Framework to ensure a one stop shop approach for all training in relation to protecting people.</p>
<p>h) Work with AMHAWN to identify and deliver upon actions to reduce mental health stigma and discrimination</p>	<p>Complete – Business as usual</p>	<p>AMHAWN Comms and Engagement Subgroup has been established and is currently meeting monthly to progress the recently approved AMHAWN Comms and Engagement Plan. The plan details the need to produce an annual calendar of events linking with Protecting People Angus and work in partnership with others to reduce mental health stigma and discrimination, including suicide prevention, and to promote the adoption of a “Culture of Kindness” across Angus.</p>
<p>i) Undertake audits to ensure staff are supported in their roles with regular supervision sessions (either in person or via MS Teams) with their manager</p>	<p>Complete – Business as usual</p>	<p>Adult CMHT, Older People CMHT and AIDARS are all meeting supervision and appraisal standards. This is now business as usual with audit reporting and sharing learning to CCPG as required by each service.</p>
<p>j) Undertake audits to ensure staff receive adequate resources to fulfil their role with development plans to support and encourage ongoing learning and development</p>	<p>Complete – Business as usual</p>	<p>Staff induction, mandatory and essential training identified as part of Care Management review. Adult CMHT – Team training plans developed and being populated. Older People CMHT – learning and development discussed at each supervision and annual appraisal. Training is also identified from clinical team meetings. Induction for Care managers and team managers in place.</p>

			<p>AIDARS - team training plans currently under review, this will be shared with team and reviewed through business meetings. Ongoing team and individual training will be identified through supervision, appraisal and clinical MDT. All teams report annually to CPG.</p>
2	a) Make better links between social and medical prescribing	Complete – Business as usual	<p>The Angus Integrated Mental Health and Substance Use Medicines Management Group was established in March 2023. The group will focus on key areas in relation treatment pathways for several conditions and social prescribing and other forms of non-pharmacological interventions will form part of these treatment pathways. The Programme Manager for Early Intervention and Prevention is now also engaged with key members of the team to support with non-pharmacological interventions for patients, including Social Prescribing.</p>
	b) Implement the Scottish Government's Medication Assisted Treatment (MAT) standards around prescribing drug treatment in the community	March 2023 Agree to update to 2026 in line with National timescales	<p>Priority has been given to the implementation of MAT Standards 1-5 in 2022-23. Process, Numerical and Experiential evidence was submitted to Scottish Government on 14 April. Angus will be assigned a RAG scoring for Standards 1-5 and self-assessed RAG scores for 6-10 in June. This will be published in the annual benchmarking report in August.</p> <p>Implementation of MAT Standards 6-10 will be prioritised in 2023-24. Steering Groups for each standard are being established and action plans developed. MAT9 (All people with co-occurring substance use and mental health difficulties can receive mental health care at the point of MAT delivery) is also being considered on a Tayside basis via the Mental Health and Substance Use Pathfinder Programme, led by Health Improvement Scotland (HIS). Original agreed date in the LLW Plan was March 23 but this was without national timescales, these have now been received and all standards must be fully implemented in all settings, including within justice settings by 2026.</p>
	c) Look at the existing provision of mental health and wellbeing resources within each GP practice and community in Angus, identify the gaps and where things can be improved	December 2023	<p>All GP practices have access to mental health and wellbeing peer support, social prescribers and the listening service. Family of mental health support mapped to inform gaps in provision for universal mental health and wellbeing services. No gaps in GP provision.</p> <p>Family of mental health information document developed for sharing with other services and the public.</p>

			<p>Mental health and wellbeing ECS hubs rolled out in North and to be operational in South Angus by end of 2023 providing one referral route for mental health and wellbeing and substance use and no rejected referrals.</p> <p>Reviewing people waiting for routine non-complex care in adult mental health alongside GP colleagues and supporting people to access the right support, by the right person at the right time.</p>
3	a) Review and evaluate the recently implemented 7-day community mental health service in adult mental health	Complete – Business as Usual	7 day extended adult community mental health service in place covering 9-5 weekends and bank holidays. Positive Evaluation concluded and minor changes to standard operating procedure and process undertaken.
	b) Improve communication and joint working by teams supporting people with mental health and substance use issues. Including joint training opportunities for staff and improved documentation	October 2023	<ul style="list-style-type: none"> • Comorbidity pathway operational. • Mental health and wellbeing ECS hubs operational in North and to be rolled out in South in 2023. • Monthly Joint operational management team meeting being reviewed to improve opportunities for learning across services. <p>MHO Shared learning shared learning sessions are taking place with MHO team, MH & SU, police and primary care to look at local implementation of PEP and pathways of care of people. This will allow for a shared understanding of roles and responsibilities.</p> <p>MAT standards – Tayside MH&SU Operational Group to take forward actions for MAT 9 has been formed, Angus MAT 9 subgroup will take forward actions locally.</p>
	c) Continue to deliver the Enhanced Community Support model in the Links Health Centre and Edzell GP Practices and roll out to other areas in Angus	March 2024	<ul style="list-style-type: none"> • North East Hub – operational since March 2021. Initial 6-month evaluation undertaken. Two-year evaluation to be progressed, this hub is now business as usual. • North West Hub – operational since 27 Feb 23. Month one evaluation has just been completed and reported to the Short Life Working Group on 12/5/23. • South West Hub – location been identified and initial meeting with GP Practice took place in May. Short Life Working Group now to be established to plan implementation. • South East Hub – no GP surgery location available. Currently looking at Bruce House.
	d) Roll out the 'Triangle of Care' in adult community mental health teams in Angus	December 2023	Steering Group established in September 2022 with representatives from Carers Trust, carer organisations, carers, CMHT (including

			<p>Carer Champions), and AHSCP Planning Officer responsible for the carers' agenda.</p> <p>The pilot in South Angus commenced in December 2022, with an event to complete the Triangle of Care Self-assessment with input from CMHT, AHSCP Planning Officer responsible for carers' agenda, carer organisations and carers operating in South Angus.</p> <p>Responses from the event have been collated and informed the development of an action plan with 7 key themes for development:</p> <ul style="list-style-type: none"> • Effective recording system for carer information • Information packs for carers • Information packs for service users • Processes for staff to follow • Training for staff and carers • More effective partnership working / networking • Feedback mechanisms for carers
	e) Enhance pharmacy role within adult mental health to ensure prescribing is appropriate, safe, clinically effective and cost effective for the population of Tayside. Deliver the best health outcomes for every person in Tayside by sharing the responsibility and accountability for prescribing decisions	July 2023	<ul style="list-style-type: none"> • Pharmacy lead recruited and provided recommendation report for pharmacy input into adult mental health. • Senior Pharmacy technician recruited and in post • Recruited Band 8a pharmacist to work across mental health and substance services. • Adult mental health medicines management group formed and developing a plan to support safe practice and consistency across the service.
	f) Engage with people with mental health and wellbeing needs and agree actions to improve their physical health e.g. Working with: NHS Tayside Public Health Team to deliver a smoking cessation programme; Branching Out, an outdoor therapeutic programme for adults who use mental health services; Angus Alive and other community assets, to support good access to physical activity	March 2023 Revised timescale March 2024	<p>Clinical Team Manager developing and leading a project to improve physical health monitoring, support and signposting, as part of Queens Nursing Programme.</p> <p>Timescale of March 2023 - this has not been achievable due to competing demands, work on a project plan will commence in June 2023.</p> <p>Physical Activity work is also incorporated in Action 1b.</p>
	g) Undertake a housing needs review in Adult Mental Health Services to inform an options appraisal and agree	Complete	In Dec 2021 a Future housing need analysis was undertaken in Adult Mental Health to forecast the need for specialist support in

	the most appropriate model for support		the next 5 years. This identified the need for more supported accommodation for adults with mental health needs. This information will help inform the model for housing support and homelessness plans and was provided to housing to inform their planning which is part of wider planning.
	h) Review and improve the criteria for accessing support to adult mental health services; then share updated criteria with referrers and the public	July 2023	Criteria reviewed and updated to include the wider family of mental health supports. Wide range of information on HSCP website. Leaflets available in GP practices. Updated family of mental health support document being developed for AHSCP website. Promotion poster with QR code and link to be piloted in business in Angus as well as links with the locality locator and commissioned services websites.
	i) Develop new policies in adult mental health to provide a consistent response to people who do not attend appointments and/or do not engage with the service	Complete – Business as usual	AHSCP hard to engage guidance written and in use in teams. Training provided to CMHT staff regarding guidance. Guidance approved at the OI Approval meeting and uploaded to SharePoint under "General" folder within "Guidance linked to AHSCP OI'S".
	j) Develop new policies in adult mental health for managing referrals and planning discharge	Complete – Business as usual	As Above
	k) Implement the new Psychiatric Emergency Plan (PEP)	December 2022 Revised timescale July 2023	Awaiting launch of finalised Tayside PEP which has been approved. Delayed due to Tayside work being completed.
	l) Increase the use of anticipatory care plans in adult mental health	Complete – Business as Usual	From June to December 2022- the number of ACP's in place increased. SOP was developed for CMHS in Angus. Regular discussions at team meetings.
	m) Develop the Healthcare Improvement Scotland Hub Pathfinder site for early intervention in psychosis in Tayside	March 2023 Revised timescale TBD in line with Regional LLW work	Led by Tayside – Keith Russell CONNECT – Early Intervention in Psychosis Service is to be established. <ul style="list-style-type: none"> • Consultant Psychiatrist cover now in place for 1 session per week • Full time Clinical Psychologist in post from beginning April 2023. • 12 – 16 week family and professional meetings established. • 12 week initial formulation meetings well established. • Good working practices between CAMHS, CONNECT and CMHT West for a transition of care. Hope to complete a case study

			<p>about this and use as example for ongoing process and interface.</p> <ul style="list-style-type: none"> • Family /Carer support developed according to individual needs. • Good engagement with service users and family. • Lived experience reference group continue to meet monthly with the team supporting the ongoing development of the service. • Review meetings with HIS and ongoing support especially during recruitment challenges
n) Support the development of new pathways e.g. perinatal pathway, Attention Deficit Hyperactivity Disorder (ADHD) pathway and emotionally unstable personality disorder pathway	<p>March 2023</p> <p>Revised timescale TBD in line with Regional LLW work</p>	<p>Tayside Led Projects</p> <p>Perinatal Pathway – Keith Russell - COMPLETE</p> <p>ADHD - Linda Graham – The Neurodevelopmental Disorders (NDDs) Workstream commenced in September 2021 with three well-attended Teams meetings. Three sub workstreams were established under the overarching workstream:</p> <ol style="list-style-type: none"> 1. Prevalence of NDDs 2. What does good assessment look like? 3. Maximising third sector & peer support involvement. <p>The National proposed model of care – a Threshold Based Approach – although initially agreed, proved incompatible with the emergent vision for NDDs in Tayside (developed within sub-workstream 2) and the overarching group has come together again to redesign the proposed model of care. This has only been agreed with a small number of group members as attendance at more recent meetings was low. The prevalence group has advanced well but third sub-workstream has been in hiatus until the changed model was agreed.</p> <p>EUPD – No identified lead. This workstream is currently inactive. In the process of recruiting a new Clinical Psychologist post who is earmarked to lead this work.</p>	
o) Monitor and manage the impact of the additional workforce funded by Action 15 of the Scottish Government Mental Health Strategy	<p>Complete – Business as usual</p>	<p>Scottish Government target of 17.2 posts met, over 30 posts recruited.</p>	

	p) Undertake audit to ensure Community Mental Health Teams continue to use the Wellness Recovery Action Plan (WRAP) for people where early warning signs can be identified and acted upon quickly	Complete – Business as usual	Refer to update for action 3l on Anticipatory Care Plan
4	a) Revise Angus Older People's Mental Health Improvement Plan	March 2023 Revised timescale Dec 2023	Work is about to commence and will be led by the newly appointed Snr Planning Officer for OP and report to OP CCPG.
	b) Support the development of the Post Diagnostic Dementia Support Team (PDDST) and create an app to allow people newly diagnosed with dementia to access information and support easily and at a time that is required	May 2023	PDDST & Alzheimer's Scotland are working closely with the Digital Health Institute, part of HIS, to create an Angus specific PDD app. This app contains personal information for the person who is living with dementia, such as a wellbeing diary and 'Getting to Know Me' information- the person can share this with others involved in their care. It also contains helpful information regarding dementia and wellbeing advice. Lastly it will contain a service directory for Angus which has many different supportive and leisure services. Stakeholder engagement has taken place with people living with dementia and at present DHL are creating the digital app.
	c) Develop robust anticipatory care planning within inpatient units, both for physical and mental health which will include relapse prevention/staying well plans	February 2023	ACPs for mental health are well imbedded within the service, all patients are discharged with a staying well plan. We have recently become a test site for implementation of ReSPECT. All new admissions will be assessed using the HIS frailty scale to assist in the identification of patients who would benefit from having a ReSPECT discussion and document completed. This is discussed within the MDT and MDT prompt sheet alerts staff to patients that require to have a ReSPECT discussion/document completed. All patients discharged to a care home have an ACP/ReSPECT document
	d) Improve involvement of carers in discharge planning, ensuring that they are fully supported and informed throughout the admission of significant other	March 2023 Revised Timescale August 2023	Test of change involving carers centre has commenced within Rowan, uptake among carers has been poor. Initial review meeting cancelled due to sickness.
	e) Review the National Dementia Strategy and agree actions required in Angus	March 2023 Revised Timescale September 2024	Contribution to the National Conversation to inform the new national strategy has concluded. Awaiting publication of new National Dementia Strategy (expected date was Spring 2023)

	f) Develop a standardised approach to care & treatment for inpatient functional units within psychiatry of old age across Tayside	February 2023 Revised Timescale August 2023	Inpatient functional standards have been written and agreed within Tayside wide PoA services. There is no project support for the implementation of these standards now. Senior Nurses from Angus, Dundee & Perth & Kinross in process of identifying support for communications and engagement across all areas.
	g) Develop alternatives to hospital care for service users who have dementia and complex levels of stress and distress	February 2023 Revised Timescale October 2023	Older People's Enhanced Care Project Board has been established to meet this action, the group have collected statistics regarding the Angus population, admission/discharge/delayed discharge to organic wards, staffing and acuity, referral rates to CMHT & dementia liaison team.
5	a) Hold staff sessions to develop a shared vision and culture across adult mental health teams in Angus to support the continued modernisation of the service	Complete	Further work is being undertaken under the Tayside Mental Health and Learning Disabilities Whole Systems Change Programme and will be reported through this channel.
	b) Angus Mental Health and Wellbeing Network (AMHAWN), and its new Strategic Oversight Group, will continue to play a key role in overseeing developments, improvements, and service provision across Angus	Ongoing	AMHAWN continues to meet bi-monthly with a healthy membership and participation. AMHAWN SOG has been on hold and require review.
	c) Undertake audit to ensure Human Resources (HR) processes such as supervision, appraisal and training plans are in place as per Angus Health and Social Care Partnership and NHS Tayside operational policy	Complete – Business as Usual	Already covered in action 1i and 1j