



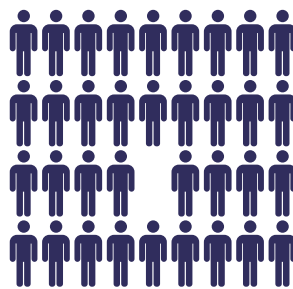
**Angus  
Alcohol  
and Drugs  
Partnership**

**Strategy  
2023-26**

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## General population data



June 2020  
the population  
of Angus is

**115,820**

This is a decrease of -0.3%  
from the previous year  
estimate that there are

**800** people in

Angus with substance  
use issues



# Introduction

## Who are we?

Angus Alcohol and Drugs Partnership (ADP) is responsible for leading the development and delivery of a local comprehensive and evidence based strategy to reduce the level of drug and alcohol related problems in Angus. The ADP has a number of subgroups that contribute to delivery of this Strategy and the associated Delivery Plan.

The ADP reports to the Angus Integrated Joint Board and to the Angus Public Protection Chief Officers Group.

**Rights, respect and recovery: alcohol and drug treatment strategy** is the Scottish Government's strategy to improve health by preventing and reducing alcohol and drug use, harm and related deaths.

The **National Mission** sets out to reduce deaths and improve lives impacted by drugs. The **National Mission on Drugs Deaths: Plan 2022-2026** sets out the approach to achieve the aim and vision of the Mission through an outcomes focused approach.

The national **Alcohol and Drug Partnerships: delivery framework** places responsibilities on each local authority and NHS Board to participate in the ADP and to ensure that other local partners are enabled to contribute appropriately to the delivery of these national strategies and priorities at a local level. The partnership arrangements enable the expression of concern of interested groups, including carers and family groups.



## What do we need to do?

The **National Delivery Framework** sets out a shared ambition to ensure that local areas have in place:

- A strategy and clear plans to achieve local outcomes to reduce the use of and harms from alcohol and drugs.
- Transparent financial arrangements
- Clear arrangements for quality assurance and quality improvement
- Effective governance and oversight of delivery

### Rights, Respect and Recovery Vision

Scotland is a country where “we live long, healthy and active lives regardless of where we come from” and where individuals, families and communities:

**Have the right to health and life - free from the harms of alcohol and drugs**

**Are treated with dignity and respect**

**Are fully supported within communities to find their own type of recovery.**

### Angus Alcohol and Drugs Partnership Vision

We will make a difference to and improve the quality of lives for individuals and families who are impacted upon by substance use across Angus

## Our principles

- Recovery is possible for everyone
- We will provide good information for people to make choices
- There is no wrong door to access treatment and support
- We will take a prevention and early intervention approach
- We will take a Human Rights approach; valuing participation, accountability, nondiscrimination, empowerment and legality
- We will take a Whole Family Approach by working with people and families and with and in communities
  - We will take a partnership approach, regardless of organisational boundaries
    - We will be adaptable to respond to current and future national and local changes
    - We will work to reduce stigma and judgement
    - Services are built and led by the people they are designed for

## Our values

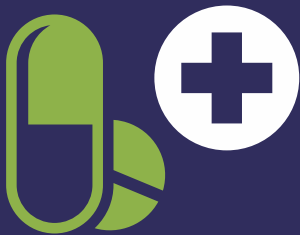
- Kindness and compassion
- Caring
- Belief
- Ambitious and bold
- Determined
- Trauma informed
- Collaboration
- Justice



# Our Priorities

This Strategy sets out the priorities for the Angus ADP for the next three years, what we want to do, how we will do it and how we will know. The associated Delivery Plan provides more detail as to the actions to deliver on this and how progress will be measured.

## 1 Prevention and Early Intervention: Fewer people in Angus develop problem drug use.



Individuals in the most deprived areas of Angus were **4** times more likely to have experienced a drug-related hospital discharge than those in the least deprived areas.



There were **17** drug related deaths recorded in Angus in 2021 which was an increase of **21.4%** on the figure recorded in 2020 (14) but a reduction of **19%** on the peak number recorded in 2019 (21).

### What will we do?

- Develop and embed a prevention framework that includes universal prevention, selective prevention and indicated prevention to ensure a target approach at prevention within different populations
- Make sure children and young people are educated to empower them to make positive decisions about their health
- Implement a Culture of Kindness to reduce stigma as a way to prevent and reduce related harm

### How will we do it?

- Having a comprehensive learning and development programme for all staff and volunteers
- Take a whole school approach to substance use education
- Use peer led models of delivery
- Provide reliable and accurate information for everyone

### How will we know?

- Reduction in drug misuse deaths
- Reduction in Near Fatal Overdose incidents

## 2 Developing Recovery Oriented Systems of Care: People at most risk have access to treatment and recovery and receive high quality treatment and recovery services.

Throughout the 2021/22 financial year, services in Angus received **303** new referrals for drug treatment which was an increase of **11.4%** on the previous year (**272** in 2020/21).



### What will we do?

- We will challenge stigma and discrimination
- We will ensure services are person centred
- Individuals will be encouraged to remain engaged with support services, with a system that delivers seamless support
- A Human Rights approach will be embedded across Angus
- A trauma informed approach will be embedded in practice in Angus
- Those with lived and living experience will be more involved in ADP business and the evaluation, design and delivery of services
- We will have a comprehensive approach to harm reduction that is accessible to people who are at risk
- We will develop a “no wrong door” approach to accessing services where people have choice over what services they access and where
- Embed the Medication Assisted Treatment Standards (MAT) in Angus

### How will we do it?

- We will develop a Culture of Kindness across Angus
- We will adopt a stigma charter within each service
- We will ensure access to services is simple and free from unnecessary delay
- We will ensure there is a clear pathway between all services
- We will ensure trauma training is offered to staff at all levels across Angus
- Specific psychological and wellbeing support is provided for people with lived and living experience
- We will have an ongoing programme of engagement with people with lived and living experience of substance use
- We will ensure a co production approach in response to problem substance use
- We will ensure easy access to harm reduction materials and support
- We will ensure an integrated care pathway between community mental health and substance use services is in place in Angus

### How will we know?

- All services in Angus have a monitoring and evaluation plan in place
- There are pathways in place to support those with specific needs, such as women and young people
- Percentage of people starting Medication Assisted Treatment (MAT) that discussed treatment options
- Wait time between dates of referral and assessment

### 3 Getting it Right for children and families: Children and families in Angus affected by alcohol and drug use will be safe, healthy, included and supported



Substance use was recognised as a significant issue for **29%** of children's names on the Child Protection register during 2021/22

At least **60** children and young people in Angus received support due to parental substance use in 2021/22

At least **48** young people in Angus received support due to their own substance use in 2021/22



#### What will we do?

- We will ensure that children affected by substance use are provided with support, and children and adult services are connected and provide support that is joined up and comprehensive
- We will embed a Whole Family Approach across Angus
- Children, parents and families are involved in the planning, development and delivery of local services
- Ensure pathways are in place for children and young people to access the support they need when they need it
- Ensure supports are available for those affected by a drug or alcohol related death
- Make sure all our staff and volunteers who work with young people have the necessary skills to respond to drug and alcohol use

#### How will we do it?

- We will improve joint working at a strategic and delivery level
- We will ensure access to both child and adult protection learning and development opportunities for all staff
- We will ensure family members have access to support in their own right
- We will ensure bereavement support is available in Angus
- We will ensure a directory of services is widely available and accessible
- We will work with partners to ensure support for children affected by parental substance use

#### How will we know?

- The number of adult services staff involved in Child's Planning meetings
- We will ask family and friends of those accessing services



#### 4 A Public Health approach to justice: Vulnerable people in Angus are diverted from the justice system wherever possible, and those within justice settings are fully supported.

33.8 % of women referred to the Glen Clova project were affected by substance use



### What will we do?

- People who come into contact with justice services are provided with the right support
- Ensure there is an established pathway between Prison and community support services, including prescribing services, housing and recovery support services

### How will we do it?

- We will ensure holistic services are available to support women
- We will ensure mentoring services are available for men

### How will we know?

- The number of women accessing the Glen Clova project
- The number of men accessing mentoring services
- The number of people diverted from prosecution to drug and alcohol treatment programmes

## 5 Less harm is caused by alcohol: People in Angus will consume less alcohol and suffer less alcohol related harm



There was a higher overall number of alcohol-related hospital discharges in Angus in 2021/22 than any other financial year over the previous decade, with a total of **528** discharges, compared with **417** in 2011/12 (an increase of 26.6%).



In 2021/22, individuals living within the most deprived areas of Angus were **4** times more likely to have an alcohol-related hospital stay than those living in the least deprived areas.



Throughout the 2021/22 financial year, services in Angus received **336** new referrals for Alcohol treatment which was an increase of **4%** on the previous year (**323** in 2020/21). This is consistent with the other areas in Tayside who have also seen an increase.



National analysis of the alcohol specific deaths show that people living in the most deprived areas (SIMD Quintile 1, 45.8 EASR) are **5.5** times more likely to have an alcohol related death than those living in the least deprived (SIMD Quintile 5, 8.2 EASR).

### What will we do?

- Alcohol screening and Brief Interventions (ABIs) are embedded in priority and secondary settings
- Ensure the ADP is represented on the Angus Licensing Forum
- Reduce alcohol related deaths
- We will have a comprehensive approach to harm reduction that is accessible to people who are at risk
- We will develop a "no wrong door" approach to accessing services where people have choice over what services they access and where

### How will we do it?

- We will ensure a knowledgeable and skilled workforce
- We will ensure educational information is widely available to the general public
- We will ensure an alcohol treatment pathway is in place
- We will ensure access to services is simple and free from unnecessary delay
- We will ensure there is a clear pathway between all services

### How will we know?

- The number of Alcohol screening and brief interventions undertaken
- An alcohol treatment pathway is in place
- Reduced number of alcohol related hospital discharges
- Reduction in the number of alcohol specific deaths