



Angus Carers Centre
supporting carers



ANGUS
Health & Social Care
Partnership

Carers Emergency Plan



Do you look after somebody who couldn't manage without you?

What would happen in an emergency if you couldn't do your caring role?

Making a plan will help you and others know what needs to be done for the person you care for and may stop an emergency becoming a crisis.

Having a plan in place can give you and the person you care for peace of mind, knowing that they will be looked after as you would wish, until you are able to resume your role.

Personal Details: Carer

Date completed:

Name:

Address:

Contact Number/Email:

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Personal details of the person you care for:

Name:	
Address:	
Contact Number/Email:	
Date of Birth:	
Next of Kin:	

Please delete as necessary to indicate your answer *

Is the person you care for able to communicate what they need?	Yes/ No *
Do they need help with specific tasks?	Yes/ No *
If so, who does these tasks now?	
Details of any services in place - name and contact number:	
Is Continuing (financial) Power of Attorney or Guardianship in place?	Yes/ No *
Is Welfare Power of Attorney or Guardianship in place?	Yes/ No *
Is the Power of Attorney active? (If applicable)	Yes/ No *
If yes, please provide relevant name and contact details below:	

Are there any health conditions, allergies, communication or mobility needs we should know about?
What help does the person need to manage their medication?
GP name and contact details:
Pharmacy name and contact details:
Are there any vulnerabilities, triggers, or strategies we should know about?

A typical day for the person you care for:

Morning

Afternoon

Evening

Any exceptions to the routine or specific daily commitments

Any other information you would like to provide:

Emergency contacts:

Please note: your emergency contacts should be people who are willing and able to be contacted, who you can trust to provide support at short notice, and who know how to care for this person. They need to be able to step into your caring role in an emergency and manage until alternate support can be arranged.

Preferred Emergency Contact	
Name:	
Address:	
What is the best way to make contact?	Phone/ Email *
Phone/mobile number:	
Email:	
Relationship:	
Key holder?	Yes/ No *
Access to key safe?	Yes/ No *
Does the person consent to being contacted?	Yes/ No *
Does the person know what is expected of them as an emergency contact? (see above)	Yes/ No *

Back-up Emergency Contact	
Name:	
Address:	
What is the best way to make contact?	Phone/ Email *
Phone/mobile number:	
Email:	
Relationship:	
Key holder?	Yes/ No *
Access to key safe?	Yes/ No *
Does the person consent to being contacted?	Yes/ No *
Does the person know what is expected of them as an emergency contact? (see above)	Yes/ No *

Thank you for completing this Carers Emergency Plan.

You can also have a card like this to help people recognize that you are a carer, and someone depends on you. It is the size of a credit card. It could really help if you are not able to put your emergency plan into action.



Example of a Carers
Emergency Card

Completing the Carers Emergency Plan is a chance to have vital conversations with family, friends and neighbours about the role they could play in an emergency. It also means if you ever need to use your plan, the person you care for can be reassured by the presence of someone familiar who knows what to do.

Carers tell us they often worry what would happen to the person they care for if they are in an accident or suddenly taken ill at home. The **Carers Emergency Card** is a way of letting people know that someone relies on you and by sharing your emergency plan with Angus Health and Social Care Partnership, you can benefit from this free service. It offers a 24-hour emergency helpline, so if you are unable to do so yourself, we can get in touch with your emergency contact(s) on your behalf or take appropriate action. If you would like a card but do not have anyone to act as an emergency contact, please call us on the numbers above to discuss this.

We understand that the person you care for may need assistance and support if they are independently out in the community and unable to advise who to call on, should they become unwell or in need of help.



Example of an Emergency Card
for the person you care for

As well as the carers emergency card, we have developed a card that can be carried by the person you care for, so if anything unforeseen should happen when you're not there, you can be contacted. We'll use the contact details that we hold for your emergency card to do this. If we can't contact you, again we can take appropriate action to make sure the person you care for is safe. This service is also free of charge.

Remember, the cards are only as good as the information that is shared with us. If your details change, please let us know so that the card remains effective in an emergency!

If you would like a Carers Emergency Card, please tell us the following:

Would you like us to provide a “Someone depends on me” card for the person you care for?	Yes / No
Can the person you care for answer the door?	Yes / No
If not, do either of your emergency contacts hold a key?	Yes / No
If not, is there another key holder nearby who can respond quickly? If there is, please tell us their contact details	Yes / No
If there is a key safe, are you willing to share the code with us?	Yes / No
If not please tell us how help would get into the home of the person you look after (use the ‘Any other information you would like to provide’ page if you need more space)	
Please note: Angus Health & Social Care Partnership cannot be held responsible for any damage done when gaining entry to the property in an emergency if access is otherwise unavailable.	

To find out more about the Emergency Cards for carers and the people they care for please call your Allocated Worker if you have one or, ACCESSLine on 03452 777 778. Alternatively, call Angus Carers Centre: 01241 439157 or email enquiries@anguscarers.org.uk

If you would like an Emergency Card, please post a copy of this document to:

Administrative Building
Andrew Smythe Gardens
8 Glamis Road
Forfar
DD8 1EZ

Or it can be scanned and sent by email to: SOCasControl@angus.gov.uk
Angus Carer Centre can scan this for you : 01241 439157 or email enquiries@anguscarers.org.uk